Steveston Community Centre

Drop-In Group Fitness Schedule



WINTER 2026—JAN 4–MAR 31

HOURS OF OPERATION

Mon-Fri: 8:00am-9:00pm | Sat & Sun: 8:00am-6:00pm | Holidays: 8:00am-8:00pm

Drop-In Group Fitness schedule and instructors are subject to change or cancellation without notice. Hours of operation and class schedule may change or be cancelled on statutory holidays.

SUN	MON	TUE	WED	THU	FRI	SAT
Yoga 9:15 – 10:15am	Cardio Combo 9:15-10:15am	Total Body Conditioning 9:15-10:15am	Cardio and Strength 9:15-10:15am	Yoga 9:00-10:00am Cardio Combo 9:15-10:15am	Total Body Conditioning 9:15-10:15am	Core and More 9:15-10:15am
	Fit and Functional 10:30-11:30am		Fit and Functional 10:30-11:30am		Fit and Functional 10:30-11:30am	
		Yoga 11:00am — 12:00pm	Yoga 11:00am – 12:00pm			
			Yoga 6:15—7:15pm			





Drop-In Fitness Fees

FITNESS DROP-IN, MEMBERSHIPS & VISIT CARDS								
FITNESS DROP-IN PER VISIT		FITNESS MEMBERSHIPS						
Youth (13-18 years) / Senior (55+ years)	\$5.10	Adult-1 month	\$59.00					
Adult (19-54 years)	\$6.95	Adult-3 months	\$129.00					
Yoga	\$8.75	Adult – 6 months	\$221.00					
		Adult – 1 year	\$371.00					
FITNESS VISIT CARDS		Youth / 55+-1 month	\$48.00					
Adult – 10 visits	\$56.00	Youth / 55+-3 months	\$107.00					
Youth / 55+-10 visits	\$41.00	Youth / 55+-6 months	\$184.00					
Note: Visit Cards are not valid for Yoga classes		Youth / 55+-1 year	\$306.00					
ADD-ON FEES								
Fitness Add-On*	\$1.00 community centre \$4.80 Watermania and Minoru Centre for Active Living	Family Add-On — 1 Year**	\$306.00					
*Fitness Add-On fee will apply when using a valid member fitness at a facility other than where the membership was Add-On fee is not valid for Drop-in Yoga.		**Family Add-On must be purchased at the same time as the primary membership holder and must reside in the same household. For adults only.						

FOR THE SAFETY AND ENJOYMENT OF ALL PARTICIPANTS

- Review and follow the Fitness Class Etiquette and Code of Conduct as posted.
- Review the PAR-Q annually or if your condition changes. <u>richmond.ca/fitness</u>.
- Drop-in fitness classes are on a first-come, first-served basis.
- Wristbands are available 30 minutes before class start time.
- Arrive on time to class. Latecomers are not permitted 5 minutes past class start time.

