

Seniors Centre at Minoru Centre for Active Living

Seniors Facility Pass Programs

FALL 2026



VISION

We improve the quality of life for seniors.

MISSION STATEMENT

The Minoru Seniors Society delivers innovative and exceptional programs and services in partnership with the City of Richmond.

FACILITY ADDRESS & HOURS

7191 Granville Avenue

Mon–Fri: 8:00am–9:00pm

Sat/Sun/Stat: 8:00am–5:00pm

BISTRO HOURS

Daily: 10:00am–8:00pm

CAFETERIA HOURS

Mon–Fri: 8:30am–2:00pm

(Hot lunch 11:00am–1:30pm)

Fri: 4:30–6:15pm (dinner and dessert)

All ages welcome. Reservations are recommended.
Walk-ins are limited.

MINORU SENIORS FACILITY PASS

The Minoru Seniors Facility Pass (\$36.00/year) supports the Minoru Seniors Society and is available for individuals 55+ years and spouses less than 55 years old. Complimentary Seniors Facility Passes are available to honour those 90 years and older. Join a welcoming community that supports your lifestyle. Passes are valid

one year from date of purchase. Visit the front desk or call 604-238-8450 for more information.

- Special pricing in the Cafeteria
- Access to 35+ weekly drop-in activities
- Voting privileges at the Annual General Meeting
- Parking Pass (65+ years) \$11.00/calendar year (limited quantities)

*ADDITIONAL FEES \$2.00/DROP-IN

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|---|---------------------------------------|
| • Ballroom Dance | • Minoru Waist Drum |
| • Bright Harmonies | • Model Dance |
| • Cantonese Pop Classics Singing | • Model Walkers |
| • Chinese Calligraphy | • Multicultural Dance |
| • Chinese Drum and Guitar Social | • Reading Social for Chinese Speakers |
| • Classical Chinese Ethnic and Folk Dance | • Seniors Saxophone |
| • Joy Singing and Dancing | • Silver Singers |
| • Korean Style Dance Circle | • Starlight Choir |
| • Mahjong | • Tai Chi Practice |
| • Minoru Community Line Dancers | • Ukulele Circle |
| | • Vinyl Club |
| | • Yuanji Dance |

**ADDITIONAL PASSES EACH/YEAR

- Billiards Pass \$48.00
- Woodworking Pass \$48.00
- Wood Carving Pass \$42.00

SUN	MON	TUE	WED	THU	FRI	SAT
Billiards** 8:00am–4:45pm	Billiards** 8:00am–8:45pm	Billiards** 8:00am–8:45pm	Billiards** 8:00am–8:45pm	Billiards** 8:00am–8:45pm	Billiards** 8:00am–8:45pm	Billiards** 8:00am–4:45pm
Wood Carving** 9:30am–12:00pm 1:00–4:30pm	Woodworking** 8:30am–2:00pm	Tai Chi Practice* 9:00–10:00am	Woodworking** 8:30am–2:00pm	Tai Chi Practice* 8:45–9:45am	Woodworking** 8:30am–2:00pm	Woodworking** 8:30am–4:00pm <i>(Finishing Day)</i>
Model Walkers* 11:00am–1:00pm	Tai Chi Practice* 8:45–9:45am	French Conversation 9:30–11:30am	Yuanji Dance* 8:30–10:30am	Yuanji Dance* 9:00–10:30am	Tai Chi Practice* 9:00–10:00am	Tai Chi Practice* 8:45–9:45am
Poker 11:30am–4:00pm	Yuanji Dance* 9:00–10:30am	Wood Carving** 9:30am–12:00pm 1:00–4:30pm	Tai Chi Practice* 8:45–9:45am	Busy Fingers/ Knitters and Knatters 9:30–11:30am 1:00–3:00pm	Silver Singers* 9:45am–12:00pm	Ballroom Dance* 10:00am–12:00pm
Minoru Community Line Dancers* 1:30–4:00pm	Busy Fingers/ Knitters and Knatters 9:30–11:30am	Poker 11:30am–4:00pm	Happy Chorus 10:00am–12:30pm	Minoru Strummers Ukulele Circle* 10:00–11:30am	Mahjong* 10:00am–5:00pm	Chinese Drum and Guitar Social* 10:00am–12:00pm
Korean Style Dance Circle* 2:00–4:00pm	Happy Chorus 10:00am–12:30pm	Carpet Bowling 12:30–3:00pm	Mahjong* 10:00am–5:00pm	Duplicate Bridge 12:30–4:00pm	Chinese Calligraphy* 1:00–4:00pm	Spanish Social 10:30am–1:00pm
	Reading Social for Chinese Speaking Seniors* 10:15am–12:15pm	Starlight Choir* 12:45–2:45pm	Minoru Waist Drum* 12:45–2:45pm	Poker 11:30am–4:00pm	Euchre 1:00–4:00pm	Peking Opera 1:30–4:30pm
	Bright Harmonies* 1:00–3:00pm	Kingsland Calligraphy 1:30–4:00pm	Crib 1:00–3:30pm	Scrabble 12:45–4:00pm	Minoru Community Line Dancers* 1:30–3:30pm	Multicultural Dance* 2:00–4:30pm
	Crib 1:00–3:00pm	Seniors Saxophone* 3:00–5:00pm	Glee 2:00–4:00pm	Joy Singing and Dancing* (Singing) 1:00–3:00pm	Hanging with the Guys 2:30–4:30pm	
	Bridge 1:00–4:30pm	Yuanji Dance* 6:30–8:30pm	Joy Singing and Dancing* (Dancing) 2:30–4:30pm	Platinum Players 1:00–3:30pm	Classical Chinese and Ethnic Folk Dance* 6:45–8:45pm	
	Photo Group (2nd & 4th Week) 1:30–3:30pm	Joy Singing and Dancing* (Dancing) 6:45–8:45pm	Cantonese Pop Classics Singing* 4:30–6:30pm	Wood Carving** 1:00–4:30pm		
	Multicultural Dance* 2:30–4:30pm	Model Dance* 6:45–8:45pm	Multicultural Dance* (Performance Group Only) 6:45–8:45pm	Ballroom Dance* 3:30–5:15pm		
	Whist 6:00–8:45pm			Seniors Saxophone* 4:00–6:00pm		
				Prostate Cancer Support Group† <i>(2nd Week)</i> 6:30–8:30pm		
				Yuanji Dance 6:30–8:30pm		

*Additional Drop-In Fee required | **Additional Pass required | †Hybrid program (online and in-person)

SCHEDULE IS SUBJECT TO CHANGE. CALL 604-238-8450 FOR INFORMATION.

SPECIFIC DROP-IN ACTIVITIES HAVE LIMITED CAPACITY. CONTACT THE FRONT DESK FOR MORE INFORMATION.

PROGRAM DESCRIPTIONS

ARTS – DANCE, MUSIC AND PERFORMANCE

BALLROOM DANCE

(Additional \$2.00)

Practice steps in a non-instructional setting.

BRIGHT HARMONIES (MANDARIN AND ENGLISH)

(Additional \$2.00)

Celebrate culture and connection through joyful songs and vibrant community. Conducted in Mandarin and English.

CANTONESE POP CLASSICS SINGING (CANTONESE)

(Additional \$2.00)

Enjoy singing classic Cantonese pop songs in a relaxed and supportive environment. This program focuses on familiar melodies, social connection and the simple pleasure of singing together.

CHINESE DRUM AND GUITAR SOCIAL (MANDARIN)

(Additional \$2.00)

Join this fun, non-instructional, drop-in Chinese drumming and guitar social. Participants must bring own equipment to each session. Conducted in Mandarin.

CLASSICAL CHINESE ETHNIC AND FOLK DANCE

(Additional \$2.00)

Focus on improving dance techniques through practicing the Chinese classical dance techniques of basic ballet and ethnic folk dances.

GLEE

Sing with the joyous sounds and energy that flows from this group.

HAPPY CHORUS (MANDARIN)

Sing Chinese folk songs with this energetic, social group. Conducted in Mandarin.

JOY SINGING AND DANCING (CANTONESE AND MANDARIN)

(Additional \$2.00)

Sing songs and dance a little with this fun, social group. Conducted in Cantonese and Mandarin.

KOREAN STYLE DANCE CIRCLE

(Additional \$2.00)

Experience the beauty of Korean-inspired dance through gentle, flowing movements, cultural storytelling, and music, with opportunities to explore other dance styles while staying active and connected.

MINORU COMMUNITY LINE DANCERS

(Additional \$2.00)

Practice routines with the opportunities to perform.

MINORU WAIST DRUM

(Additional \$2.00)

Experience a guided mixture of choreographed drum and dance routines.

MODEL DANCE (MANDARIN)

(Additional \$2.00)

Dance like a model in this choreographed dance session. Conducted in Mandarin.

MULTICULTURAL DANCE

(Additional \$2.00)

Practice a wide range of popular dances with an opportunity to perform in the community.

PEKING OPERA

Practice this unique form of Chinese Opera that synthesizes speech, singing, mime and music.

PLATINUM PLAYERS

Produce and participate in short plays with this theatre group.

SENIORS SAXOPHONE

(Additional \$2.00)

Join this fun, non-instructional session. Saxophone required.

SILVER SINGERS

(Additional \$2.00)

Experience a variety of singing techniques with this Mandarin sing-a-long group.

STARLIGHT CHOIR (MANDARIN)

(Additional \$2.00)

Practice singing techniques and skills with this Mandarin social group. Conducted in Mandarin.

UKULELE CIRCLE

(Additional \$2.00)

Join this fun music circle. Ukulele required.

ARTS – VISUAL

CHINESE CALLIGRAPHY

(Additional \$2.00)

Practice the art of this unique style of writing.

KINGSLAND CALLIGRAPHY (CANTONESE)

Practice writing calligraphy in this non-instructional session. Conducted in Cantonese.

PHOTO GROUP

Share photography knowledge, listen to speakers and take part in photo shoot outings. minoruphotoclub.com

WOOD CARVING

(Additional Pass \$42.00)

Turn wood into beautiful carvings. Tools and carving materials required.

WOODWORKING

(Additional Pass \$48.00)

Build creative projects in the fully-equipped woodworking shop.

CARD GAMES

BRIDGE

Play this popular trick-taking card game with three other players.

CRIB

Play this card game that groups cards in combinations.

EUCHRE

Play this social trick-taking card game with a deck of 24 cards.

MAHJONG

(Additional \$2.00)

Play "Hong Kong style" in tables of four. No drop-in. Call 604-238-8450 for information.

POKER

Play this friendly card game that involves skill and individualist play.

SCRABBLE

Challenge others in this classic game of word strategy.

WHIST

Play this classic English trick-taking card game with others.

EDUCATIONAL SUPPORT

PROSTATE CANCER SUPPORT GROUP

(Hybrid program – online and in-person)

Get support, share information and listen to guest speakers discuss ways to manage this disease. Conducted in English, Cantonese and Mandarin.

SOCIAL

BUSY FINGERS

Knit personal projects and use centre supplied materials to fundraise for the Society.

FRENCH CONVERSATION (FRENCH)

Socialize with French-speaking seniors. Conducted in French.

HANGING WITH THE GUYS

Connect with other men to discuss hobbies, sports and more.

KNITTERS AND KNATTERS

Knit personal projects and use centre supplied materials to fundraise for the Society.

READING SOCIAL FOR CHINESE SPEAKING SENIORS (MANDARIN)

(Additional \$2.00)

Meet Mandarin-speaking seniors to socialize with, read books, poems and other materials. Conducted in Mandarin.

SPANISH SOCIAL (SPANISH)

Socialize with Spanish-speaking seniors from Latin American countries. Conducted in Spanish.

SPORTS AND MOVEMENT

BILLIARDS

(Additional Pass \$48.00)

Play snooker in the Billiards room. Pool cue locker available for rent, pending availability.

CARPET BOWLING

Try this social game that is played indoors on a long 'felt' carpet.

MODEL WALKERS (MANDARIN)

(Additional \$2.00)

Walk like a model on the runway in this fun and social movement session. Conducted in Mandarin.

TAI CHI PRACTICE

(Additional \$2.00)

Practice a series of gentle physical exercises and stretches.

YUANJI DANCE (CANTONESE AND MANDARIN)

(Additional \$2.00)

Experience a guided mixture of choreographed dance, meditation and qigong originating from Taiwan. Conducted in Cantonese and Mandarin.

All groups accommodate English speakers, unless otherwise stated.