

DON'T FORGET YOUR ABCs!

ANTI BOREDOM CHALLENGES



TREASURE MAP

Select toys or objects to be "treasure" and hide them around the house or outside. Create a map with hints and riddles and ask someone to hunt for the treasure.



LASER LAYOUT

Tape multiple pieces of string or yarn in a small area of your home (hallway works best). The pieces should be low and high, and crisscross each other, creating a maze of "lasers". Can you climb through without getting zapped?



RECYCLED FLAIR

Collect recyclable materials. Glue all materials to a large piece of cardboard making designs, patterns or even structures such as buildings, cars etc. Paint the whole project at the end.



TYPEWRITER

One person pretends to type up a story while telling the story out loud. All other players must act out the story as it is being told.



COOKIE FACE

Place a cookie on your forehead and then, without using your hands, try moving it into your mouth.



EGG DROP

Using recyclables or craft materials, build a safe egg contraption. Once complete, put an egg inside and drop it from a high spot. Challenge a family member to make their own to see who can make the better egg contraption.



CRAZY CHEF COMPETITION

Choose a recipe or dish that everyone in the family can make. Split into teams. Each team will be given an obstacle. Choose a time limit and start cooking. When time is up, compare and taste results!
Suggested obstacles: only use one arm, no knives allowed, remove an ingredient, add an unusual ingredient, replace cooking utensils with odd ones, microwave only for heat source.