

# FITNESS CENTRE OPEN

## Thompson Community Centre fitness centre users **MUST** pre-register for a 75 minute session:

- Online at [richmond.ca/register](https://richmond.ca/register)
- By calling the Registration Call Centre at 604-276-4300
- No drop-in or in-person registration
- Youth 13 to 15 years old must complete a Youth Fitness Centre Orientation prior to attending

## Admission

Adult \$6.05 | Youth/Senior \$4.20

Fitness passes and memberships remain on hold

## Exercise session times available

Registration for each week of sessions starts at 10am the Monday before

### Monday to Friday

- 7–8:15am
- 8:30–9:45am
- 10–11:15am
- 11:30am–12:45pm
- 1–2:15pm
- 2:30–3:45pm
- 4–5:15pm

### Saturday

- 7:30–8:45am
- 9–10:15am

For more information, visit [richmond.ca/covid19](https://richmond.ca/covid19)

