



**SOUTH ARM COMMUNITY CENTRE**

# SPRING 2026 PROGRAMS



**SOUTH ARM COMMUNITY CENTRE**  
8880 WILLIAMS ROAD  
604-238-8060



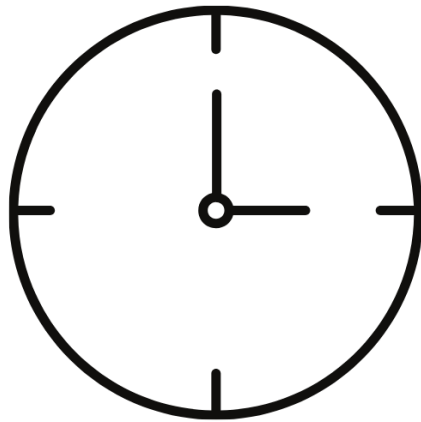
# GENERAL INFORMATION

## SOUTH ARM COMMUNITY ASSOCIATION

### OUR MISSION:

South Arm Community Association aims to provide effective and enjoyable leisure opportunities for people so that they may grow and develop socially, emotionally, intellectually and physically.

We strive to create an inviting place where the community can come for information, to learn specific skills, to relax and to get into shape.



### SPRING FACILITY HOURS

MONDAY-FRIDAY

6:00AM-10:00PM

SATURDAY+SUNDAY

7:30AM-9:00PM

## HOW TO REGISTER

- 1) IN-PERSON DURING FACILITY HOURS
- 2) REGISTRATION CALL CENTRE  
604-276-4300 MON-FRI 8:30AM-5:00PM
- 3) ONLINE AT [RICHMOND.CA/REGISTER](https://richmond.ca/register)

FOR MORE INFORMATION, VISIT  
[RICHMOND.CA/SOUTHARM](https://richmond.ca/southarm).

## CONNECT WITH US



South Arm Community  
Centre (SACC)



@SouthArmCC &  
@SouthArmCCYouth



@SouthArmCC



[southarm@richmond.ca](mailto:southarm@richmond.ca)



# PRESCHOOL (0-5 YEARS)

## ARTS - DANCE

### BALLET - PRESCHOOLERS

Apr 2-May 14	Thu	4:30-5:15pm	\$47.55/7 sess	3-5yrs	00486103
Apr 2-May 14	Thu	5:30-6:15pm	\$47.55/7 sess	3-5yrs	00486105
Apr 7-May 12	Tue	5:00-5:45pm	\$40.75/6 sess	3-5yrs	00486335
May 19-Jun 23	Tue	5:00-5:45pm	\$40.75/6 sess	3-5yrs	00486338
May 21-Jun 25	Thu	4:30-5:15pm	\$40.75/6 sess	3-5yrs	00486104
May 21-Jun 25	Thu	5:30-6:15pm	\$40.75/6 sess	3-5yrs	00486106

### BALLET - ADULT AND TOT - PRESCHOOLERS/ADULTS

Apr 2-May 14	Thu	6:15-7:00pm	\$47.55/7 sess	2-3yrs	00486107
Apr 7-May 12	Tue	4:00-4:45pm	\$40.75/6 sess	2-3yrs	00486333
May 19-Jun 23	Tue	4:00-4:45pm	\$40.75/6 sess	2-3yrs	00486334
May 21-Jun 25	Thu	6:15-7:00pm	\$40.75/6 sess	2-3yrs	00486108

### CREATIVE MOVEMENT - ADULT AND TOT - PRESCHOOLERS/ADULTS

Apr 10-May 15	Fri	5:00-5:45pm	\$40.75/6 sess	1-3yrs	00486544
May 22-Jun 26	Fri	5:00-5:45pm	\$40.75/6 sess	1-3yrs	00486545

### CREATIVE MOVEMENT - PRESCHOOLERS

Apr 1-May 6	Wed	3:45-4:30pm	\$40.75/6 sess	3-5yrs	00485310
Apr 13-May 11	Mon	4:45-5:30pm	\$33.95/5 sess	3-5yrs	00485303
May 13-Jun 24	Wed	3:45-4:30pm	\$47.55/7 sess	3-5yrs	00485312
May 25-Jun 22	Mon	4:45-5:30pm	\$33.95/5 sess	3-5yrs	00485306

### DANCE COMBO - PRESCHOOLERS

Apr 1-May 6	Wed	5:00-5:45pm	\$40.75/6 sess	3-5yrs	00485313
Apr 10-May 15	Fri	2:15-3:00pm	\$40.75/6 sess	3-5yrs	00486540
Apr 13-May 11	Mon	3:45-4:30pm	\$33.95/5 sess	3-5yrs	00485269
May 13-Jun 24	Wed	5:00-5:45pm	\$47.55/7 sess	3-5yrs	00485314
May 22-Jun 26	Fri	2:15-3:00pm	\$40.75/6 sess	3-5yrs	00486541
May 25-Jun 22	Mon	3:45-4:30pm	\$33.95/5 sess	3-5yrs	00485275

## ARTS - MUSIC

### ROCKSTAR MUSIC® - LITTLE ROCKERS - JUNIOR JAM - PRESCHOOLERS

Apr 12-Jun 21	Sun	9:45-10:15am	\$110.00/10 sess	3-5yrs	00484388
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### ROCKSTAR MUSIC® - LITTLE ROCKERS - TINY TUNES - ADULT AND TOT - PRESCHOOLERS/ADULTS

Apr 12-Jun 21	Sun	9:00-9:30am	\$110.00/10 sess	1-3yrs	00484386
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## ARTS - PERFORMING

### MUSICAL THEATRE - PRESCHOOLERS

Apr 2-May 14	Thu	3:30-4:15pm	\$47.55/7 sess	3-5yrs	00486101
May 21-Jun 25	Thu	3:30-4:15pm	\$40.75/6 sess	3-5yrs	00486102

## ARTS - VISUAL

### ART FOR TWOS - ADULT AND TOT - PRESCHOOLERS/ADULTS

Apr 9-May 7	Thu	9:45-10:30am	\$33.95/5 sess	2-3yrs	00486535
Apr 12-May 10	Sun	10:15-11:00am	\$33.95/5 sess	2-3yrs	00486036
Apr 14-May 12	Tue	9:45-10:30am	\$33.95/5 sess	2-3yrs	00486532
May 14-Jun 25	Thu	9:45-10:30am	\$47.55/7 sess	2-3yrs	00486536
May 19-Jun 23	Tue	9:45-10:30am	\$40.75/6 sess	2-3yrs	00486533
May 24-Jun 21	Sun	10:15-11:00am	\$33.95/5 sess	2-3yrs	00486040

## ARTS - VISUAL

### ART ADVENTURES - PRESCHOOLERS

Apr 2-Apr 16	Thu	11:00-11:45am	\$20.40/3 sess	3-5yrs	00486438
Apr 12-May 10	Sun	2:45-3:30pm	\$33.95/5 sess	3-5yrs	00486032
May 21-Jun 25	Thu	11:00-11:45am	\$40.75/6 sess	3-5yrs	00485352
May 24-Jun 21	Sun	2:45-3:30pm	\$33.95/5 sess	3-5yrs	00486033

### ADAPTED ART EXPLORERS - PRESCHOOLERS

Apr 11-May 9	Sat	12:30-1:15pm	\$34.00/5 sess	3-5yrs	00487245
May 23-Jun 20	Sat	12:30-1:15pm	\$34.00/5 sess	3-5yrs	00487254

### ART AROUND THE WORLD - PRESCHOOLERS

Apr 2-Apr 16	Thu	6:30-7:15pm	\$20.40/3 sess	3-5yrs	00486456
Apr 13-May 11	Mon	5:30-6:15pm	\$34.00/5 sess	3-5yrs	00484162
Apr 23-May 14	Thu	6:30-7:15pm	\$27.15/4 sess	3-5yrs	00486943
May 21-Jun 25	Thu	6:30-7:15pm	\$40.75/6 sess	3-5yrs	00486084
May 25-Jun 22	Mon	5:30-6:15pm	\$34.00/5 sess	3-5yrs	00484316

### ARTS COMBO - ADULT AND TOT - PRESCHOOLERS/ADULTS

Apr 10-Apr 17	Fri	10:45-11:30am	\$13.60/2 sess	1-5yrs	00486514
May 22-Jun 19	Fri	10:45-11:30am	\$33.95/5 sess	1-5yrs	00486322

### ARTS COMBO - PRESCHOOLERS

Apr 2-May 7	Thu	3:45-4:30pm	\$40.75/6 sess	3-5yrs	00486075
Apr 7-May 12	Tue	3:30-4:15pm	\$40.75/6 sess	3-5yrs	00486065
May 14-Jun 25	Thu	3:45-4:30pm	\$47.55/7 sess	3-5yrs	00486077
May 19-Jun 23	Tue	3:30-4:15pm	\$40.75/6 sess	3-5yrs	00486066

### CRAFT COMBO - PRESCHOOLERS

Apr 11-May 9	Sat	12:45-1:30pm	\$33.95/5 sess	3-5yrs	00486004
Apr 20-May 11	Mon	6:30-7:15pm	\$27.15/4 sess	3-5yrs	00486939
May 23-Jun 20	Sat	12:45-1:30pm	\$33.95/5 sess	3-5yrs	00486007
May 25-Jun 22	Mon	6:30-7:15pm	\$33.95/5 sess	3-5yrs	00486083

### PAINT AND PLAY - ADULT AND TOT - PRESCHOOLERS/ADULTS

Apr 2-Apr 16	Thu	9:30-10:15am	\$20.40/3 sess	1-2yrs	00486430
May 21-Jun 25	Thu	9:30-10:15am	\$40.75/6 sess	1-2yrs	00485355

### DRAW ME A STORY - PRESCHOOLERS

Apr 2-Apr 16	Thu	5:15-6:00pm	\$20.40/3 sess	3-5yrs	00486446
Apr 10-Apr 17	Fri	9:30-10:15am	\$13.60/2 sess	3-5yrs	00486481
Apr 23-May 14	Thu	5:15-6:00pm	\$27.15/4 sess	3-5yrs	00486942
May 21-Jun 25	Thu	5:15-6:00pm	\$40.75/6 sess	3-5yrs	00486087
May 22-Jun 19	Fri	9:30-10:15am	\$33.95/5 sess	3-5yrs	00486314

### ART JAM - PRESCHOOLERS

Apr 11-May 9	Sat	10:40-11:40am	\$100.00/5 sess	4-5yrs	00486097
May 23-Jun 27	Sat	10:40-11:40am	\$120.00/6 sess	4-5yrs	00486098

### BEYOND THE BRUSH - ADULT AND TOT - PRESCHOOLERS/ADULTS

Apr 7-Apr 28	Tue	11:00-11:45am	\$27.15/4 sess	1-2yrs	00490942
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### CRAFT CORNER - ADULT AND TOT - PRESCHOOLERS/ADULTS

Apr 7-May 12	Tue	1:15-1:45pm	\$27.20/6 sess	1-5yrs	00486043
Apr 10-May 15	Fri	12:45-1:30pm	\$40.75/6 sess	1-5yrs	00486529
Apr 11-May 9	Sat	9:15-9:45am	\$22.65/5 sess	1-5yrs	00485984
May 19-Jun 23	Tue	1:15-1:45pm	\$27.20/6 sess	1-5yrs	00486045
May 22-Jun 26	Fri	12:45-1:30pm	\$40.75/6 sess	1-5yrs	00486530
May 23-Jun 20	Sat	9:15-9:45am	\$22.65/5 sess	1-5yrs	00485987

## ARTS - VISUAL

### FUN WITH DINOSAURS - PRESCHOOLERS

Apr 11-May 9	Sat	1:45-2:30pm	\$34.00/5 sess	3-5yrs	00496878
May 23-Jun 20	Sat	1:45-2:30pm	\$34.00/5 sess	3-5yrs	00496886

### FUN WITH FARM ANIMALS - PRESCHOOLERS

Apr 1-May 6	Wed	3:45-4:30pm	\$40.80/6 sess	3-5yrs	00496900
May 13-Jun 24	Wed	3:45-4:30pm	\$47.60/7 sess	3-5yrs	00496928

## GENERAL INTEREST

### TUMMY TIME - ADULT AND TOT - PRESCHOOLERS/ADULTS

Apr 1-Apr 22	Wed	9:15-10:15am	\$26.20/4 sess	1-2yrs	00490904
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### 123, ABC'S - PHONICS AND MATH - PRESCHOOLERS

Apr 2-May 14	Thu	4:15-5:00pm	\$34.40/7 sess	3-5yrs	00486935
Apr 11-May 9	Sat	1:00-1:45pm	\$24.55/5 sess	3-5yrs	00486666
Apr 12-May 10	Sun	9:15-10:00am	\$24.55/5 sess	3-5yrs	00486675
Apr 20-May 11	Mon	3:45-4:30pm	\$19.65/4 sess	3-5yrs	00486937
May 21-Jun 25	Thu	4:15-5:00pm	\$29.45/6 sess	3-5yrs	00486936
May 23-Jun 20	Sat	1:00-1:45pm	\$24.55/5 sess	3-5yrs	00486667
May 24-Jun 21	Sun	9:15-10:00am	\$24.55/5 sess	3-5yrs	00486676
May 25-Jun 22	Mon	3:45-4:30pm	\$24.55/5 sess	3-5yrs	00486093

### EARLY LEARNERS - ADULT AND TOT - PRESCHOOLERS/ADULTS

May 1-29	Fri	11:00am-12:15pm	\$40.95/5 sess	1-2yrs	00490944
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### MOMMY AND ME PLAYTIME - PRESCHOOLERS/ADULTS

Apr 3-Apr 17	Fri	9:00-10:00am	\$19.65/3 sess	1-2yrs	00490929
Apr 7-Apr 28	Tue	9:00-10:00am	\$26.20/4 sess	1-2yrs	00490931

## NATURE AND SCIENCE

### WACKY SCIENCE - PRESCHOOLERS

Apr 2-May 14	Thu	5:15-6:00pm	\$47.55/7 sess	3-5yrs	00486933
Apr 11-May 9	Sat	11:30am-12:15pm	\$33.95/5 sess	3-5yrs	00486000
Apr 12-May 10	Sun	9:15-10:00am	\$33.95/5 sess	3-5yrs	00486018
Apr 12-May 10	Sun	3:45-4:30pm	\$33.95/5 sess	3-5yrs	00486021
May 21-Jun 25	Thu	5:15-6:00pm	\$40.75/6 sess	3-5yrs	00486934
May 23-Jun 20	Sat	11:30am-12:15pm	\$33.95/5 sess	3-5yrs	00486002
May 24-Jun 21	Sun	9:15-10:00am	\$33.95/5 sess	3-5yrs	00486019
May 24-Jun 21	Sun	3:45-4:30pm	\$33.95/5 sess	3-5yrs	00486024

## SPORTS

### SPORTBALL® - SOCCER - ADULT AND TOT - PRESCHOOLERS

Apr 12-Jun 21	Sun	9:30-10:15am	\$180.00/10 sess	2-3yrs	00490092
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### SPORTBALL® - SOCCER - PRESCHOOLERS

Apr 12-Jun 21	Sun	10:15-11:15am	\$180.00/10 sess	3-5yrs	00490094
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# CHILD'S WORLD PRESCHOOL



Public Registration for Licensed Preschool  
Wednesday April 1 9:00am – online



Child's World Preschool Open House  
Wednesday, April 8 1:15-3:15pm – South Arm Community Hall

For more information, please contact:

Preschool Coordinator: Beth Hume 604-238-8063 or BHume@richmond.ca

# CHILDREN (6-12 Years)

## ARTS - DANCE

### HIP HOP - CHILDREN

Apr 10-Jun 19	Fri	3:45-4:45pm	\$99.65/11 sess	6-9yrs	00492824
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### JAZZ DANCING - CHILDREN

Apr 10-May 15	Fri	3:45-4:45pm	\$54.35/6 sess	6-9yrs	00486542
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May 22-Jun 26	Fri	3:45-4:45pm	\$54.35/6 sess	6-9yrs	00486543
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### CHEER DANCING - PRETEENS

Apr 14-May 26	Tue	4:15-5:15pm	\$63.40/7 sess	9-12yrs	00492006
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## ARTS - MUSIC

### MUSICAL EXPRESSIONS - GUITAR OR UKULELE PRIVATE LESSONS - ALL AGES

Lessons are available in 30 minute timeslots on Wednesdays 2:55-9:15pm and Fridays 3:30-7:30pm. Please visit [richmond.ca/register](http://richmond.ca/register) or visit the South Arm Community Centre front desk to inquire about session availability.

### MUSICAL EXPRESSIONS - PIANO PRIVATE LESSONS - ALL AGES

Lessons are available in 30 minute timeslots on Tuesdays 3:30-7:30pm, Thursdays 3:30-7:30pm, and Saturdays 9:30am-4:30pm. Please visit [richmond.ca/register](http://richmond.ca/register) or visit the South Arm Community Centre front desk to inquire about session availability.

### ROCKSTAR MUSIC® - BUCKET DRUMLINE - CHILDREN

Apr 12-Jun 21	Sun	10:30am-11:00am	\$110/10 sess	5-9yrs	00484390
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## ARTS - VISUAL

### 3D PAPER ARTS - CHILDREN

Apr 21-May 12	Tue	3:45-5:00pm	\$45.30/4 sess	6-9yrs	00486940
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May 19-Jun 23	Tue	3:45-5:00pm	\$67.95/6 sess	6-9yrs	00485348
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### PAPER QUILLING ART - WHIRL AND TWIRL - CHILDREN

Apr 10-May 15	Fri	5:30-6:45pm	\$67.95/6 sess	6-9yrs	00486646
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May 22-Jun 26	Fri	5:30-6:45pm	\$67.95/6 sess	6-9yrs	00486652
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### ART AROUND THE WORLD - CHILDREN

Apr 1-May 6	Wed	4:45-6:00pm	\$67.95/6 sess	6-9yrs	00484160
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May 13-Jun 24	Wed	4:45-6:00pm	\$79.25/7 sess	6-9yrs	00484298
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### ANIME AND MANGA - CHILDREN

Apr 11-May 9	Sat	10:00-11:15am	\$56.60/5 sess	6-9yrs	00485991
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Apr 12-May 10	Sun	1:15-2:30pm	\$56.60/5 sess	6-9yrs	00486027
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May 23-Jun 20	Sat	10:00-11:15am	\$56.60/5 sess	6-9yrs	00485995
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May 24-Jun 21	Sun	1:15-2:30pm	\$56.60/5 sess	6-9yrs	00486029
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### CARTOON WITH A DISNEY ANIMATOR - HAPPY KIDS STUDIO - CHILDREN

Apr 11-May 9	Sat	9:30-10:30am	\$100.00/5 sess	6-8yrs	00486095
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May 23-Jun 27	Sat	9:30-10:30am	\$120.00/6 sess	6-8yrs	00486096
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### CHARACTER DESIGN - CHILDREN

Apr 11-May 9	Sat	11:50am-12:50pm	\$100.00/5 sess	9-12yrs	00486099
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May 23-Jun 27	Sat	11:50am-12:50pm	\$120.00/6 sess	9-12yrs	00486100
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### CLAY CREATIONS - AIR DRY CLAY - CHILDREN

Apr 13-May 11	Mon	3:45-5:00pm	\$56.65/5 sess	6-9yrs	00484152
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May 25-Jun 22	Mon	3:45-5:00pm	\$56.65/5 sess	6-9yrs	00484154
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## ARTS - VISUAL

### DRAWING AND PAINTING - CHILDREN

Apr 2-Apr 16	Thu	3:45-5:00pm	\$33.95/3 sess	6-9yrs	00486443
Apr 23-May 14	Thu	3:45-5:00pm	\$45.30/4 sess	6-9yrs	00486941
May 21-Jun 25	Thu	3:30-4:45pm	\$67.95/6 sess	6-9yrs	00486082

### JEWELLERY MAKING - CHILDREN

Apr 12-May 10	Sun	1:00-2:15pm	\$45.30/4 sess	6-9yrs	00486781
May 24-Jun 21	Sun	1:00-2:15pm	\$56.65/5 sess	6-9yrs	00486784

### JEWELLERY MAKING - PRETEENS

Apr 2-May 7	Thu	4:45-6:00pm	\$67.95/6 sess	9-12yrs	00486080
May 14-Jun 25	Thu	4:45-6:00pm	\$79.25/7 sess	9-12yrs	00486081

### ACRYLIC PAINTING - CHILDREN

Apr 11-May 9	Sat	1:45-3:00pm	\$56.60/5 sess	6-9yrs	00486012
Apr 12-May 10	Sun	11:15am-12:30pm	\$56.60/5 sess	6-9yrs	00486030
May 23-Jun 20	Sat	1:45-3:00pm	\$56.60/5 sess	6-9yrs	00486014
May 24-Jun 21	Sun	11:15am-12:30pm	\$56.60/5 sess	6-9yrs	00486031

### WATERCOLOUR PAINTING - BEGINNER - CHILDREN

Apr 10-May 15	Fri	3:45-5:00pm	\$67.95/6 sess	6-9yrs	00486644
May 22-Jun 26	Fri	3:45-5:00pm	\$67.95/6 sess	6-9yrs	00486645

### D.I.Y. (DO-IT-YOURSELF) PROJECTS - BUILD-A-BUDDY PUPPET - CHILDREN

Apr 13	Mon	6:00-7:30pm	\$13.60/1 sess	6-9yrs	00486507
Apr 14	Tue	3:45-5:15pm	\$13.60/1 sess	6-9yrs	00486520

### D.I.Y. (DO-IT-YOURSELF) PROJECTS - CARDBOARD ARCADE GAME - CHILDREN

Apr 7	Tue	3:45-5:15pm	\$13.60/1 sess	8-10yrs	00486516
Apr 13	Mon	3:45-5:15pm	\$13.60/1 sess	8-10yrs	00486496

## COMPUTERS, TECHNOLOGY AND SOCIAL MEDIA

### 3D PRINTING - BUILD YOUR OWN TOY - CHILDREN

Apr 1-May 6	Wed	4:15-5:15pm	\$120.00/6 sess	6-9yrs	00484068
May 13-Jun 24	Wed	4:15-5:15pm	\$140.00/7 sess	6-9yrs	00484069

### MACHINE CONCEPTS WITH ROBOTICS - CHILDREN

Apr 1-May 6	Wed	5:30-6:30pm	\$120.00/6 sess	6-9yrs	00484070
Apr 13-May 11	Mon	3:45-4:45pm	\$100.00/5 sess	6-9yrs	00484072
May 13-Jun 24	Wed	5:30-6:30pm	\$140.00/7 sess	6-9yrs	00484071
May 25-Jun 22	Mon	3:45-4:45pm	\$100.00/5 sess	6-9yrs	00484073

## COOKING

### COOKING BASICS - PRETEENS

Apr 12-May 31	Sun	10:00-11:30am	\$171.75/7 sess	9-13yrs	00490316
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## FITNESS

### YOGA - CHILDREN

Apr 2-May 14	Thu	3:45-4:45pm	\$70.75/7 sess	6-12yrs	00490144
May 21-Jun 25	Thu	3:45-4:45pm	\$60.65/6 sess	6-12yrs	00490146

### ZUMBA® KIDS - CHILDREN

Apr 1-May 13	Wed	6:00-7:00pm	\$62.50/7 sess	7-12yrs	00490114
May 20-Jun 24	Wed	6:00-7:00pm	\$53.60/6 sess	7-12yrs	00490117



## GENERAL INTEREST

### FLORAL ARRANGING BASICS - BEGINNER - PRETEENS

Jun 13-Jun 27	Sat	4:00-5:15pm	\$33.95/3 sess	9-12yrs	00482740
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### PRETEEN HANGOUT - PRETEENS

Apr 9-May 14	Thu	4:30-6:30pm	\$41.40/6 sess	9-12yrs	00491417
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May 21-Jun 18	Thu	4:30-6:30pm	\$34.50/5 sess	9-12yrs	00491420
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### LITTLE BOOKWORMS - READING AND WRITING - CHILDREN

Apr 11-May 9	Sat	2:00-3:00pm	\$32.75/5 sess	6-8yrs	00486670
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Apr 11-May 9	Sat	2:45-3:45pm	\$32.75/5 sess	6-8yrs	00487278
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Apr 12-May 10	Sun	10:15-11:15am	\$32.75/5 sess	6-8yrs	00486766
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Apr 20-May 11	Mon	4:45-5:45pm	\$26.20/4 sess	6-8yrs	00486938
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May 23-Jun 20	Sat	2:00-3:00pm	\$32.75/5 sess	6-8yrs	00486672
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May 23-Jun 20	Sat	2:45-3:45pm	\$32.75/5 sess	6-8yrs	00487279
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May 24-Jun 21	Sun	10:15-11:15am	\$32.75/5 sess	6-8yrs	00486767
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May 25-Jun 22	Mon	4:45-5:45pm	\$32.75/5 sess	6-8yrs	00486094
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### MINI MATHLETES - CHILDREN

Apr 11-May 9	Sat	3:15-4:15pm	\$32.75/5 sess	6-8yrs	00486673
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Apr 12-May 10	Sun	11:30am-12:30pm	\$26.20/4 sess	6-8yrs	00486770
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May 23-Jun 20	Sat	3:15-4:15pm	\$32.75/5 sess	6-8yrs	00486674
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May 24-Jun 21	Sun	11:30am-12:30pm	\$32.75/5 sess	6-8yrs	00486772
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## LANGUAGES

### SPANISH - BEGINNER - CHILDREN

Apr 12-Jun 21	Sun	10:25-11:40am	\$113.25/10 sess	6-8yrs	00495020
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## MARTIAL ARTS

### TAEKWONDO - BEGINNER - CHILDREN

Apr 17-Jun 19	Fri	5:30-6:30pm	\$100.00/10 sess	6-12yrs	00490810
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Apr 18-Jun 20	Sat	2:30-3:30pm	\$100.00/10 sess	6-12yrs	00490814
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Apr 20-Jun 22	Mon	4:30-5:30pm	\$90.00/9 sess	6-12yrs	00490796
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### TAEKWONDO - INTERMEDIATE - CHILDREN

Apr 17-Jun 19	Fri	3:30-4:30pm	\$100.00/10 sess	6-18yrs	00490803
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Apr 17-Jun 19	Fri	4:30-5:30pm	\$100.00/10 sess	6-18yrs	00490805
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Apr 17-Jun 19	Fri	6:30-7:30pm	\$100.00/10 sess	6-18yrs	00490811
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Apr 20-Jun 22	Mon	3:30-4:30pm	\$90.00/9 sess	6-18yrs	00490789
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Apr 20-Jun 22	Mon	5:30-6:30pm	\$90.00/9 sess	6-18yrs	00490799
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Apr 20-Jun 22	Mon	6:30-7:30pm	\$90.00/9 sess	6-18yrs	00490802
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## NATURE AND SCIENCE

### WACKY SCIENCE - CHILDREN

Apr 2-May 14	Thu	6:30-7:30pm	\$63.40/7 sess	6-9yrs	00486908
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Apr 7-May 12	Tue	4:30-5:30pm	\$54.35/6 sess	6-9yrs	00486071
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May 19-Jun 23	Tue	4:30-5:30pm	\$54.35/6 sess	6-9yrs	00486072
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May 21-Jun 25	Thu	6:30-7:30pm	\$54.35/6 sess	6-9yrs	00486914
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## PRO-D-DAY

### PRO-D DAY - BALLET - CHILDREN

Apr 24	Fri	10:15-11:30am	\$11.30/1 sess	6-9yrs	00486553
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### PRO-D DAY - HIP HOP - CHILDREN

Apr 24	Fri	11:45am-12:45pm	\$9.05/1 sess	6-9yrs	00486549
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Apr 24	Fri	1:15-2:15pm	\$9.05/1 sess	6-9yrs	00486550
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### PRO-D DAY - CREATIVE DRAMA - CHILDREN

Apr 24	Fri	8:45-10:00am	\$11.30/1 sess	6-9yrs	00486552
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### PRO-D DAY - 3D PAPER ARTS - CHILDREN

Jun 26	Fri	9:00-10:15am	\$11.30/1 sess	6-9yrs	00486324
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### PRO-D DAY - CLAY CREATIONS - AIR DRY CLAY - CHILDREN

May 15	Fri	8:45-10:00am	\$11.30/1 sess	6-9yrs	00486660
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### PRO-D DAY - CLAY CREATIONS - AIR DRY CLAY - PRETEENS

May 15	Fri	2:00-3:30pm	\$13.60/1 sess	9-12yrs	00486662
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### PRO-D DAY - DRAWING AND PAINTING - CHILDREN

Jun 26	Fri	2:15-3:30pm	\$11.30/1 sess	6-9yrs	00486330
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### PRO-D DAY - JEWELLERY MAKING - CHILDREN

May 15	Fri	12:30-1:45pm	\$11.30/1 sess	6-9yrs	00486655
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Jun 26	Fri	10:45am-12:00pm	\$11.30/1 sess	6-9yrs	00486327
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### PRO-D DAY - JEWELLERY MAKING - PRETEENS

Jun 26	Fri	12:30-1:45pm	\$11.30/1 sess	9-12yrs	00486328
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### PRO-D DAY - WACKY SCIENCE - CHILDREN

May 15	Fri	10:30am-12:00pm	\$13.60/1 sess	6-9yrs	00486664
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## OUT OF SCHOOL CARE BEFORE + AFTER SCHOOL OPTIONS AVAILABLE

Schools Served:  
Bridge, DeBeck, Walter Lee and Whiteside

### INQUIRE WITHIN

For more information, please contact:

Child Development Coordinator: Alex Ngai 604-238-8078 or  
ANgai@richmond.ca



## SPORTS

### GIRLS AT BAT - CHILDREN

Apr 13-Jun 22	Mon	4:15-5:15pm	\$67.50/10 sess	6-9yrs	00490104
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### BADMINTON - INTERMEDIATE - PRETEENS

Apr 1-Jun 24	Wed	4:30-5:30pm	\$87.75/13 sess	9-12yrs	00490118
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### BASKETBALL - CHILDREN

Mar 30-Jun 22	Mon	5:45-6:45pm	\$74.25/11 sess	8-10yrs	00490098
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Apr 11-Jun 13	Sat	11:30am-12:30pm	\$60.75/9 sess	6-8yrs	00490171
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Apr 11-Jun 13	Sat	2:30-3:30pm	\$60.75/9 sess	8-10yrs	00490168
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### BASKETBALL - PRETEENS

Mar 30-Jun 22	Mon	7:00-8:00pm	\$74.25/11 sess	10-12yrs	00490100
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Apr 11-Jun 13	Sat	3:30-4:30pm	\$60.75/9 sess	10-12yrs	00490166
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### BASKETBALL - RYBL - SMALL BALL - GRADES K/1 - CHILDREN

Apr 13-Jun 8	Mon	6:00-6:45pm	\$95.00/8 sess	5-6yrs	00489366
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Apr 13-Jun 8	Mon	6:00-6:45pm	\$95.00/8 sess	5-6yrs	00489368
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### BASKETBALL - RYBL - SMALL BALL - GRADES 2/3 - CHILDREN

Apr 13-Jun 8	Mon	7:00-7:45pm	\$95.00/8 sess	7-8yrs	00489369
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Apr 13-Jun 8	Mon	7:00-7:45pm	\$95.00/8 sess	7-8yrs	00489367
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### BASKETBALL - RYBL - JUMP - GRADES 4/5 - CHILDREN

Apr 9-Jun 11	Thu	6:15-7:15pm	\$130.00/10 sess	8-10yrs	00489362
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Apr 10-Jun 12	Fri	6:15-7:15pm	\$130.00/10 sess	8-10yrs	00489365
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### BASKETBALL - RYBL - SPRING LEAGUE - GRADES 4/5 - PRETEENS

Apr 11-Jun 6	Sat	11:00am-12:30pm	\$130.00/8 sess	8-10yrs	00490742
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### BASKETBALL - RYBL - SKILLS AND GAME PLAY - 3 V 3 - GRADES 4/5 - CO-ED - CHILDREN

Apr 12-Jun 7	Sun	11:15am-12:30pm	\$130.00/8 sess	8-10yrs	00489360
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### BASKETBALL - RYBL - SKILLS AND GAME PLAY - GRADES 4/5 - FOR GIRLS - CHILDREN

Apr 18-Jun 13	Sat	10:15-11:30am	\$120.00/8 sess	8-10yrs	00490740
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### BASKETBALL - RYBL - JUMP - GRADES 6/7 - CHILDREN

Apr 9-Jun 11	Thu	7:30-8:30pm	\$130.00/10 sess	10-12yrs	00489363
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Apr 10-Jun 12	Fri	7:30-8:30pm	\$130.00/10 sess	10-12yrs	00489364
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### BASKETBALL - RYBL - SPRING LEAGUE - GRADES 6/7 - CO-ED - PRETEENS

Apr 11-Jun 6	Sat	12:45-2:15pm	\$130.00/8 sess	10-12yrs	00490743
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Apr 22-Jun 10	Wed	7:15-8:45pm	\$130.00/8 sess	10-12yrs	00490739
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### BASKETBALL - RYBL - SKILLS AND GAME PLAY - 3 V 3 - GRADES 6/7 - CO-ED - CHILDREN

Apr 12-Jun 7	Sun	12:45-2:00pm	\$130.00/8 sess	10-12yrs	00489361
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### BASKETBALL - RYBL - SKILLS AND GAME PLAY - GRADES 6/7 - FOR GIRLS - CHILDREN

Apr 18-Jun 13	Sat	11:30am-12:45pm	\$120.00/8 sess	10-12yrs	00490741
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### MULTISPORT - CHILDREN

Apr 2-May 14	Thu	3:30-4:30pm	\$47.25/7 sess	6-8yrs	00490149
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May 21-Jun 25	Thu	3:30-4:30pm	\$40.50/6 sess	6-8yrs	00490150
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### SPORTBALL® - SOCCER - CHILDREN

Apr 12-Jun 21	Sun	11:15am-12:15pm	\$180.00/10 sess	5-7yrs	00490090
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### ULTIMATE FRISBEE - OUTDOOR - PRETEENS

Jun 2-Jun 23	Tue	3:30-5:00pm	\$40.50/4 sess	9-12yrs	00490107
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### VOLLEYBALL - BEGINNER - PRETEENS

Apr 2-Jun 25	Thu	4:45-5:45pm	\$87.75/13 sess	9-12yrs	00490155
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Apr 11-Jun 13	Sat	12:45-1:45pm	\$60.75/9 sess	9-12yrs	00490162
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### VOLLEYBALL - INTERMEDIATE - PRETEENS

Apr 2-Jun 25	Thu	5:45-6:45pm	\$87.75/13 sess	9-12yrs	00490156
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# ADAPTED PROGRAMS

## PRESCHOOLERS

*To register and for more information, email [southarm@richmond.ca](mailto:southarm@richmond.ca).*

### ADAPTED SPORTS AND PLAY

Learn to kick, throw, catch and play along with other basic fundamental movement skills for sports and physical activities. Suitable for young children with autism and neuro/developmental differences.

Adults and caregivers welcome to participate.

May 2 - Jun 20 Sat 11:00-11:45AM \$30.40/4 sess 3-5yrs 00490181

### ADAPTED ART EXPLORERS

Learn to draw, paint, sculpt and play using different mediums for creative expression. Suitable for young children with autism and neuro/developmental differences. Adults and caregivers welcome to participate.

Apr 11 - May 9 Sat 12:30-1:15PM \$34.00/ 5 sess 3-5yrs 00487245

May 23 - Jun 20 Sat 12:30-1:15PM \$34.00/ 5 sess 3-5yrs 00487254

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## ADULTS

*Drop-ins welcome if space permits.*

### ADAPTED FITNESS

Apr 9 - Jun 18 Thu 1:30-2:30PM \$68.75/ 11 sess 18yrs+ 00490755

### EXERCISES FOR THOSE WITH PARKINSON'S

Apr 10 - Jun 10 Wed 3:00-4:00PM \$56.25/ 9 sess 18yrs+ 00490749





# Easter

## PRESCHOOLERS/CHILDREN



### EASTER EGGSTRAVAGANZA

Saturday, April 4	9:45-11:00AM	1-8yrs	00492258	\$12.05
Saturday, April 4	11:15AM-12:30PM	1-8yrs	00492260	\$12.05

### D.I.Y. (DO-IT-YOURSELF) - EASTER EGG MAKING

Saturday, April 4	10:00-11:00AM	3-5yrs	00498796	\$9.05
Saturday, April 4	11:15AM-12:15PM	6-12yrs	00498016	\$9.05

### EASTER CANVAS BAG DECORATING

+\$5.00 Non-refundable Supplies Fee

Sunday, April 5	10:00-11:00AM	3-5yrs	00497903	\$9.05
Sunday, April 5	11:15AM-12:15PM	6-12yrs	00497918	\$9.05

## ADULTS

### FLORAL ARRANGING BASICS - EASTER BOUQUET

+\$10.00 Non-refundable Supplies Fee

Saturday, April 4	2:00-3:30PM	18yrs+	00497690	\$13.60
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# GENERAL SWAP MEET

**SATURDAY, MAY 23 10:00AM - 2:00PM**



**VENDOR TABLE REGISTRATION BEGINS  
TUESDAY, FEBRUARY 17  
9:00AM IN-PERSON  
10:00AM BY PHONE (604-238-8060)  
TABLE: \$23.70**

**PUBLIC FREE TO ATTEND**



# YOUTH (13-18 YEARS)

## ARTS - DANCE

### K-POP DANCING - YOUTH

Apr 15-May 27	Wed	4:45-5:45pm	\$63.40/7 sess	13-18yrs	00492001
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## COOKING

### IRON CHEF COOKING - YOUTH

Apr 12-Jun 14	Sun	12:30-2:00pm	\$220.85/9 sess	11-16yrs	00490300
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Apr 12-Jun 14	Sun	2:45-4:15pm	\$220.85/9 sess	11-16yrs	00490302
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## FITNESS

### GROUP WEIGHT TRAINING - YOUTH

Apr 10-May 8	Fri	3:15-4:15pm	\$55.70/5 sess	13-18yrs	00490760
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May 22-Jun 19	Fri	3:15-4:15pm	\$55.70/5 sess	13-18yrs	00490761
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### ULTIMATE KICKBOXING - TRY-IT - YOUTH

May 23	Sat	12:15-1:15pm	Free/1 sess	13-18yrs	00489893
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### ULTIMATE KICKBOXING - YOUTH

May 30-Jun 20	Sat	12:15-1:15pm	\$28.00/4 sess	13-18yrs	00489895
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### GROUP RUNNING - YOUTH

May 30-Jun 20	Sat	12:00-1:00pm	\$27.00/4 sess	13-18yrs	00490362
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## GENERAL INTEREST

### LEADERSHIP - INTRODUCTION - YOUTH

Mar 31-Jun 16	Tue	3:45-5:00pm	Free/10 sess	13-18yrs	00490354
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### RESUME AND INTERVIEW SKILL BUILDING - YOUTH

May 20-Jun 3	Wed	3:45-4:45pm	Free/3 sess	15-18yrs	00490358
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### EAT YOUR HEALINGS - FOR INDIGENOUS TEENS - YOUTH

*\*To register and for more information, email [PMcNeill@richmond.ca](mailto:PMcNeill@richmond.ca)*

Apr 2-May 21	Thu	4:00-5:30pm	Free/10 sess	13-18yrs	00494043
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## OUT TRIPS AND TOURS

### KAYAKING TRIP - INDIAN ARM - YOUTH

May 15	Fri	10:00am-4:00pm	\$62.90/1 sess	13-18yrs	00490790
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## RACQUET SPORTS

### BADMINTON - INTERMEDIATE - YOUTH

Apr 1-Jun 24	Wed	3:15-4:15pm	\$87.75/13 sess	13-18yrs	00490123
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Apr 1-Jun 24	Wed	5:45-6:45pm	\$87.75/13 sess	13-18yrs	00490119
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## SPORTS

### BASKETBALL DEVELOPMENT SKILLS - YOUTH

Apr 11-Jun 13	Sat	9:30-10:30am	\$60.75/9 sess	13-18yrs	00490325
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### BASKETBALL - RYBL - SKILLS AND GAME PLAY - GRADES 8/9 - FOR BOYS - YOUTH

Apr 11-Jun 6	Sat	12:00-1:30pm	\$130.00/8 sess	13-15yrs	00489358
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### BASKETBALL - RYBL - SKILLS AND GAME PLAY - GRADES 8/9 - FOR GIRLS - YOUTH

Apr 11-Jun 6	Sat	1:00-2:15pm	\$115.00/8 sess	13-15yrs	00489359
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### VOLLEYBALL SKILLS - YOUTH

Apr 11-Jun 13	Sat	11:00am-12:00pm	\$60.75/9 sess	13-18yrs	00490348
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# ADULTS (18+ YEARS)

## ARTS - DANCE

### BALLET FUNDAMENTALS - ADULTS

Apr 14-Jun 16	Tue	12:30-1:45pm	\$113.30/10 sess	18yrs+	00488853
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### JAZZ DANCING - ADULTS

Apr 10-May 15	Fri	1:00-2:00pm	\$54.35/6 sess	18yrs+	00486538
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May 22-Jun 26	Fri	1:00-2:00pm	\$54.35/6 sess	18yrs+	00486539
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## ARTS - MUSIC

### TAIKO DRUMMING - BEGINNER - ADULTS

Apr 20-Jun 15	Mon	7:30-8:30pm	\$72.50/8 sess	19yrs+	00488851
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### TAIKO DRUMMING - ADVANCED - ADULTS

Apr 20-Jun 15	Mon	5:30-6:30pm	\$72.50/8 sess	19yrs+	00488847
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### TAIKO DRUMMING - INTERMEDIATE - ADULTS

Apr 20-Jun 15	Mon	6:30-7:30pm	\$72.50/8 sess	19yrs+	00488849
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## ARTS - PERFORMING

### MUSICAL THEATRE DANCING - ADULTS

Apr 2-May 14	Thu	8:00-9:00pm	\$63.40/7 sess	18yrs+	00486547
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May 21-Jun 25	Thu	8:00-9:00pm	\$54.35/6 sess	18yrs+	00486548
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## ARTS - VISUAL

### DRAWING AND PAINTING - ADULTS

Apr 7-May 12	Tue	2:00-3:00pm	\$54.35/6 sess	18yrs+	00486046
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May 19-Jun 23	Tue	2:00-3:00pm	\$54.35/6 sess	18yrs+	00486047
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### DRAWING AND SKETCHING - ADULTS

Apr 10-May 15	Fri	1:45-2:45pm	\$54.35/6 sess	18yrs+	00486526
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May 22-Jun 26	Fri	1:45-2:45pm	\$54.35/6 sess	18yrs+	00486528
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### ACRYLIC PAINTING - ADULTS

Apr 2-May 7	Thu	1:30-2:30pm	\$54.35/6 sess	18yrs+	00486073
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May 14-Jun 25	Thu	1:30-2:30pm	\$63.40/7 sess	18yrs+	00486074
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### PAINT NIGHT - ADULTS

Apr 26	Sun	5:00-6:30pm	\$13.60/1 sess	18yrs+	00486190
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May 24	Sun	5:00-6:30pm	\$13.60/1 sess	18yrs+	00486191
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Jun 21	Sun	5:00-6:30pm	\$13.60/1 sess	18yrs+	00486192
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## EVENTS AND SEASONAL PROGRAM

### SWAP MEET - ALL AGES

May 23	Sat	10:00am-2:00pm	\$23.70/1 sess	18yrs+	00491228
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## FITNESS

### ADAPTED FITNESS - ADULTS

Apr 9-Jun 18	Thu	1:30-2:30pm	\$68.75/11 sess	18yrs+	00490755
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### EXERCISES FOR THOSE WITH PARKINSON'S - ADULTS

Apr 15-Jun 10	Wed	3:00-4:00pm	\$56.25/9 sess	18yrs+	00490749
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### EXPRESS FIT - ADULTS

Apr 11-May 9	Sat	11:25am-12:10pm	\$33.50/5 sess	16yrs+	00490924
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May 23-Jun 20	Sat	11:25am-12:10pm	\$33.50/5 sess	16yrs+	00490926
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## FITNESS

### FUNDAMENTALS OF FITNESS - LEVEL 1 - ADULTS

Apr 7-Apr 28	Tue	10:00-11:00am	\$56.85/4 sess	16yrs+	00490744
May 5-May 26	Tue	10:00-11:00am	\$56.85/4 sess	16yrs+	00490745
Jun 2-Jun 23	Tue	10:00-11:00am	\$56.85/4 sess	16yrs+	00490746

### FUNDAMENTALS OF FITNESS - LEVEL 2 - ADULTS

Apr 9-Apr 30	Thu	10:00-11:00am	\$56.85/4 sess	16yrs+	00490752
May 7-May 28	Thu	10:00-11:00am	\$56.85/4 sess	16yrs+	00490753
Jun 4-Jun 25	Thu	10:00-11:00am	\$56.85/4 sess	16yrs+	00490754

### POWERBUILDING - LEVEL 2 - ADULTS

Apr 7-May 12	Tue	6:15-7:15pm	\$85.25/6 sess	16yrs+	00490779
May 19-Jun 23	Tue	6:15-7:15pm	\$85.25/6 sess	16yrs+	00490780

### POWERBUILDING 101 - ADULTS

Apr 8-May 13	Wed	6:15-7:15pm	\$85.25/6 sess	16yrs+	00490750
May 20-Jun 24	Wed	6:15-7:15pm	\$85.25/6 sess	16yrs+	00490751

### TRX® PLUS - ADULTS

Apr 10-May 15	Fri	11:30am-12:30pm	\$85.25/6 sess	16yrs+	00490756
Apr 13-May 11	Mon	1:00-2:00pm	\$71.05/5 sess	16yrs+	00489936
May 22-Jun 26	Fri	11:30am-12:30pm	\$85.25/6 sess	16yrs+	00490757
May 25-Jun 22	Mon	1:00-2:00pm	\$71.05/5 sess	16yrs+	00489938

### WOMEN ON WEIGHTS - ADULTS

Apr 12-May 10	Sun	9:30-10:30am	\$71.05/5 sess	16yrs+	00490767
Apr 12-May 10	Sun	10:30-11:30am	\$71.05/5 sess	16yrs+	00490771
May 24-Jun 21	Sun	9:30-10:30am	\$71.05/5 sess	16yrs+	00490769
May 24-Jun 21	Sun	10:30-11:30am	\$71.05/5 sess	16yrs+	00490772

### CYCLE AND STRENGTH - ADULTS

Apr 13-Jun 15	Mon	9:00-10:00am	\$80.35/9 sess	16yrs+	00489735
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### CYCLE AND STRETCH - ADULTS

Apr 8-Jun 10	Wed	9:30-10:30am	\$89.30/10 sess	16yrs+	00489857
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### CYCLE H.I.I.T. BOOT CAMP - ADULTS

Apr 11-Jun 20	Sat	8:15-9:15am	\$89.30/10 sess	16yrs+	00489890
Apr 11-Jun 20	Sat	9:30-10:30am	\$89.30/10 sess	16yrs+	00489891

### BRAZILIAN FIT DANCING - ALL LEVELS - ADULTS

Apr 7-May 12	Tue	6:30-7:30pm	\$53.60/6 sess	16yrs+	00489943
May 19-Jun 23	Tue	6:30-7:30pm	\$53.60/6 sess	16yrs+	00489945

### ZUMBA® - ADULTS

Apr 8-Jun 3	Wed	7:15-8:15pm	\$80.35/9 sess	16yrs+	00489880
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### ZUMBA® - TONING - ADULTS

Apr 9-Jun 11	Thu	7:15-8:15pm	\$89.30/10 sess	16yrs+	00489887
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### GENTLE YOGA - ADULTS

Apr 9-Jun 11	Thu	5:15-6:15pm	\$101.10/10 sess	16yrs+	00489886
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### IYENGAR® YOGA - LEVEL 1 - ADULTS

Apr 7-May 12	Tue	9:15-10:45am	\$90.95/6 sess	16yrs+	00489789
May 19-Jun 23	Tue	9:15-10:45am	\$90.95/6 sess	16yrs+	00489794

### IYENGAR® YOGA - LEVEL 2 - ADULTS

Apr 8-May 13	Wed	6:30-8:00pm	\$90.95/6 sess	16yrs+	00489883
May 20-Jun 24	Wed	6:30-8:00pm	\$90.95/6 sess	16yrs+	00489884

## FITNESS

### PILATES - ALL LEVELS - ADULTS

Apr 9-Jun 11	Thu	6:15-7:15pm	\$101.10/10 sess	16yrs+	00490781
Apr 10-Jun 5	Fri	7:30-8:30pm	\$91.00/9 sess	16yrs+	00490764
Apr 12-Jun 14	Sun	10:15-11:15am	\$91.00/9 sess	16yrs+	00489904

### PILATES AND YOGA FUSION - ADULTS

Apr 10-Jun 5	Fri	6:15-7:15pm	\$91.00/9 sess	16yrs+	00490763
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### STRENGTH AND FLEX YOGA - ADULTS

Apr 21-Jun 16	Tue	5:30-6:45pm	\$113.75/9 sess	16yrs+	00489853
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## GENERAL INTEREST

### FLORAL ARRANGING BASICS - BEGINNER - ADULTS

Apr 11-Apr 25	Sat	4:00-5:30pm	\$40.75/3 sess	18yrs+	00486946
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### FLORAL ARRANGING BASICS - INTERMEDIATE - ADULTS

May 23-Jun 6	Sat	4:00-5:30pm	\$40.75/3 sess	18yrs+	00486948
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### FLORAL ARRANGING BASICS - MOTHER'S DAY BOUQUET - ADULTS

May 9	Sat	4:00-5:30pm	\$13.60/1 sess	18yrs+	00485990
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### IKEBANA FLOWER ARRANGING WORKSHOP - BEGINNER - ADULTS

May 2	Sat	4:30-6:00pm	\$30.00/1 sess	18yrs+	00486492
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## RACQUET SPORTS

### PICKLEBALL - BEGINNER - ADULTS

Apr 11-Jun 20	Sat	8:45-10:15am	\$91.15/9 sess	18yrs+	00490189
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### PICKLEBALL - ADULTS

Apr 13-Jun 22	Mon	12:15-2:30pm	\$67.50/10 sess	18yrs+	00490787
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## SPORTS

### BASKETBALL - ADULTS

Mar 30-Jun 29	Mon	8:15-9:45pm	\$81.00/12 sess	18yrs+	00490101
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### VOLLEYBALL - ADULTS

Apr 1-Jun 24	Wed	7:15-9:45pm	\$87.75/13 sess	18yrs+	00490127
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*\*Pieces made from the Floral Arranging Basics – Beginner class.*



# SENIORS (55+ YEARS)

## ARTS - DANCE

### BALLET - FUNDAMENTALS - 55+

Apr 14-Jun 16	Tue	12:30-1:45pm	\$84.10/10 sess	55yrs+	00488852
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### BALLROOM DANCING - ULTIMATE - SAMBA- 55+

May 29-Jun 26	Fri	5:00-6:30pm	\$75.00/5 sess	55yrs+	00492053
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### BALLROOM DANCING - ULTIMATE - WALTZ - 55+

Apr 17-May 22	Fri	5:00-6:30pm	\$90.00/6 sess	55yrs+	00492047
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### LINE DANCING - BEGINNER - 55+

Apr 15-Jun 10	Wed	3:45-4:45pm	\$60.50/9 sess	55yrs+	00489356
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### LINE DANCING - BEGINNER - IMPROVER - 55+

Apr 15-Jun 10	Wed	2:30-3:30pm	\$60.50/9 sess	55yrs+	00489354
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### FLAMENCO DANCING - BEGINNER - 55+

Apr 18-May 23	Sat	7:00-8:00pm	\$40.30/6 sess	55yrs+	00488439
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## ARTS - MUSIC

### TAIKO DRUMMING - BEGINNER - 55+

Apr 20-Jun 15	Mon	7:30-8:30pm	\$53.75/8 sess	55yrs+	00488850
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### TAIKO DRUMMING - ADVANCED - 55+

Apr 20-Jun 15	Mon	5:30-6:30pm	\$53.75/8 sess	55yrs+	00488846
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### TAIKO DRUMMING - INTERMEDIATE - 55+

Apr 20-Jun 15	Mon	6:30-7:30pm	\$53.75/8 sess	55yrs+	00488848
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### UKULELE - KEEP GOING - 55+

Apr 13-Jun 15	Mon	11:00am-12:30pm	\$90.70/9 sess	55yrs+	00491497
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## COMPUTERS, TECHNOLOGY AND SOCIAL MEDIA

### DIGITAL LITERACY - 55+

Apr 13-May 25	Mon	3:30-5:00pm	Free/6 sess	55yrs+	00491489
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### DIGITAL LITERACY - CANTONESE AND MANDARIN - 55+

Apr 12-Jun 7	Sun	3:00-4:30pm	Free/8 sess	55yrs+	00491488
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## COOKING

### BAKE THE WORLD A BETTER PLACE WORKSHOP - SOUR CREAM TART - 55+

Apr 17	Fri	5:30-7:00pm	\$24.55/1 sess	55yrs+	00489098
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### BAKE THE WORLD A BETTER PLACE WORKSHOP - VENETIAN TIRAMISU - 55+

May 15	Fri	5:30-7:00pm	\$24.55/1 sess	55yrs+	00489099
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### BAKE THE WORLD A BETTER PLACE WORKSHOP - VANILLA CREAM PUFF - 55+

Jun 19	Fri	5:30-7:00pm	\$24.55/1 sess	55yrs+	00489104
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### COOKING SERIES - MEDITERRANEAN WORKSHOP - GREECE - 55+

Apr 14	Tue	5:30-7:00pm	\$24.55/1 sess	55yrs+	00488767
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### COOKING SERIES - MEDITERRANEAN WORKSHOP - ITALY - 55+

Apr 21	Tue	5:30-7:00pm	\$24.55/1 sess	55yrs+	00489125
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### COOKING SERIES - MEDITERRANEAN WORKSHOP - SPAIN - 55+

Apr 28	Tue	5:30-7:00pm	\$24.55/1 sess	55yrs+	00489126
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### COOKING SERIES - MEDITERRANEAN WORKSHOP - CROATIA - 55+

May 19	Tue	5:30-7:00pm	\$24.55/1 sess	55yrs+	00489127
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### HEALTHY WORLD COOKING - INDIGENOUS CUISINE - 55+

Jun 9	Tue	5:00-6:30pm	\$24.55/1 sess	55yrs+	00490971
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## EVENTS AND SEASONAL PROGRAMS

### QUEEN ELIZABETH PARK AND DOSA FACTORY LUNCH TRIP - 55+

Jun 22	Mon	11:00am-3:15pm	\$25.00/1 sess	55yrs+	00490017
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## FITNESS

### BETTER BACKS AND BALANCE - BEGINNER - 55+

Apr 1-Jun 10	Wed	10:30-11:30am	\$68.75/11 sess	55yrs+	00489864
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Apr 13-Jun 22	Mon	12:00-1:00pm	\$62.50/10 sess	55yrs+	00489748
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### STAY STRONG - 55+

Apr 14-Jun 16	Tue	2:00-3:00pm	\$62.50/10 sess	55yrs+	00489849
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### ACTIVE AND FIT - 55+

Apr 2-Jun 18	Thu	11:00am-12:00pm	\$70.00/10 sess	55yrs+	00489885
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Apr 14-Jun 9	Tue	11:00am-12:00pm	\$63.00/9 sess	55yrs+	00489802
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### M.I.I.T. (MODERATE INTENSITY INTERVAL TRAINING) - 55+

Apr 13-Jun 22	Mon	10:30-11:30am	\$70.00/10 sess	55yrs+	00489741
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### WOMEN ON WEIGHTS - 55+

Apr 14-May 5	Tue	12:30-1:30pm	\$44.55/4 sess	55yrs+	00490747
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May 12-Jun 9	Tue	12:30-1:30pm	\$55.70/5 sess	55yrs+	00490748
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### MINDS IN MOTION - 55+

Apr 2-May 7	Thu	1:30-3:00pm	\$35.80/6 sess	55yrs+	00488677
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May 21-Jun 25	Thu	1:30-3:00pm	\$35.80/6 sess	55yrs+	00488687
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### CHAIR DANCE AND TONE - 55+

Apr 11-Jun 13	Sat	11:00-12:00pm	\$63.00/9 sess	55yrs+	00489892
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### ZUMBA® - GOLD - ALL LEVELS - 55+

Apr 8-Jun 10	Wed	10:45-11:45am	\$70.00/10 sess	55yrs+	00489873
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Apr 10-Jun 12	Fri	10:30-11:30am	\$70.00/10 sess	55yrs+	00489889
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## HEALTH AND WELLNESS

### MEDITATION MADE EASY - 55+

Apr 15-Jun 3	Wed	1:15-2:15pm	\$46.70/8 sess	55yrs+	00491832
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### CHRONIC CONDITION SELF-MANAGEMENT PROGRAM (CANTONESE) - 55+

Apr 2-May 7	Thu	9:30am-12:00pm	Free/6 sess	55yrs+	00491495
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### HOLISTIC HEALTH SERIES - DIGESTIVE HEALTH WORKSHOP - 55+

May 25	Mon	1:00-2:30pm	Free/1 sess	55yrs+	00490737
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### THRIVING AND SURVIVING CANCER SELF-MANAGEMENT PROGRAM - 55+

Apr 15-May 20	Wed	10:00am-12:30pm	Free/6 sess	55yrs+	00488859
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## LUNCHEONS AND DINNERS

### SPRING FLING LUNCHEON IN THE PARK FEATURING THE CAMILLI QUARTET - 55+

Jun 9	Tue	12:00-1:30pm	\$17.00/1 sess	55yrs+	00491247
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## MARTIAL ARTS

### QIGONG - DAO YING 12 SET - 55+

Apr 2-Jun 18	Thu	12:15-1:15pm	\$74.05/11 sess	55yrs+	00491256
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### WING CHUN - BEGINNER - 55+

Apr 6-Jun 15	Mon	5:45-6:45pm	\$67.30/10 sess	55yrs+	00491425
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### TAI CHI - 48 FORM YANG STYLE - 55+

Apr 2-Jun 18	Thu	2:15-3:15pm	\$74.05/11 sess	55yrs+	00491276
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### TAI CHI - FAN - BEGINNER - 55+

Apr 2-Jun 18	Thu	1:15-2:15pm	\$74.05/11 sess	55yrs+	00491477
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## OUT TRIPS AND TOURS

### ABBOTSFORD TULIP FESTIVAL TRIP - 55+

Apr 17	Fri	10:00am-4:00pm	\$42.00/1 sess	55yrs+	00483046
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### BELCARRA BAY PICNIC AND SHOPPING AT COQUITLAM CENTRE TRIP - 55+

May 15	Fri	9:45am-5:45pm	\$22.00/1 sess	55yrs+	00491237
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### QUEEN ELIZABETH THEATRE - MAMMA MIA MUSICAL TRIP - 55+

May 26	Tue	5:00am-10:45pm	\$147.00/1 sess	55yrs+	00488124
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### MUSEUM OF ANTHROPOLOGY TRIP - 55+

Jun 16	Tue	11:00am-3:30pm	\$39.00/1 sess	55yrs+	00491458
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## RACQUET SPORTS

### PICKLEBALL - BEGINNER - 55+

Apr 7-May 12	Tue	8:00-9:30am	\$60.75/6 sess	55yrs+	00488786
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Apr 7-May 12	Tue	5:30-7:00pm	\$60.75/6 sess	55yrs+	00488818
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May 19-Jun 23	Tue	8:00-9:30am	\$60.75/6 sess	55yrs+	00488841
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May 19-Jun 23	Tue	5:30-7:00pm	\$60.75/6 sess	55yrs+	00488844
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### PICKLEBALL - ADVANCED - 55+

Apr 7-May 12	Tue	11:30-1:00pm	\$60.75/6 sess	55yrs+	00488796
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May 19-Jun 23	Tue	11:30-1:00pm	\$60.75/6 sess	55yrs+	00488843
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### PICKLEBALL - INTERMEDIATE - 55+

Apr 7-May 12	Tue	9:45-11:15am	\$60.75/6 sess	55yrs+	00488787
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Apr 7-May 12	Tue	7:15-8:45pm	\$60.75/6 sess	55yrs+	00488811
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May 19-Jun 23	Tue	9:45-11:15am	\$60.75/6 sess	55yrs+	00488842
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May 19-Jun 23	Tue	7:15-8:45pm	\$60.75/6 sess	55yrs+	00488845
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# **REFUND POLICY**

## **Seasonal Programs Unless otherwise specified:**

- If notice is given prior to the beginning of the third session of the program, a refund, less sessions taken, will be provided.
- If notice is given after the beginning of the third session, no refund will be provided.

## **Private/Semi-Private Lessons (Music, Aquatics and Skating), Aquatic Leadership Courses:**

- If notice is given 72 hours prior to the start of the program, a full refund will be provided.
- If notice is given less than 72 hours prior to the start of the program, no refund will be provided.

## **Short Programs (1 week or less), Camps, Out Trips and Workshops Unless otherwise specified:**

- If less than one week's notice is given, 50% of the fee will be provided.
- If notice is given on or after the start date of the program, no refund will be provided.
- Transfers will be allowed with 72 hours notice prior to the start date of the program.

## **Pre-registered Single Fitness Sessions:**

- If notice is given prior to the start of the session, a full refund will be provided.
- Visit [richmond.ca/register](http://richmond.ca/register) for how to cancel a session or contact the facility directly.

# CHILDREN'S BIRTHDAY PARTIES

Information: [richmond.ca/BirthdayParties](http://richmond.ca/BirthdayParties)

**SATURDAYS**  
11:00AM-1:00PM  
3:00-5:00PM

**SUNDAYS**  
11:00AM-1:00PM  
3:00-5:00PM

Register online at [richmond.ca/register](http://richmond.ca/register) or by phone at 604-276-4300 or in-person during facility hours.

