

# SEASONAL PROGRAMS SPRING 2023



## STEVESTON COMMUNITY CENTRE

4111 Moncton Street  
Richmond, BC  
V7E 3A8  
604-238-8080



## STEVESTON COMMUNITY CENTRE

**Address:** 4111 Moncton Street, Richmond, BC V7E 3A8  
**Phone:** 604-238-8080  
**Hours:** *Holiday hours subject to change*  
Monday - Friday 6:00am - 9:30pm  
Saturday & Sunday 8:00am - 6:00pm  
**Email:** [stevestoncc@richmond.ca](mailto:stevestoncc@richmond.ca)  
**Website:** [www.richmond.ca/steveston](http://www.richmond.ca/steveston)  
[www.stevestoncommunitysociety.com](http://www.stevestoncommunitysociety.com)  
**Facebook:** [facebook.com/StevestonCommunityCentre](https://facebook.com/StevestonCommunityCentre)  
**Instagram:** @StevestonCC

## FACILITY STAFF

<b>Acting Area Coordinator:</b>	<b>Alex Homeniuk</b> <a href="mailto:ahomeniuk@richmond.ca">ahomeniuk@richmond.ca</a>
<b>Acting Community Facilities Coordinator:</b>	<b>Isabel Wong</b> <a href="mailto:iwong2@richmond.ca">iwong2@richmond.ca</a>
<b>Recreation Leader:</b>	<b>Darren Asuncion</b> <a href="mailto:dasuncion@richmond.ca">dasuncion@richmond.ca</a>
<b>Acting Recreation Facility Clerk:</b>	<b>Debbie Misslinger</b> <a href="mailto:dmisslinger@richmond.ca">dmisslinger@richmond.ca</a>
<b>Fitness Coordinator:</b>	<b>Jeannie Mansell</b> <a href="mailto:jmansell@richmond.ca">jmansell@richmond.ca</a>
<b>Preschool Coordinator:</b>	<b>Catherine Nevada</b> <a href="mailto:cnevada@richmond.ca">cnevada@richmond.ca</a>
<b>Racquet Sports Coordinator:</b>	<b>Stephen Thom</b> <a href="mailto:sthom@richmond.ca">sthom@richmond.ca</a>
<b>Seniors Coordinator:</b>	<b>Liliene Yee</b> <a href="mailto:lyee2@richmond.ca">lyee2@richmond.ca</a>
<b>Special Events &amp; Volunteer Coordinator:</b>	<b>Madhav Chhibbar</b> <a href="mailto:mchhibbar@richmond.ca">mchhibbar@richmond.ca</a>
<b>Youth Development Coordinator</b>	<b>Michael Patrick</b> <a href="mailto:mpatrick@richmond.ca">mpatrick@richmond.ca</a>

## HOW TO REGISTER

- ONLINE** Visit [www.richmond.ca/register](http://www.richmond.ca/register)  
Log on any time to self register.
- PHONE** Contact the Registration Call Centre at:  
**604-276-4300**  
Monday—Friday, 8:30am—5:00pm.
- IN PERSON** Visit any parks, recreation or cultural facility.

## CANCELLATION POLICY

To receive a refund, withdraw or transfer from a program or class, customers are to phone any one of our Community Services facilities or the Registration Call Centre.

### SEASONAL CLASSES

Unless otherwise specified,

- If notice is given prior to the beginning of the third session of the class, a refund, less classes taken, will be provided.
- If notice is given after the beginning of the third session, no refund will be given.

### PRIVATE/SEMI-PRIVATE LESSONS (MUSIC - PIANO/GUITAR/UKULELE)

- If notice is given 72 hours prior to the start of the course, a full refund will be provided.
- If notice is given less than 72 hours prior to the start of the course, no refund will be given.

### SHORT PROGRAMS (1 WEEK OR LESS), CAMPS, WORKSHOPS, OUT TRIPS AND SPECIAL EVENTS

Unless otherwise specified,

- If less than one week's notice is given, 50% of the fee will be refunded.
- If notice is given on or after the start date of the program, no refund will be given.
- Transfers will be allowed with 72 hours notice prior to the start date of the program.

*Note: some courses and activities may have a no-refund policy for items such as art supplies or special guests.*

## WHY GREAT COURSES GET CANCELLED

Great courses can be cancelled if everyone leaves it to the last minute to register. Programming staff have to ensure minimum participation levels are met for each course. If there are not enough registrations the course may be cancelled. **Please register early** to assist us and avoid disappointment.

## Spring 2023 - Seasonal Programs

Preschool (0-5 years)

### ARTS - DANCE

#### HIP HOP - FOUNDATIONS - PRESCHOOLERS

Apr 13 - Jun 15	Th	3:30 - 4:30pm	\$81.10/10 sess	4-5 yrs	#217745
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### ARTS - MUSIC

#### MUSIC - PARENT & TOT

Mar 31 - Jun 16	F	9:15 - 9:45 am	\$40.55/10 sess	1-5yrs	#211797
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Mar 31 - Jun 16	F	9:50 - 10:20am	\$40.55/10 sess	1-5 yrs	#211798
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Mar 31 - Jun 16	F	10:25 - 10:55am	\$40.55/10 sess	1-5 yrs	#211799
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Mar 31 - Jun 16	F	11:00 - 11:30am	\$40.55/10 sess	1-5 yrs	#211800
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Mar 31 - Jun 16	F	11:35am - 12:05pm	\$40.55/10 sess	1-5 yrs	#211801
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Apr 1- Jun 17	Sa	9:15 - 9:45am	\$40.55/10 sess	1-5 yrs	#211802
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Apr 1- Jun 17	Sa	9:50 - 10:20am	\$40.55/10 sess	1-5 yrs	#211803
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Apr 1- Jun 17	Sa	10:25 - 10:55am	\$40.55/10 sess	1-5 yrs	#211804
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Apr 1- Jun 17	Sa	11:00 - 11:30am	\$40.55/10 sess	1-5 yrs	#211805
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Apr 1- Jun 17	Sa	11:35am - 12:05pm	\$40.55/10 sess	1-5 yrs	#211807
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### ARTS - VISUAL

#### CLAY HANDBUILDING - PRESCHOOLERS

Apr 4 - Jun 6	Tu	3:30 - 4:30pm	\$81.10/10 sess	3-5 yrs	#211345
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Spring 2023 - Seasonal Programs  
Preschool (0-5 years)

Spring 2023 - Seasonal Programs  
Children (6-12 years)

**EVENTS**

**EASTER EGGSTRAVAGANZA - CHILDREN**

Apr 8 Sa 9:30 - 11:30am \$10.75/1 sess 0-10 yrs #217384

**FITNESS**

**YOGA PLAYTIME - PARENT AND TOT - PRESCHOOLERS**

Apr 4 - Jun 6 Tu 10:00 - 10:45am \$60.85/10 sess 1-3 yrs #211808

Apr 4 - Jun 6 Tu 11:00 - 11:45am \$60.85/10 sess 3-5 yrs #211809

Apr 14 - Jun 23 F 11:30am - 12:15pm \$54.75/9 sess 1-3 yrs #216659

Apr 14 - Jun 23 F 12:30 - 1:15pm \$54.75/9 sess 3-5 yrs #216756

**SPORTS**

**MULTISPORT - PRESCHOOLERS**

Apr 2 - May 14 Su 9:30 - 10:15am \$27.20/6 sess 3-5 yrs #218595

Apr 2 - May 14 Su 10:30 - 11:15am \$27.20/6 sess 3-5 yrs #218597

Apr 4 - May 9 Tu 2:30 - 3:15pm \$27.20/6 sess 3-5 yrs #218599

May 16 - Jun 20 Tu 2:30 - 3:15pm \$27.20/6 sess 3-5 yrs #218600

May 28 - Jun 25 Su 9:30 - 10:15am \$22.65/5 sess 3-5 yrs #218596

May 28 - Jun 25 Su 10:30 - 11:15am \$22.65/5 sess 3-5 yrs #218598

**SPORTBALL® - MULTISPORT - PARENT AND TOT - PRESCHOOLERS**

Apr 12 - Jun 14 W 11:45am - 12:30pm \$156.00/10 sess 2-3 yrs #214522

Apr 15 - Jun 24 Sa 9:30 - 10:15am \$156.00/10 sess 2-3 yrs #214120

**SPORTBALL® - MULTISPORT - PRESCHOOLERS**

Apr 12 - Jun 14 W 12:30 - 1:30pm \$156.00/10 sess 3-5 yrs #214523

Apr 15 - Jun 24 Sa 10:15 - 11:15am \$156.00/10 sess 3-5 yrs #214303

**SPORTBALL® - SOCCER - PRESCHOOLERS**

Apr 15 - Jun 24 Sa 1:00 - 2:00pm \$156.00/10 sess 3-5 yrs #214313

**SPOTS AVAILABLE IN OUR 2022/2023 PRESCHOOL SCHOOL YEAR**

Time for Twos - Children born in 2020  
Licensed Preschool - Children born in 2018/2019

*Inquire at Front Desk or call 604-238-8080 for more details!*

**ARTS - DANCE**

**HIP HOP - CHILDREN**

Apr 13 - Jun 15 Th 4:45 - 5:45pm \$81.10/10 sess 6-8 yrs #217632

Apr 14 - Jun 16 F 5:00 - 6:00pm \$81.10/10 sess 6-8 yrs #211367

**HIP HOP - PRETEENS**

Apr 13 - Jun 15 Th 6:00 - 7:00pm \$81.10/10 sess 9-12 yrs #217628

Apr 14 - Jun 16 F 6:00 - 7:00pm \$81.10/10 sess 9-12 yrs #211379

**ARTS - MUSIC**

**MUSICAL EXPRESSIONS® - GUITAR OR UKULELE PRIVATE LESSONS - ALL AGES**

Mar 28 - Jun 27 T 4:00 - 4:30pm \$420.00/14 sess 5+ yrs #212524

Mar 28 - Jun 27 T 4:30 - 5:00pm \$420.00/14 sess 5+ yrs #212526

Mar 28 - Jun 27 T 5:00 - 5:30pm \$420.00/14 sess 5+ yrs #212532

Mar 28 - Jun 27 T 5:30 - 6:00pm \$420.00/14 sess 5+ yrs #212538

Mar 28 - Jun 27 T 6:00 - 6:30pm \$420.00/14 sess 5+ yrs #212535

Mar 28 - Jun 27 T 6:30 - 7:00pm \$420.00/14 sess 5+ yrs #212541

**MUSICAL EXPRESSIONS® - GUITAR OR UKULELE SEMI-PRIVATE LESSONS - ALL AGES**

Mar 28 - Jun 27 T 7:00 - 7:45pm \$441.00/14 sess 5+ yrs #214805

**MUSICAL EXPRESSIONS® - PIANO PRIVATE LESSONS - ALL AGES**

Apr 1 - Jun 24 Sa 10:00 - 10:30am \$330.00/11 sess 5+ yrs #212515

Apr 1 - Jun 24 Sa 10:30 - 11:00am \$330.00/11 sess 5+ yrs #212542

Apr 1 - Jun 24 Sa 11:00 - 11:30am \$330.00/11 sess 5+ yrs #212544

Apr 1 - Jun 24 Sa 11:30am - 12:00pm \$330.00/11 sess 5+ yrs #212546

Apr 1 - Jun 24 Sa 12:00 - 12:30pm \$330.00/11 sess 5+ yrs #212547

Apr 1 - Jun 24 Sa 12:30 - 1:00pm \$330.00/11 sess 5+ yrs #212549

Apr 1 - Jun 24 Sa 1:00 - 1:30pm \$330.00/11 sess 5+ yrs #212550

Apr 1 - Jun 24 Sa 1:30 - 2:00pm \$330.00/11 sess 5+ yrs #212561

Apr 3 - Jun 26 M 3:30 - 4:00pm \$330.00/11 sess 5+ yrs #212517

Apr 3 - Jun 26 M 4:00 - 4:30pm \$330.00/11 sess 5+ yrs #212587

Apr 3 - Jun 26 M 4:30 - 5:00pm \$330.00/11 sess 5+ yrs #212591

Apr 3 - Jun 26 M 5:00 - 5:30pm \$330.00/11 sess 5+ yrs #212595

Spring 2023 - Seasonal Programs  
Children (6-12 years)

**ARTS - MUSIC**

**MUSICAL EXPRESSIONS® - PIANO PRIVATE LESSONS - ALL AGES**

Apr 3 - Jun 26	M	5:30 - 6:00pm	\$330.00/11 sess	5+ yrs	#212599
Apr 3 - Jun 26	M	6:00 - 6:30pm	\$330.00/11 sess	5+ yrs	#212602
Apr 3 - Jun 26	M	6:30 - 7:00pm	\$330.00/11 sess	5+ yrs	#212605
Apr 3 - Jun 26	M	7:00 - 7:30pm	\$330.00/11 sess	5+ yrs	#212609
Apr 5 - Jun 21	W	3:30 - 4:00pm	\$360.00/12 sess	5+ yrs	#212516
Apr 5 - Jun 21	W	4:00 - 4:30pm	\$360.00/12 sess	5+ yrs	#212622
Apr 5 - Jun 21	W	4:30 - 5:00pm	\$360.00/12 sess	5+ yrs	#212635
Apr 5 - Jun 21	W	5:00 - 5:30pm	\$360.00/12 sess	5+ yrs	#212638
Apr 5 - Jun 21	W	5:30 - 6:00pm	\$360.00/12 sess	5+ yrs	#212639
Apr 5 - Jun 21	W	6:00 - 6:30pm	\$360.00/12 sess	5+ yrs	#212648
Apr 5 - Jun 21	W	6:30 - 7:00pm	\$360.00/12 sess	5+ yrs	#212649
Apr 5 - Jun 21	W	7:00 - 7:30pm	\$360.00/12 sess	5+ yrs	#212650

**SONGWRITING - PRETEENS**

Apr 1 - May 6	Sa	2:30 - 3:30pm	\$40.55/5 sess	9-12 yrs	#218481
May 27 - Jun 24	Sa	2:30 - 3:30pm	\$40.55/5 sess	9-12 yrs	#218482

**ARTS - VISUAL**

**ACRYLIC PAINTING - PRETEENS**

Apr 17 - Jun 12	M	4:45 - 5:45pm	\$64.90/8 sess	9-12 yrs	#215331
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**CARTOONING ANIMALS - CHILDREN**

Apr 4 - May 9	Tu	3:30 - 4:30pm	\$48.65/6 sess	6-9 yrs	#211538
May 16 - Jun 20	Tu	3:30 - 4:30pm	\$48.65/6 sess	6-9 yrs	#211590

**CLAY HANDBUILDING - CHILDREN**

Apr 4 - Jun 6	Tu	4:45 - 5:45pm	\$81.10/10 sess	6-8 yrs	#211337
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**COMIC MAKING - PRETEENS**

Apr 4 - May 9	Tu	4:45 - 5:45pm	\$48.65/6 sess	9-12 yrs	#211544
May 16 - Jun 20	Tu	4:45 - 5:45pm	\$48.65/6 sess	9-12 yrs	#211592

**DRAWING & SKETCHING - CHILDREN**

Apr 6 - Jun 8	Th	3:30 - 4:30pm	\$81.10/10 sess	6-8 yrs	#211306
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Spring 2023 - Seasonal Programs  
Children (6-12 years)

**ARTS - VISUAL**

**DRAWING & SKETCHING - PRETEENS**

Apr 6 - Jun 8	Th	4:45 - 5:45pm	\$81.10/10 sess	9-12 yrs	#211308
Apr 6 - Jun 8	Th	6:00 - 7:00pm	\$81.10/10 sess	9-12 yrs	#214904
Apr 17 - Jun 12	M	3:30 - 4:30pm	\$64.90 / 8 sess	9-12 yrs	#215330

**KNITTING - BEGINNER AND BEYOND - CHILDREN**

Apr 6 - Jun 8	Th	4:00 - 5:00pm	\$81.10/10 sess	8-12 yrs	#211287
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**ORIGAMI - EASTER THEME - CHILDREN**

Apr 9	Su	1:00 - 2:00pm	\$8.10/1 sess	8-11 yrs	#219078
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**ORIGAMI - MOTHER'S DAY THEME - PARENT AND CHILD - CHILDREN**

May 14	Su	1:00 - 2:00pm	\$8.10/1 sess	8-11 yrs	#219092
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**ORIGAMI - FATHER'S DAY THEME - PARENT AND CHILD - CHILDREN**

Jun 18	Su	1:00 - 2:00pm	\$8.10/1 sess	8-11 yrs	#219119
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**COOKING**

**COOKING BASICS - PRETEENS**

Mar 27 - May 1	M	4:00 - 5:00pm	\$72.10/5 sess	9-12 yrs	#215342
May 8 - Jun 12	M	4:00 - 5:00pm	\$72.10/5 sess	9-12 yrs	#215343

**EVENTS**

**EASTER EGGSTRAVAGANZA - CHILDREN**

Apr 8	Sa	9:30 - 11:30am	\$10.75/1 sess	0-10 yrs	#217384
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**GENERAL INTEREST**

**BABYSITTING BASICS - PRETEENS**

Apr 16	Su	8:30am - 4:30pm	\$65.10/1 sess	11-16 yrs	#216679
Jun 4	Su	8:30am - 4:30pm	\$65.10/1 sess	11-16 yrs	#216683

**PRETEEN HANGOUT - PRETEENS**

Apr 14 - May 12	F	3:00 - 4:30pm	\$14.50/5 sess	9-12 yrs	#220818
May 26 - Jun 23	F	3:00 - 4:30pm	\$14.50/5 sess	9-12 yrs	#220819

## GENERAL INTEREST

### STAY SAFE - PRETEENS

Apr 2	Su	10:30am - 2:30pm	\$54.60 / 1 sess	9-12 yrs	#216671
May 14	Su	10:30am - 2:30pm	\$54.60 / 1 sess	9-12 yrs	#216675
Jun 18	Su	10:30am - 2:30pm	\$54.60 / 1 sess	9-12 yrs	#216676

## LANGUAGES

### KOREAN FUN FOR KIDS - BEGINNER - CHILDREN

Apr 12 - Jun 14	W	3:30 - 5:00pm	\$121.65/10 sess	6-12 yrs	#210645
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### KOREAN FUN FOR KIDS - INTERMEDIATE - CHILDREN

Apr 12 - Jun 14	W	5:15 - 6:45pm	\$121.65/10 sess	6-12 yrs	#211407
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## MARTIAL ARTS

### SPORT ART - TAEKWONDO - BEGINNER - CHILDREN

Apr 15 - Jun 24	Sa	9:30 - 10:30am	\$80.00/10 sess	6-17 yrs	#211606
Apr 15 - Jun 24	Sa	10:30 - 11:30am	\$80.00/10 sess	6-17 yrs	#211607



Please see our other brochures for more information regarding other programs we offer including Racquets, Preschool, and Seniors programs.

## SPORTS

### BASKETBALL - CHILDREN

Apr 4 - May 9	Tu	4:45 - 5:45pm	\$36.25/6 sess	6-8 yrs	#218611
May 16 - Jun 20	Tu	4:45 - 5:45pm	\$36.25/6 sess	6-8 yrs	#218612

### BASKETBALL - FOR GIRLS - CHILDREN

Apr 2 - May 14	Su	12:45 - 1:45pm	\$36.25/6 sess	6-8 yrs	#218601
May 28 - Jun 25	Su	12:45 - 1:45pm	\$30.20/5 sess	6-8 yrs	#218602

### BASKETBALL - PRETEENS

Apr 1 - Apr 29	Sa	9:30 - 10:30am	\$24.15/4 sess	9-12 yrs	#215323
Apr 1 - Apr 29	Sa	10:30 - 11:30am	\$24.15/4 sess	9-12 yrs	#215324
May 6 - Jun 17	Sa	9:30 - 10:30am	\$36.25/6 sess	9-12 yrs	#215325
May 6 - Jun 17	Sa	10:30 - 11:30am	\$36.25/6 sess	9-12 yrs	#215326

### MULTISPORT - CHILDREN

Apr 4 - May 9	Tu	3:30 - 4:30pm	\$36.25/6 sess	6-8 yrs	#218607
May 16 - Jun 20	Tu	3:30 - 4:30pm	\$36.25/6 sess	6-8 yrs	#218609

### SOCCER - CHILDREN

Apr 2 - May 14	Su	11:30am - 12:30pm	\$36.25/6 sess	6-8 yrs	#218603
May 28 - Jun 25	Su	11:30am - 12:30pm	\$30.20/5 sess	6-8 yrs	#218604

### SPORTBALL® - MULTISPORT - CHILDREN

Apr 15 - Jun 24	Sa	11:15am - 12:15pm	\$156.00/10 sess	5-7 yrs	#214307
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### SPORTBALL® - SOCCER - CHILDREN

Apr 15 - Jun 24	Sa	2:00 - 3:00pm	\$156.00/10 sess	6-8 yrs	#214311
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### VOLLEYBALL - BEGINNER - FOR GIRLS - PRETEENS

Mar 29 - May 3	W	4:00 - 5:00pm	\$36.25/6 sess	9-12 yrs	#215338
May 10 - Jun 21	W	4:00 - 5:00pm	\$42.30/7 sess	9-12 yrs	#215340

### VOLLEYBALL - BEGINNER - PRETEENS

Mar 31 - May 12	F	3:30 - 4:30pm	\$36.25/6 sess	9-12 yrs	#215334
May 26 - Jun 23	F	3:30 - 4:30pm	\$30.20/5 sess	9-12 yrs	#215336

We offer a variety of Open Gym Drop-in Programs including Parent & Tot, Basketball, Youth Open Gym, etc. Please see our Open Gym Schedule at Front Desk for more information.

Spring 2023 - Seasonal Programs  
Youth (13-18 years)

**ARTS - DANCE**

**HIP HOP**

Apr 13 - Jun 15	Th	7:00 - 8:00pm	\$81.10/10 sess	13-18 yrs	#217626
Apr 14 - Jun 16	F	7:00 - 8:00pm	\$81.10/10 sess	13-18 yrs	#211395

**ARTS - MUSIC**

**SONGWRITING - YOUTH**

Apr 1 - May 6	Sa	3:30 - 4:30pm	\$40.55/5 sess	13-18 yrs	#218036
May 27 - Jun 24	Sa	3:30 - 4:30pm	\$40.55/5 sess	13-18 yrs	#218483

**ARTS - VISUAL**

**CARTOONING AND ANIMATION - YOUTH**

Apr 4 - May 9	Tu	6:00 - 7:00pm	\$48.65/6 sess	13-18 yrs	#211571
May 16 - Jun 20	Tu	6:00 - 7:00pm	\$48.65/6 sess	13-18 yrs	#211600

**KNITTING - BEGINNER AND BEYOND - YOUTH**

Apr 6 - Jun 8	Th	5:15 - 6:15pm	\$81.10/10 sess	13-18 yrs	#211294
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**PAINT NIGHT - YOUTH**

Apr 14	F	6:30 - 8:00pm	\$12.15/1 sess	13-18 yrs	#215332
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**COOKING**

**COOKING BASICS - YOUTH**

Mar 27 - May 1	M	5:15 - 6:15pm	\$72.10/5 sess	13-18 yrs	#218484
May 8 - Jun 12	M	5:15 - 6:15pm	\$72.10/5 sess	13-18 yrs	#218485



Spring 2023 - Seasonal Programs  
Youth (13-18 years)

**FITNESS**

**GROUP WEIGHT TRAINING - FOR GIRLS - YOUTH**

Apr 14 - May 5	F	4:00 - 5:00pm	\$47.15 / 4 sess	13-18 yrs	#217168
May 19 - Jun 9	F	4:00 - 5:00pm	\$47.15 / 4 sess	13-18 yrs	#217170

**GROUP WEIGHT TRAINING - YOUTH**

Apr 3 - May 1	M	4:00 - 5:00pm	\$47.15 / 4 sess	13-15 yrs	#217161
May 8 - Jun 5	M	4:00 - 5:00pm	\$47.15 / 4 sess	13-15 yrs	#217165

**GENERAL**

**EMERGENCY FIRST AID, CPR LEVEL C AND AED - YOUTH**

May 7	Su	11:00am - 3:00pm	\$90.00/1 sess	16-24 yrs	#221709
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**SPORTS**

**BASKETBALL SKILLS CLINIC - YOUTH**

Apr 1 - Apr 29	Sa	11:30am - 12:30pm	\$24.15/4 sess	13-18 yrs	#215327
May 6 - Jun 17	Sa	11:30am - 12:30pm	\$36.25/6 sess	13-18 yrs	#215328

**VOLLEYBALL SKILLS - FOR GIRLS - YOUTH**

Mar 29 - May 3	W	5:00 - 6:00pm	\$36.25/6 sess	13-18 yrs	#215339
May 10 - Jun 21	W	5:00 - 6:00pm	\$42.30/7 sess	13-18 yrs	#215341

**VOLLEYBALL SKILLS - YOUTH**

Mar 31 - May 12	F	4:30 - 5:30pm	\$36.25/6 sess	13-18 yrs	#215335
May 26 - Jun 23	F	4:30 - 5:30pm	\$30.20/5 sess	13-18 yrs	#215337



Spring 2023 - Seasonal Programs  
Adults (18+ years)

**ARTS - VISUAL**

**KNITTING - BEGINNER - ADULTS**

Apr 5 - Jun 7 W 7:00 - 8:30pm \$121.65 /10 sess 18+ yrs #211303

**PAINTING - SCENERY - ADULTS**

Apr 6 Th 6:00 - 8:00pm \$16.20 / 1 sess 18+ yrs #218613

Jun 8 Th 6:00 - 8:00pm \$16.20 / 1 sess 18+ yrs #218616

**FITNESS**

**CORE YOGA - ADULTS**

Mar 29 - May 10 W 7:30 - 8:45pm \$76.65/7 sess 16+ yrs #216965

Mar 31 - May 12 F 11:00am - 12:15pm \$65.70/6 sess 16+ yrs #216963

May 17 - Jun 21 W 7:30 - 8:45pm \$65.70/6 sess 16+ yrs #216966

May 19 - Jun 23 F 11:00am - 12:15pm \$65.70/6 sess 16+ yrs #216964

**CYCLE AND STRENGTH - ADULTS**

Mar 27 - May 8 M 6:30 - 7:30pm \$47.70/6 sess 18+ yrs #216955

Mar 29 - May 10 W 6:00 - 7:00pm \$55.65/7 sess 18+ yrs #216951

Mar 30 - May 11 Th 7:15 - 8:15pm \$55.65/7 sess 18+ yrs #216953

May 15 - Jun 19 M 6:30 - 7:30pm \$39.75/5 sess 18+ yrs #216956

May 17 - Jun 21 W 6:00 - 7:00pm \$47.70/6 sess 18+ yrs #216952

May 18 - Jun 22 Th 7:15 - 8:15pm \$47.70/6 sess 18+ yrs #216954

**GROUP WEIGHT TRAINING - BEGINNER - FOR WOMEN - ADULTS**

Apr 14 - May 12 F 6:00 - 7:00pm \$58.95/5 sess 18+ yrs #217129

May 19 - Jun 16 F 6:00 - 7:00pm \$58.95/5 sess 18+ yrs #217131

**GROUP WEIGHT TRAINING - INTERMEDIATE - FOR WOMEN - ADULTS**

Apr 14 - May 12 F 7:15 - 8:15pm \$58.95/5 sess 18+ yrs #217133

May 19 - Jun 16 F 7:15 - 8:15pm \$58.95/5 sess 18+ yrs #217134

**HIGH INTENSITY INTERVAL TRAINING (H.I.I.T.) - ADULTS**

Mar 28 - May 9 Tu 7:45 - 8:45pm \$55.65/7 sess 13+ yrs #216973

May 16 - Jun 20 Tu 7:45 - 8:45pm \$47.70/6 sess 13+ yrs #216974

Taxes added at the time of registration for Adult programs.

Spring 2023 - Seasonal Programs  
Adults (18+ years)

**FITNESS**

**OUTDOOR - NORDIC POLE WALKING AND STRENGTH - ADULTS**

Mar 27 - May 1 M 10:00 - 11:00am \$39.75/5 sess 18+ yrs #217156

Mar 29 - May 3 W 10:00 - 11:00am \$47.70/6 sess 18+ yrs #217153

May 8 - Jun 12 M 10:00 - 11:00am \$39.75/5 sess 18+ yrs #217157

May 10 - Jun 14 W 10:00 - 11:00am \$47.70/6 sess 18+ yrs #217154

**PILATES - ADULTS**

Mar 29 - Apr 26 W 7:15 - 8:15pm \$43.80/5 sess 14+ yrs #217790

May 3 - Jun 14 W 7:15 - 8:15pm \$61.30/7 sess 14+ yrs #217818

May 7 - Jun 18 Su 11:00am - 12:00pm \$61.30/7 sess 14+ yrs #217779

**PILATES YOGA FUSION - ADULTS**

Mar 27 - May 8 M 9:30 - 10:45am \$65.70/6 sess 18+ yrs #216961

May 15 - Jun 19 M 9:30 - 10:45am \$54.75/5 sess 18+ yrs #216962

**SIMPLY STRETCH - ADULTS**

Mar 27 - May 8 M 5:15 - 6:15pm \$47.70 /6 sess 18+ yrs #216971

May 15 - Jun 19 M 5:15 - 6:15pm \$39.75/5 sess 18+ yrs #216972

**SUSPENSION TRAINING WITH TRX® - ADULTS**

Mar 28 - Apr 25 Tu 6:45 - 7:45pm \$58.95/5 sess 16+ yrs #216975

May 2 - May 23 Tu 6:45 - 7:45pm \$47.15/4 sess 16+ yrs #216976

May 30 - Jun 20 Tu 6:45 - 7:45pm \$47.15/4 sess 16+ yrs #216977

**WEIGHT TRAIN SMARTER - ADULTS**

Mar 27 - May 1 M 5:30 - 6:30pm \$58.95/5 sess 14+ yrs #217138

May 8 - Jun 12 M 5:30 - 6:30pm \$58.95/5 sess 14+ yrs #217140



Taxes added at the time of registration for Adult programs.

## FITNESS

### YOGA STRENGTH AND FLEXIBILITY THERAPY - ADULTS

Mar 27 - May 8	M	6:30 - 7:45pm	\$65.70/6 sess	16+ yrs	#216969
Mar 29 - May 10	W	9:30 - 10:45am	\$76.65/7 sess	18+ yrs	#216967
May 15 - Jun 19	M	6:30 - 7:45pm	\$54.75/5 sess	16+ yrs	#216970
May 17 - Jun 21	W	9:30 - 10:45am	\$65.70/6 sess	18+ yrs	#216968

### ZUMBA® - ADULTS

Mar 30 - May 11	Th	9:15 - 10:15am	\$55.65/7 sess	18+ yrs	#216959
Apr 4 - May 9	Tu	6:30 - 7:30pm	\$47.70/6 sess	18+ yrs	#216957
May 18 - Jun 22	Th	9:15 - 10:15am	\$47.70/6 sess	18+ yrs	#216960
May 23 - Jun 20	Tu	6:30 - 7:30pm	\$39.75/5 sess	18+ yrs	#216958

Taxes added at the time of registration for Adult programs.

## VOLUNTEER OPPORTUNITIES

Become a part of Steveston Community Centre's volunteer team and help build our neighbourhood through giving back, sharing your skillset and engaging with the community. We're always looking for motivated individuals, families and groups to help out with community special events, seasonal programs and Board and Committee work.

Many of the programs and events listed in this brochure have volunteer opportunities. To sign up for these opportunities at Steveston, please visit [icanhelp.richmond.ca](http://icanhelp.richmond.ca) and follow the steps below. If you have any questions, you can email Madhav at [mchhibbar@richmond.ca](mailto:mchhibbar@richmond.ca).

## HOW TO CREATE AN ICANHELP ACCOUNT

To create an icanhelp account, please visit [icanhelp.richmond.ca](http://icanhelp.richmond.ca) and follow these steps:

1. Click on "Volunteer as an Individual" and then follow the steps provided to create your volunteer profile.
2. After you have created an account, click on "Search Opportunities" on the upper right on the website.
3. Select "By Facility", and choose "Steveston" under Community Centre.

