



# Blood Pressure and Glucose Test Clinics - 55+

*Connect with your community*

Clinics offer in-person and free information on a variety of programs, services and supports specifically for those 55+ years.

Services might include:

- blood pressure checks
- blood glucose and blood cholesterol checks
- medication reviews and consultations with local pharmacies
- booths hosted by local community organizations that support seniors

Call each centre directly to find out what is being offered.



### **City Centre Community Centre**

5900 Minoru Boulevard

Tel: 604-204-8588

1st Thursday of the month

10:00am–12:00pm

### **South Arm Community Centre**

8880 Williams Road

Tel: 604-238-8060

2nd Friday of the month

9:30–11:30am

### **East Richmond Community Hall (Cambie)**

12360 Cambie Road

Tel: 604-238-8399

2nd Wednesday of the month

9:30am–12:00pm

### **Steveston Japanese Canadian Cultural Centre**

4255 Moncton Street

Tel: 604-718-8098

1st Wednesday of the month

9:00am–12:00pm

### **Minoru Centre for Active Living (Seniors Centre)**

7191 Granville Avenue

Tel: 604-238-8450

3rd Wednesday of the month

10:00am–12:00pm

