

FITNESS CENTRE OPEN

Thompson Community Centre fitness centre users **MUST** pre-register for a 75 minute session:

- Online at richmond.ca/register
- By calling the Registration Call Centre at 604-276-4300
- No drop-in or in-person registration
- Youth 13 to 15 years old must complete a Youth Fitness Centre Orientation prior to attending

Admission

Adult \$6.25 | Youth/Senior \$4.40

To activate fitness memberships, visit richmond.ca/register, or call the registration call centre at 604-276-4300.

Exercise session times available

Registration for each week of sessions starts at 10am the Monday before **(New times available as of Oct. 13, 2020)**

Monday to Friday

- 7–8:15am
- 8:30–9:45am
- 10–11:15am
- 11:30am–12:45pm
- 1–2:15pm
- 2:30–3:45pm
- 4–5:15pm
- 5:30–6:45pm **NEW**

Saturday and Sunday

- 9–10:15am
- 10:30–11:45am **NEW**
- Noon–1:15pm **NEW**

For more information, visit richmond.ca/covid19

