

**City of Richmond**  
 Fall Virtual Programs 2020 (October 2020-November 2020)  
 Registration for Fall Programs is now ongoing

55+ YEARS									
ARTS - MUSIC									
CENTRE	PROGRAM	PROGRAM LOCATION	DATES	DAYS	AGE	TIMES	PRICE / SESSION	EVENT ID	REGISTRATION OPENS
City Centre/Lang Community Centre	INTRODUCTION TO PIANO - 55+	ONLINE - Zoom	Nov 02, 2020 - Nov 30, 2020	Mondays	55 + yrs	02:00PM - 02:45PM	\$23.55 / 5 sess	48229	Oct 13, 2020 10:00AM
City Centre/Lang Community Centre	INTRODUCTION TO PIANO - 55+	ONLINE - Zoom	Nov 02, 2020 - Nov 30, 2020	Mondays	55 + yrs	01:00PM - 01:45PM	\$23.55 / 5 sess	48228	Oct 13, 2020 10:00AM
Steveston Community Centre	UKULELE WORKSHOP - EARLY BEGINNERS - 55+	ONLINE - Zoom	October 30, 2020	Friday	55 + yrs	10:00AM - 11:00AM	\$4.70 / 1 sess	48147	Oct 19, 2020 10:00AM
Steveston Community Centre	UKULELE WORKSHOP - ADVANCED BEGINNERS - 55+	ONLINE - Zoom	October 30, 2020	Friday	55 + yrs	11:15AM - 12:15PM	\$4.70 / 1 sess	48139	Oct 19, 2020 10:00AM
Minoru Centre for Active Living	MUSICAL INTERLUDES - 55+	ONLINE - Zoom	November 3, 2020	Tuesday	55 + yrs	01:30PM - 02:30PM	\$0.00 / 1 sess	Register by email: seniors@richmond.ca	
Minoru Centre for Active Living	MUSICAL INTERLUDES - 55+	ONLINE - Zoom	November 17, 2020	Tuesday	55 + yrs	01:30PM - 02:30PM	\$0.00 / 1 sess	Register by email: seniors@richmond.ca	
Minoru Centre for Active Living	MUSICAL INTERLUDES - 55+	ONLINE - Zoom	December 1, 2020	Tuesday	55 + yrs	01:30PM - 02:30PM	\$0.00 / 1 sess	Register by email: seniors@richmond.ca	
Minoru Centre for Active Living	MUSICAL INTERLUDES - 55+	ONLINE - Zoom	December 15, 2020	Tuesday	55 + yrs	01:30PM - 02:30PM	\$0.00 / 1 sess	Register by email: seniors@richmond.ca	
Minoru Centre for Active Living	MUSIC HOUR (CANTONESE) - 55+	ONLINE - Zoom	November 10, 2020	Tuesday	55 + yrs	01:30PM - 02:30PM	\$0.00 / 1 sess	Register by email: seniors@richmond.ca	
Minoru Centre for Active Living	MUSIC HOUR (CANTONESE) - 55+	ONLINE - Zoom	November 24, 2020	Tuesday	55 + yrs	01:30PM - 02:30PM	\$0.00 / 1 sess	Register by email: seniors@richmond.ca	
COMPUTERS, TECHNOLOGY AND SOCIAL MEDIA									
CENTRE	PROGRAM	PROGRAM LOCATION	DATES	DAYS	AGE	TIMES	PRICE / SESSION	EVENT ID	REGISTRATION OPENS
Steveston Community Centre	LEARN TO USE APPLE MAPS - 55+	ONLINE - Zoom	Oct 27, 2020 - Oct 27, 2020	Tuesday	55 + yrs	01:30PM - 02:30PM	\$0.00 / 1 sess	48225	Oct 19, 2020 10:00AM
Steveston Community Centre	LEARN APPS FOR TABLETS AND PHONES - 55+	ONLINE - Zoom	Oct 20, 2020 - Oct 20, 2020	Tuesday	55 + yrs	01:30PM - 02:30PM	\$0.00 / 1 sess	48218	Oct 13, 2020 10:00AM
FITNESS									
CENTRE	PROGRAM	PROGRAM LOCATION	DATES	DAYS	AGE	TIMES	PRICE / SESSION	EVENT ID	REGISTRATION OPENS
City Centre Community Centre	ONLINE - BALANCE AND FALL PREVENTION - 55+	ONLINE - Zoom	Oct 21, 2020 - Nov 18, 2020	Wednesday	16 + yrs	01:00PM - 02:00PM	\$18.85 / 3 sess	46576	Sep 28, 2020 10:00AM
GENERAL INTEREST									
CENTRE	PROGRAM	PROGRAM LOCATION	DATES	DAYS	AGE	TIMES	PRICE / SESSION	EVENT ID	REGISTRATION OPENS
Minoru Centre for Active Living	DIGITAL RESOURCES - 55+	ONLINE - Zoom	October 14, 2020	Wednesday	55 + yrs	10:00AM - 11:30AM	\$0.00 / 1 sess	46227	Aug 31, 2020 10:00AM
Minoru Centre for Active Living	COFFEE & CHAT OVER ZOOM - 55+	ONLINE - Zoom	November 5, 2020	Thursday	55 + yrs	10:30AM - 11:15 AM	\$0.00 / 1 sess	Register by email: seniors@richmond.ca	
Minoru Centre for Active Living	COFFEE & CHAT OVER ZOOM - 55+	ONLINE - Zoom	November 19, 2020	Thursday	55 + yrs	10:30AM - 11:15 AM	\$0.00 / 1 sess	Register by email: seniors@richmond.ca	
Minoru Centre for Active Living	COFFEE & CHAT OVER ZOOM - 55+	ONLINE - Zoom	December 3, 2020	Thursday	55 + yrs	10:30AM - 11:15 AM	\$0.00 / 1 sess	Register by email: seniors@richmond.ca	
Minoru Centre for Active Living	COFFEE & CHAT OVER ZOOM - 55+	ONLINE - Zoom	December 17, 2020	Thursday	55 + yrs	10:30AM - 11:15 AM	\$0.00 / 1 sess	Register by email: seniors@richmond.ca	
Minoru Centre for Active Living	CONVERSATIONS IN CHINESE - 55+	ONLINE - Zoom	November 3, 2020	Tuesday	55 + yrs	10:30AM - 11:15 AM	\$0.00 / 1 sess	Register by email: seniors@richmond.ca	
Minoru Centre for Active Living	CONVERSATIONS IN CHINESE - 55+	ONLINE - Zoom	November 15, 2020	Tuesday	55 + yrs	10:00AM - 11:30AM	\$0.00 / 1 sess	46227	Aug 31, 2020 10:00AM
HEALTH AND WELLNESS									
CENTRE	PROGRAM	PROGRAM LOCATION	DATES	DAYS	AGE	TIMES	PRICE / SESSION	EVENT ID	REGISTRATION OPENS
City Centre/Lang Community Centre	THE SECRET OF WEIGHT MANGEMENT WORKSHOP (MANDARIN) - 55+	ONLINE - Zoom	November 25, 2020	Wednesday	19 + yrs	11:30AM - 12:30PM	\$0.00 / 1 sess	48306	Aug 31, 2020 10:00AM
City Centre/Lang Community Centre	BOOST YOUR IMMUNITY WORKSHOP (MANDARIN) - 55+	ONLINE - Zoom	October 15, 2020	Thursday	19 + yrs	02:00PM - 03:00PM	\$0.00 / 1 sess	47988	Oct 05, 2020 10:00AM
City Centre/Lang Community Centre	SPICE UP YOUR HEALTH WORKSHOP (CANTONESE) - 55+	ONLINE - Zoom	November 4, 2020	Wednesday	55 + yrs	10:30AM - 11:30AM	\$0.00 / 1 sess	46638	Aug 31, 2020 10:00AM
City Centre/Lang Community Centre	CHRONIC PAIN SELF-MANAGEMENT PROGRAM - 55+	ONLINE - Zoom	Oct 22, 2020 - Nov 26, 2020	Thursdays	19 + yrs	01:30PM - 02:30PM	\$0.00 / 6 sess	46621	Aug 31, 2020 10:00AM
Minoru Centre for Active Living	DEMENTIA FRIENDLY COMMUNITIES (CANTONESE) - 55+	ONLINE - Zoom	October 22, 2020	Thursday	19 + yrs	10:00AM - 11:30AM	\$0.00 / 1 sess	46131	Aug 31, 2020 10:00AM
Minoru Centre for Active Living	INTRODUCTION TO BRAIN HEALTH (CANTONESE) - 55+	ONLINE - Zoom	November 18, 2020	Wednesday	55 + yrs	10:00AM - 11:30AM	\$0.00 / 1 sess	49439	Aug 31, 2020 10:00AM