The first Metropolitan Health Nurse to work in Richmond when the Metropolitan Health expanded into Burnaby and Richmond. She was a Supervisor and had an assistant by the name of Miss Williams. It was Unit II of the Metropolitan Health Board and they had their office in the old Municipal Hall in Brighouse. This was in the year 1936. She looked after the Brighouse area schools and Miss Williams was in charge of Steveston Schools. It was a generalized health program, but in the Spring of 1936, under the direction of Dr. Boyd, the Medical Health Officer for Unit II started a program where all pupils were given Tuberculosis tests. Miss Upshall liked working the Richmond area where fatners were at home because of a lot of them being farmers. She had just come from Nanaimo which was primarily a mining town and did not have the chance of meeting with both parents.

Immunization was carried out at all the schools as well as Child Health Centres which were located at different places all over Richmond for pre-school children as well.

At this time they tried to introduce pre-natal care which was done on a personal basis in the home.

Her Salary when she commenced work with the Municipality was \$150.00.

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