





2027

Winter PROGRAMS

Jan 4
To
March 28

5140 Smith Drive, Richmond

604-238-8055

Hamilton Community Association

Richmond

REGISTRATION

richmond.ca/register

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Facility Hours

Monday-Friday | 7:00am-9:30pm
Saturdays | 8:00am-8:00pm
Sundays | 9:00am-4:30pm

If you have any religious or cultural considerations, feel free to connect with a programmer—we're happy to support and accommodate your needs.

Join us Online!

@HamiltonCommunityCentre
@CityofRichmondBC

3 Ways to Register

Online

richmond.ca/register

Register online anytime.
24 hours a day, 7 days a week

Phone

604-276-4300

Phone and press "2" to speak with a Customer Service Agent.
Mon-Fri, 8:30am-5:00pm

In-Person

Drop-in and register at any community facility

You will need:

- **Your online registration account**
  If you need assistance, call 604-276-4300 or visit richmond.ca/reghelp.
- **Your Course ID number(s)**
  Located under the course description.
- **Your method of payment**
  Note: Cash, debit and cheques are only accepted in-person.



CANCELLATION POLICY

To receive a refund, withdraw or transfer from a program or class, customers are to phone any one of our Parks, Recreation, and Cultural facilities or the Registration Call Centre at 604-276-4300, Monday to Friday, 8:30am to 5:00pm.

Seasonal Programs - Unless otherwise specified:

• If notice is given prior to the beginning of the third session of the class, a refund, less classes taken, will be provided.
• If notice is given after the beginning of the third session, no refund will be given.

Private/Semi-Private Lessons (Music, Aquatics and Skating), Aquatic Leadership Courses

• If notice is given 72 hours prior to the start of the course, a full refund will be provided.
• If notice is given less than 72 hours prior to the start of the course, no refund will be provided.

Short Programs (1 week or less), Camps, Out Trips and Workshops - Unless otherwise specified:

• If less than one week's notice is given, 50% of the fee will be provided.
• If notice is given on or after the start date of the program, no refund will be provided.
• Transfers will be allowed with 72 hours notice prior to the start date of the program.

Pre-registered Single Session Fitness Classes

• If notice is given prior to the start of the session a full refund will be provided.
• Visit richmond.ca/register for how to cancel your session or contact the facility directly.

Note: Some courses and activities may have a no-refund policy for items such as art supplies or special guests.

PRESCHOOLERS
UP TO 5 YRS

ARTS - DANCE

BALLET - ADULT AND TOT

Spin, twirl and leap while discovering the fun aspects of this popular dance style. Adult participation required.

Jan 9-Mar 06	Sat	10:45-11:30am	$63.25/9 sess	2-3 yrs	00566292

BALLET

Spin, twirl and leap in these introductory sessions that focus on fun and specific-age group ballet techniques. Ballet outfit not required.

Jan 9-Mar 06	Sat	11:35am-12:20pm	$63.25/9 sess	3-5 yrs	00566304
Jan 9-Mar 06	Sat	12:25-1:10pm	$63.25/9 sess	3-5 yrs	00566307

DANCE COMBO

Cover a variety of styles and movements in these introductory sessions that gets tiny feet moving.

Jan 9-Mar 06	Sat	1:15-2:00pm	$63.25/9 sess	3-5 yrs	00566309

ARTS - VISUAL

PAINT AND PLAY - ADULT AND TOT

Spark creativity with painting, sensory play and interactive activities. Experience diverse paint mediums such as watercolour, tempera and finger paints to craft vibrant hands-on artworks. Adult participation required and limited to only one adult per child.

Jan 9-Mar 06	Sat	9:00-9:45am	$63.25/9 sess	1-2 yrs	00566458

PAINT AND CHAT - CREATIVE CANVAS

Explore the basics of canvas painting with guided, age-appropriate activities that encourage self-expression and creativity, and foster social skills and connections by interacting and sharing masterpieces with others. Supplies included. Adults participation is welcome.

Mar 21	Sun	10:30-11:30am	$22.00	3-5 yrs	00565796





PRESCHOOLERS
UP TO 5 YRS

SPORTS

MULTISPORT - SPORTBALL® - ADULT AND TOT

Focus on Physical Literacy and social exploration and learn Fundamental Sport Skills together through creative and challenging games. In addition, adults are taught techniques to help toddlers refine motor skills. Adult participation required. Instructed by Sportball®.

Jan 9-Feb 06	Sat	8:30-9:15am	$90.00/5 sess	2-3 yrs	00563853
Feb 20-Mar 13	Sat	8:30-9:15am	$72.00/4 sess	2-3 yrs	00563854

SOCCER - SPORTBALL®

Develop some fundamental skills that include throw-ins, dribbling, trapping, passing and goalie skills to practice in exciting, non-competitive games. Instructed by Sportball®.

Jan 9-Feb 06	Sat	10:15-11:15am	$90.00/5 sess	3-5 yrs	00563848
Feb 20-Mar 13	Sat	10:15-11:15am	$72.00/4 sess	3-5 yrs	00563849

BASKETBALL - SPORTBALL®

Develop fundamental skills and confidence that covers dribbling, passing, shooting and teamwork all practiced in an exciting, non-competitive environment. Instructed by Sportball®.

Jan 9-Feb 06	Sat	9:15-10:15am	$90.00/5 sess	3-5 yrs	00563850
Feb 20-Mar 14	Sat	9:15-10:15am	$72.00/4 sess	3-5 yrs	00563852

NATURE AND SCIENCE

WACKY SCIENCE

Explore the explosive and somewhat messy world of potions and science through simple and safe experiments. Supplies included.

Jan 10-Mar 07	Sun	9:30-10:30am	$84.35/9 sess	4-5 yrs	00566373

PLAY AND LEARN

Mondays and Thursdays
10:00am-12:00pm
Up to 6 years
Free

Come make new friends and play in a rich, learning environment. Enjoy, singing, music and stories while receiving parental support and information. Led by *Richmond Family Place.*

PLAYTIME

ADULT AND TOT

Sundays
12:00-4:00pm
Up to 5 years
$3.20 per child

Play on the equipment and socialize together. No instruction provided. For children up to 5 years old. Parent participation required.



ARTS - VISUAL

FOUNDATIONS IN DRAWING

Learn how to draw objects, characters, proportions, structure, volume and perspective along with techniques that include shade and shadow, quick sketches and colouring.

Jan 14-Mar 11	Thu	3:00-4:00pm	$84.35/9 sess	6-12 yrs	00566460

WATERCOLOUR PAINTING- BEGINNERS

Create personalized artwork while learning the fundamentals of this vibrant, translucent, versatile and quick drying technique. Suitable for beginners. Supplies included.

Jan 9-Mar 6	Sat	10:00-11:00am	$84.35/9 sess	6-9 yrs	00566459

PAINT AND CHAT-CREATIVE CANVAS

Explore the basics of canvas painting with guided, age-appropriate activities that encourage self-expression and creativity, and foster social skills and connections by interacting and sharing masterpieces with others. Supplies included.

Mar 14	Sun	10:30am-12:00pm	$25.00/1 sess	6-12 yrs	00564666

COOKING

BAKING TREATS AND SWEETS

Measure, mix, bake and eat cookies, cakes, breads and other delicious handmade foods.

Jan 9-Mar 06	Sat	9:00-10:15am	$189.55/9 sess	6-9 yrs	00566316

NATURE AND SCIENCE

WACKY SCIENCE

Explore the explosive and somewhat messy world of potions and science through simple and safe experiments. Supplies included.

Jan 10-Mar 07	Sun	10:45-11:45am	$84.35/9 sess	6-8 yrs	00566387



ARTS - MUSIC

GUITAR/UKULELE PRIVATE LESSONS

Work privately on an individually-designed curriculum specific for age and ability. This course is not eligible for support through the Recreation Fee Subsidy Program. Find details at richmond.ca/subsidy.

Jan 15-Mar 05	Fri	3:00-3:30pm	$211.85/8 sess	5+ yrs	00566912
Jan 15-Mar 05	Fri	3:40-4:10pm	$211.85/8 sess	5+ yrs	00566913
Jan 15-Mar 05	Fri	4:20-4:50pm	$211.85/8 sess	5+ yrs	00566914
Jan 15-Mar 05	Fri	5:00-5:30pm	$211.85/8 sess	5+ yrs	00566915
Jan 15-Mar 05	Fri	5:40-6:10pm	$211.85/8 sess	5+ yrs	00566916
Jan 15-Mar 05	Fri	6:20-6:50pm	$211.85/ 8 sess	5+ yrs	00566917







MARTIAL ARTS

KARATE - BEGINNER
Learn this traditional style of martial arts in a fun and safe environment. No karate or martial arts experience required. Additional fees apply for membership, belt grading (optional), uniform (optional until grading) and safety equipment (optional until Intermediate).

Jan 4-Mar 8	Mon	6:30-7:30pm	$66.95/9 sess	6+ yrs	00563839

KARATE - BEGINNER /INTERMEDIATE
Continue to learn this traditional style of martial arts in a fun and safe environment. Additional fees apply for membership, belt grading (optional), uniform (optional until grading) and safety equipment (optional until Intermediate). Pre-requisite: Karate - Shito-Ryu - Beginner or a minimum of one year martial arts experience.

Jan 4-Mar 8	Mon	8:00-9:00pm	$66.95/9 sess	6+ yrs	00563841

KARATE - INTERMEDIATE/ADVANCED
Continue to learn this traditional style of martial arts in a fun and safe environment. Additional fees apply for membership, belt grading (optional), uniform (optional until grading) and safety equipment.
Pre-requisite: Karate - Shito-Ryu - Beginner and a minimum of two years martial arts experience.

Jan 4-Mar 8	Mon	8:00-9:00pm	$66.95/9 sess	6+ yrs	00563837

SPORTS

BADMINTON - BEGINNER

Learn various serves and forehand and backhand grips in these fun and active sessions that include basic game concepts and rules for single and double play. Equipment required at each session. No experience required.

Jan 13-Mar 10	Wed	4:00-5:00pm	$63.20/9 sess	6-8 yrs	00566101

BASKETBALL
Practice dribbling, passing and shooting skills followed by friendly games.

Jan 11-Mar 8	Mon	4:00-5:00pm	$56.15/8 sess	6-8 yrs	00566069

SOCCER
Dribble, pass and kick in this fun, non-competitive atmosphere.

Jan 15-Mar 5	Fri	4:30-5:30pm	$56.15/8 sess	6-8 yrs	00566287

SPRING BREAK SPORTS

FLOOR HOCKEY - INDOOR

Learn the basics of this popular indoor sport that provides a great foundation for fun, teamwork and fitness.

Mar 15-Mar 19	Mon-Fri	2:15-3:15pm	$35.10/5 sess	6- 8 yrs	00567672
Mar 15- Mar 19	Mon-Fri	3:30-4:30pm	$35.10/5 sess	9-12 yrs	00569815

BADMINTON - INTERMEDIATE

Apply the strategy, speed and placement skills learned in practices to high-energy games. Basic and refined strokes are covered along with control and consistency. Equipment required at each session. Pre-requisite: Previous badminton experience.

Mar 22- Mar 25	Mon-Thu	2:15-3:15pm	$28.10/4 sess	6-8 yrs	00571387
Mar 22 - Mar 25	Mon-Thu	3:30-4:30pm	$28.10/4 sess	9-12 yrs	00571388

Did You Know?

Physical literacy *means having the skills, confidence and motivation to be active for life! It's about learning how to run, jump, throw, dance and move in ways that help you enjoy sports, play and everyday activities — at any age.*







COOKING

BAKING TREATS AND SWEETS

Measure, mix, bake and eat cookies, cakes, breads and other delicious handmade foods.

Jan 9-Mar 6	Sat	10:45am-12:00pm	$189.55/9 sess	9-12 yrs	00566318

SPORTS

BASKETBALL

Practice dribbling, passing and shooting skills followed by friendly games.

Jan 11-Mar 8	Mon	5:15-6:15pm	$56.15/8 sess	9-12 yrs	00566094

VOLLEYBALL

Improve game play in these sessions that include mini games and a fun and non-competitive atmosphere.

Jan 14-Mar 11	Thu	5:15-6:15pm	$63.20/9 sess	9-12 yrs	00566103

BADMINTON - BEGINNER

Learn various serves and forehand and backhand grips in these fun and active sessions that include basic game concepts and rules for single and double play. Equipment required at each session. No experience required.

Jan 13-Mar 10	Wed	5:15-6:15pm	$63.20/9 sess	9-12 yrs	00566102

GENERAL INTEREST

FINANCIAL LITERACY - YOUTH

Achieve financial goals that might include paying for post-secondary school or buying a car by learning how to spend and save wisely in this session designed specifically for youth. Registration required.

Mar 24	Wed	2:00-3:00pm	Free	13-18 yrs	00579357

STAY SAFE WORKSHOP

Find out how to deal with emergencies, stay safe at home and around the neighbourhood and learn some basic First Aid in these Red Cross-certified sessions that cover a variety of different real-life situations. Manual included. Instructed by Primary Care First Aid.

Mar 16	Tues	10:00am-2:00pm	$70.00/1 sess	9-12 yrs	00565211

BABYSITTING BASICS - PRIMARY CARE FIRST AID

Learn fun games and activities for children, basic babysitting skills and how to deal with emergencies. A Canadian Red Cross Babysitting Certificate provided upon successful completion of session. Instructed by Primary Care First Aid.

Mar 23	Tues	9:00am-5:00pm	$85.00/1 sess	10-16 yrs	00565209

PRETEENS & YOUTH

9-18 YRS

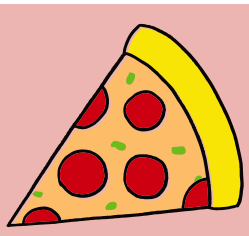
ART ATTACK

Grades 4-7
Mondays: 2:45-4:15pm
$3.60/drop-in



PRETEEN HANGOUT

Grades 4-7
Thursdays: 2:45-4:15pm
$3.60/drop-in or Grade 5 Active! Pass



GAMES ROOM

Tuesdays: 2:45-4:45pm
Saturdays: 4:15-7:45pm
Free with Xplor Account / Grades 4-12



YOUTH FITNESS

Mondays-Fridays-3:30-5:30pm
$7.00 Youth Facility Pass-13-18 yrs

Youth 13-15 years require a completed Parental Consent Form and orientation. Youth 16-18 years only require the Parental Consent Form.



Youth Open Gym

13-18yrs
Tuesdays: 4:30-6:15pm
Saturdays: 2:15-4:15pm
Youth Facility Pass or $3.60 Drop-In



ACTIVE AFTERSCHOOL

Fridays: 2:45-4:15pm
$3.60 Drop-In or Grade 5 Active! Pass



Study Space Drop-In



Mondays, Wednesdays, & Thursdays: 5:30-7:45pm
Saturdays: 12:00-4:00pm
Subject to change



ARTS

CRAFTY CONNECTIONS

Create and connect in these relaxed sessions for independent art making. Work on personal projects, share ideas and build community connections in a welcoming space.

Jan 10-Mar 28	Sun	9:00-11:00am	FREE	13+ yrs	00566816

PAINT AND CHAT - CREATIVE CANVAS

Explore the basics of canvas painting with guided, age-appropriate activities that encourage self-expression and creativity, and foster social skills and connections by interacting and sharing masterpieces with others. Supplies included.

Feb 12	Fri	6:30-8:00pm	$27.00	18+ yrs	00563847







ADULTS

Drop-In Sports Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Pickleball (16+ yrs) 9:30am-12:45pm	Women's Floor Hockey (18+ yrs) 7:00-9:15pm	Badminton (13+ yrs) 6:30-9:15pm	Pickleball (16+ yrs) 6:30-9:15pm	Badminton (13+ yrs) 6:30-9:15pm	Basketball (16+ yrs) 6:15-9:15pm	Badminton (5+ yrs) 11:45am-2:00pm
Basketball (16+ yrs) 1:15-4:15pm			Dance Room Rentals (13+ yrs) 6:30-8:30pm			Badminton Court Rentals (13+ yrs) 4:30-7:30pm

Badminton Court Rentals

Sat, 4:30-7:30pm | $12.15 per 45 minutes

Bookings begin one week in advance. Register in person, by phone or online beginning at noon. Maximum of 2, 45 minutes courts booked/day, per person for a max of 6 participants per court. Refunds or credits given with at least 24 hours' notice of cancellation for court bookings. Payment required at the time of booking. For public use only, no private lessons. Players are required to bring their own equipment.

Drop-In Fees

	16-18 yrs	Adults	55+ yrs
Drop-In	$3.60	$6.40	$5.15
10 Visit Pass	N/A	$51.00	$41.00





FITNESS

Mon	Wed	Thur	Fri	Sat
Cardio and Core **(16+ years)** **9:00-10:00am**	**Functional Training** **(16+ years)** **9:00-10:00am**	**Total Body Conditioning** **(16+ years)** **7:00-8:00pm**	**Core & Strength** **(16+ years)** **9:00-10:00am**	**Total Body Conditioning** **(16+ years)** • **8:15-9:15am** • **9:30-10:30am**
Pilates and Yoga **(16+ years)** **6:30-7:30pm** $10.30/Drop In				

*Please refer to drop-in fees below. These programs are also included in the Fitness Pass.

Fitness Fees

	Youth/55+	Adults
Drop-In	$5.30	$7.20
10 Visit Card	$42.00	$58.00
1 Month	$50.00	$61.00
3 Month	$111.00	$134.00
6 Month	$191.00	$229.00
1 Year	$318.00	$384.00
1 Year Family Add-On*	N/A	$318.00

Note:

Youth (13-15 years) require a signed and completed Parental Consent Form as well as a fitness orientation. Youth ages (16-18 years) require a signed and completed Parental Consent Form.

***For immediate family members residing in the same residence. With the purchase of a 1-Year Fitness Adult pass, one adult may be added for the price listed and must be purchased at the same time.**

Personal Training Fees

Sessions	One-on-One	Group (2-4 people)
1	$68.89	$103.39
3	$196.42	$294.71
5	$310.18	$465.32
10	$585.93	$879.00

Fitness Centre Orientation

Are you a new or returning Hamilton Community Centre fitness member and want to learn or review how to use our fitness equipment?

Book your FREE fitness centre orientation. Call our front desk at 604-238-8055.

Fitness Attendants

Wendy



Jenn



PILATES AND YOGA FUSION

Combine Pilates mat exercises and various yoga postures in these unique sessions that offer a great non-impact, balanced and full body workout.

Jan 11- Mar 22	Mon	6:30-7:30pm	$103.10/10 sess	16+ yrs	00563862

WOMEN ON WEIGHTS - TRY-IT

Build confidence, strength and knowledge in this small group program designed for women. Focus on developing strength and toning muscles using machines, free weights and other fitness equipment in a supportive setting led by a personal trainer.

Jan 18	Mon	1:30-2:30pm	Free	16+ yrs	00581964
Mar 1	Mon	1:30-2:30pm	Free	16+ yrs	00581984





Did You Know?

*The City of Richmond has a **Recreation and Sport Strategy** that shares important goals, successes, and highlights from recent years.*



HEALTH AND WELLNESS

WELLNESS WEDNESDAYS WORKSHOPS

Create connections and try wellness activities that focus on different facets of overall health and wellbeing. Transportation and lunch included. Program funded by Hamilton Community Association. Registration required.

Jan 20-Mar 10	Wed	11:30am-1:30pm	FREE/8 sess	55+ yrs	00563932

ALZHEIMER SOCIETY OF BC PUBLIC HEALTH TALK ON BRAIN HEALTH AND DEMENTIA - (CANTONESE)

Join this session to learn about brain health, different types of dementia and how to reduce the risks. Q&A session included. Presented by the Alzheimer Society of BC. Registration required.

Feb 22	Mon	12:15-1:15pm	FREE	55+ yrs	00565208

STAY STRONG

Exercise safely with gentle movements that focus on increasing range of motion, strength, balance and agility to better manage daily activities.

Jan 4-Mar 10	Mon	10:15-11:15am	$77.00/11 sess or $7.88 drop-in	55+ yrs	00564945
Jan 6-Mar 24	Wed	10:15-11:15am	$84.00/12 sess or $7.88 drop-in	55+ yrs	00564948

CHAIR FITNESS - LEVEL 1

Manage chronic conditions and pain more effectively both in and out of the chair. Focus on simple exercises, deep breathing and gentle stretches in these basic fitness sessions. Suitable for older adults and those with physical limitations.

Jan 6-Mar 24	Wed	11:30am-12:30pm	$84.00/12 sess or $7.88 drop-in	55+ yrs	00566466



GENERAL INTEREST

ENERGY AND ENERGY SAVINGS WORKSHOP - 55+

Learn how energy gets generated and delivered along with rebate saving tips to improve energy efficiency and save on home energy bills. Presented by the BC Hydro Community Team. Registration required.

Mar 11	Thurs	12:15-1:15pm	FREE	55+ yrs	00569170

HOME AND PERSONAL SAFETY TALKS - 55+

Learn valuable residential break and enter prevention tips along with ways to maintain home and personal safety using inexpensive security props. Led by an RCMP officer and includes a brochure and checklist to take home. Registration required.

Jan 13	Wed	11:30am-12:30pm	FREE	55+ yrs	00563872

All activities included with the $20.00 Annual Seniors Facility Pass

Mon	Tue	Wed	Thu	Fri
Tai Chi Advanced 7:30-8:30am **Seniors Circle** 11:30am-1:00pm **Dancing and Sing-a-long** 12:45-1:45pm	**Tai Chi Advanced** 7:30-8:30am **Tai Chi Beginner** 9:00-10:00am **Mahjong** 10:15am-12:30pm	**Tai Chi Advanced** 7:30-8:30am	**Tai Chi Advanced** 7:30-8:30am **Tai Chi Beginner** 9:00-10:00am **Mahjong** 10:15am-12:30pm	**Tai Chi Advanced** 7:30-8:30am **Karaoke** 10:00-11:00am **Line Dancing** 11:00am-12:00pm

FAMILY FUN DAY





Celebrate Family Day with us at this free drop-in event! Enjoy an inflatable, arts and crafts, giant board games, tasty snacks and an entertaining show!

Hamilton Community Association

Sat, Feb 13
10:30am-12:30pm
Hamilton Community Centre

Richmond

Easter Eggstravaganza

Sat March 27

Session 1
10:00-11:15am
$12.40/1 sess
1-10 yrs
Course ID: 00565062

Session 2
11:45am-1:00pm
$12.40/1 sess
1-10 yrs
Course ID: 00565063

Celebrate with an Easter Egg hunt, crafts, games and a visit from the Easter Bunny. Adult participation required. Only regsiter children in event.

Please bring your own basket



Hamilton Community Association

5140 Smith Drive, Richmond BC

604-238-8055