

# Spring 2018

## PROGRAMS



# CITY CENTRE COMMUNITY CENTRE



(604) 204 - 8588  
[www.mycitycentre.org](http://www.mycitycentre.org)



# WELCOME

## TABLE OF CONTENTS

WELCOME TO CITY CENTRE	Page 1 - 2
PRESCHOOLERS	Page 3 - 4
CHILDREN	Page 5 - 6
YOUTH	Page 7 - 8
ADULTS	Page 9 - 10
55+	Page 11 - 13
FITNESS	Page 14

## CITY CENTRE COMMUNITY ASSOCIATION

**VISION:** City Centre, the heart of Richmond, welcoming, connecting and engaging.

**MISSION:** To provide inclusive, social, cultural and recreational events, programs and services to build healthy individuals, families and communities.

**VALUES:** People; Excellence; Leadership; Team; Innovation

*City Centre, home in the heart of the city.*

## CANCELLATION POLICY

### SEASONAL CLASSES

Unless otherwise specified,

- If notice is given prior to the beginning of the third session, a refund, less classes taken, will be provided.
- If notice is given after the beginning of the third session, no refund will be given.

### SHORT PROGRAMS (1 WEEK OR LESS), CAMPS, WORKSHOPS, OUT TRIPS AND SPECIAL EVENTS

Unless otherwise specified,

- If less than one week's notice is given, 50% of the fee will be refunded.
- If notice is given on or after the start date of the program, no refund will be given.
- Transfers will be allowed with 72 hours notice prior to the start date of the program.

## CITY CENTRE COMMUNITY CENTRE

5900 Minoru Blvd.  
Richmond, BC V6X 0L9  
604-204-8588

**Sunday to Thursday**  
6:00am - 11:00pm

**Friday and Saturday**  
6:00am - 12:00am

## SATELLITE LOCATIONS

### Lang Centre

140 - 8279 Saba Rd.

### Anderson Elementary

9460 Alberta Rd.

### Cook Elementary

8600 Cook Rd.

### MacNeill Secondary

6611 No. 4 Rd.

### General Currie Elementary

8220 General Currie Rd.

### 3 WAYS TO REGISTER



**PHONE**  
604-276-4300

Call and press "2" to speak to a Customer Service Representative.  
Monday-Friday  
8:30am-5:30pm



**ONLINE**  
[www.richmond.ca/register](http://www.richmond.ca/register)

Log on any time and use our online interactive guide ([www.richmond.ca/guide](http://www.richmond.ca/guide)).  
24 hours a day  
7 days a week



**IN-PERSON**

Drop-in and register at any location.

## AMENITIES

- Community Living Room
- Fitness Centre and Change Rooms
- Kitchen
- 4 Multipurpose Rooms
- Social Lounge
- 3 Meeting Rooms
- Aerobics and Dance Studio
- 3 Music Rooms
- Art Studio
- Free WiFi

For facility rental information see page 6

## BOARD OF DIRECTORS

**President:** José Gonzalez  
**Vice President:** Noordin Jessa  
**Vice President:** Chris Chan  
**Treasurer:** Ian Scott  
**Secretary:** Paige Robertson  
**Director:** Jamil Karim  
**Director:** Henry Cheung  
**Director:** Marilou Yodigawa  
**Director:** Moon Chan  
**Director:** Venecia Williams  
**Director:** Azim Dahya

## COMMUNITY EVENTS AT CITY CENTRE COMMUNITY CENTRE

<b>Easter Egg-stravaganza</b> <b>Saturday, March 31</b>	Celebrate with an Easter Egg Hunt, crafts, games and a visit with the Easter Bunny. Parent participation and registration required. Barcode 2262042.
<b>City Centre Recycles</b> <b>Sunday, April 22</b>	Bring in old appliances, electronics and batteries to be recycled. Free
<b>Game On! Board Games Day</b> <b>Monday, May 21</b>	Drop-in and play fun board games with friends and neighbours. Ages 13+.
<b>City Centre Volunteer Fair</b> <b>Thursday, May 24</b>	Learn about and sign up for opportunities that range from youth, children, adults, and seniors programs and special events.
<b>Aboriginal Day Celebration</b> <b>Saturday, June 23</b>	Experience aboriginal culture with art activities that include drumming, storytelling, dance, music and community engaged art. Free

# PRESCHOOLERS

## ARTS - DANCE

Fairytale Dance 2 - 3 yrs	Saturday 12:00pm - 12:30pm	Apr 14 - Jun 16	\$35.00/10 sessions	City Centre	2329896
Latin Dance - Parent & Tot 2 - 4 yrs	Sunday 3:30pm - 4:00pm	Apr 15 - Jun 17	\$35.00/10 sessions	City Centre	2329889
Latin Dance - Parent & Tot 2 - 4 yrs	Sunday 4:10pm - 4:40pm	Apr 15 - Jun 17	\$35.00/10 sessions	City Centre	2329890

## ARTS - MUSIC - Drop-ins available if space permits

Music - Parent & Tot 1 - 5 yrs	Wednesday 9:50am - 10:20am	Apr 11 - Jun 6	\$31.50/9 sessions	City Centre	2314842
Music - Parent & Tot 1 - 5 yrs	Wednesday 10:25am - 10:55am	Apr 11 - Jun 6	\$31.50/9 sessions	City Centre	2314843
Music - Parent & Tot 1 - 5 yrs	Wednesday 11:00am - 11:30am	Apr 11 - Jun 6	\$31.50/9 sessions	City Centre	2314892
Music - Parent & Tot 1 - 5 yrs	Wednesday 11:35am - 12:05pm	Apr 11 - Jun 6	\$31.50/9 sessions	City Centre	2314893
Music - Parent & Tot 1 - 5 yrs	Wednesday 5:30pm - 6:00pm	Apr 11 - Jun 6	\$31.50/9 sessions	City Centre	2314894
Music - Parent & Tot 3 - 5 yrs	Wednesday 6:05pm - 6:35pm	Apr 11 - Jun 6	\$31.50/9 sessions	City Centre	2314895
Music - Parent & Tot 3 - 5 yrs	Wednesday 6:40pm - 7:10pm	Apr 11 - Jun 6	\$31.50/9 sessions	City Centre	2314896
Ukulele - Parent & Tot 3 - 5 yrs	Thursday 3:00pm - 3:30pm	Apr 19 - Jun 21	\$35.00/10 sessions	City Centre	2308942

## ARTS - VISUAL

Art Adventures 3 - 5 yrs	Wednesday 10:45am - 11:45am	Apr 18 - Jun 13	\$63.00/9 sessions	City Centre	2327392
Messy Messy Me - Parent & Tot 18 - 36 months Drop-ins available if space permits	Wednesday 9:30am - 10:30am	Apr 18 - Jun 13	\$63.00/9 sessions	City Centre	2327494
Sensory Art 3 - 5 yrs	Saturday 10:00am - 11:00am	Apr 28 - Jun 23	\$56.00/8 sessions	City Centre	2327692

## GENERAL INTEREST

Reggio Inspired - Parent & Tot 12 - 30 months	Saturday 3:15pm - 4:15pm	Apr 21 - Jun 9	\$56.00/8 sessions	City Centre	2327892
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# PRESCHOOLERS

## LANGUAGES

French Fun - Parent & Tot 18 mos - 3 yrs	Thursday 5:00pm - 5:45pm	Apr 12 - Jun 14	\$52.50/10 sessions	Lang Centre	2329727
French Fun - Preschoolers 3 - 5 yrs	Thursday 6:00pm - 7:00pm	Apr 12 - Jun 14	\$70.00/10 sessions	Lang Centre	2329735
Mandarin Fun - Preschoolers 3 - 5 yrs	Saturday 10:30am - 12:00pm	Apr 14 - Jun 16	\$105.00/10 sessions	City Centre	2292292
Spanish Fun - Parent & Tot 18 mos - 3 yrs	Saturday 9:30am - 10:15am	Apr 14 - Jun 16	\$52.50/10 sessions	Lang Centre	2329749
Spanish Fun - Preschoolers 3 - 5 yrs	Saturday 10:30am - 12:00pm	Apr 14 - Jun 16	\$105.00/10 sessions	Lang Centre	2329752
Spanish for Kinders 4 - 6 yrs	Saturday 1:00pm - 2:30pm	Apr 14 - Jun 16	\$105.00/10 sessions	Lang Centre	2329758

## SPORTS

Sportball Multisport Parent & Tot 16 - 24 months	Sunday 10:00am - 10:45am	Apr 8 - Jun 17	\$156.00/10 sessions	City Centre	2331542
Sportball Multisport 3 - 5 yrs	Sunday 11:00am - 12:00pm	Apr 8 - Jun 17	\$156.00/10 sessions	City Centre	2331492

## Preschool Drop-In Programs

Facility	Monday	Tuesday	Wednesday	Thursday
<b>Creative Play (Facilitated)</b> City Centre Drop-in Fee \$3.15	9:00am - 11:00am	9:00am - 11:00am	9:00am - 11:00am	9:00am - 11:00am <b>Childminding Available</b>
<b>Richmond Family Place</b> Drop-In Lang Centre Free		6:30pm - 8:00pm		
Facility	Friday		Saturday & Sunday	
<b>Parent and Tot (Un-facilitated)</b> City Centre Drop-in Fee \$1.45	9:00-am—11:00am Call for availability		7:00pm - 8:30pm Call for availability	



## CHILDREN

## ARTS - DANCE

Ballet 5 - 6 yrs	Thursday 5:30pm - 6:30pm	Apr 19 - Jun 21	\$70.00/10 sessions	City Centre	2329898
Hip Hop - Beginner 6 - 8 yrs	Monday 6:10pm - 6:55pm	Apr 23 - Jun 25	\$47.25/10 sessions	City Centre	2329903
Hip Hop - Beginner 9 - 12 yrs	Monday 7:05pm - 8:05pm	Apr 23 - Jun 25	\$63.00/10 sessions	City Centre	2329904
Jazz and Hip Hop 6 - 8 yrs	Thursday 6:40pm - 7:40pm	Apr 19 - Jun 21	\$70.00/10 sessions	City Centre	2329906

## ARTS - MUSIC

Guitar Private Lessons 4+ yrs	Tuesday 3:00pm - 3:30pm	Apr 17 - Jun 19	\$200.00/10 sessions	City Centre	2307947
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## ARTS - VISUAL

Art Fundamentals 9 - 13 yrs	Monday 5:15pm - 6:30pm	Apr 16 - Jun 11	\$70.00/8 sessions	City Centre	2326792
Chinese Brush Painting Beginner 9 - 12 yrs	Sunday 12:30pm - 1:30pm	Apr 22 - Jun 17	\$63.00/9 sessions	City Centre	2326892
Manga and Illustration 9 - 12 yrs	Tuesday 4:00pm - 5:30pm	Apr 17 - Jun 12	\$94.50/9 sessions	City Centre	2327194

## GENERAL INTEREST

Homework Club 9 - 11 yrs	Monday 3:00pm - 5:30pm	Apr 9 - Jun 4	\$70.00/7 sessions	Cook School	2228696
Homework Club 9 - 11 yrs	Wednesday 3:00pm - 5:30pm	Apr 11 - Jun 6	\$90.00/9 sessions	Cook School	2228697
Homework Club 9 - 13 yrs	Wednesday 3:00pm - 5:30pm	Apr 11 - Jun 6	\$90.00/9 sessions	General Currie	2228694
Homework Club 9 - 13 yrs	Friday 3:00pm - 5:30pm	Apr 13 - Jun 8	\$80.00/8 sessions	General Currie School	2228695
Homework Club 9 - 13 yrs	Tuesday 3:30pm - 5:30pm	Apr 10 - Jun 5	\$72.00/9 sessions	Anderson School	2228692
Homework Club 9 - 13 yrs	Thursday 3:30pm - 5:30pm	Apr 19 - Jun 7	\$64.00/8 sessions	Anderson School	2228693
Mother's Day I He(ART) Mom Workshop 6 - 12 yrs	Saturday 9:45am - 11:45am	May 12	\$14.00/1 sessions	City Centre	2328493
Pro D Day Hangout 9 - 12 yrs	Friday 9:00am - 3:00pm	May 18	\$21.90/1 sessions	City Centre	2228392
Spanish 7 - 9 yrs	Monday 3:45pm - 5:15pm	Apr 23 - Jun 25	\$94.50/9 sessions	City Centre	2329739
Stay Safe Workshop 9 - 12 yrs	Friday 5:30pm - 7:30pm	May 25 - Jun 1	\$30.30/2 sessions	City Centre	2231442

# CHILDREN

## SPORTS

Basketball 9 - 12 yrs	Thursday 5:00pm - 6:00pm	Apr 19 - Jun 14	\$44.55/9 sessions	General Currie School	2315542
Basketball 9 - 12 yrs	Thursday 7:10 pm - 8:10 pm	Apr 19 - Jun 14	\$44.55/9 sessions	General Currie School	2315544
Floor Hockey 6 - 8 yrs	Wednesday 6:00pm - 7:00pm	Apr 18 - Jun 13	\$44.55/9 sessions	Cook School	2315242
Floor Hockey 9 - 12 yrs	Wednesday 7:05pm - 8:05pm	Apr 18 - Jun 13	\$44.55/9 sessions	Cook School	2315243
Soccer 6 - 8 yrs	Saturday 12:15pm - 1:15pm	Apr 21 - Jun 16	\$39.60/9 sessions	Anderson School	2330942
Soccer 9 - 12 yrs	Saturday 1:20pm - 2:20pm	Apr 21 - Jun 16	\$39.60/9 sessions	Anderson School	2330943

## RACQUET SPORTS

Badminton - Beginner 6 - 8 yrs	Monday 5:00pm - 6:00pm	Apr 16 - Jun 11	\$39.60/8 sessions	Anderson School	2334594
Badminton - Beginner 6 - 8 yrs	Sunday 1:40 pm - 2:40 pm	Apr 15 - Jun 10	\$39.60/8 sessions	Anderson School	2334593
Badminton - Beginner 6 - 8 yrs	Saturday 4:45 pm - 5:45 pm	Apr 21 - Jun 16	\$39.60/8 sessions	General Currie School	2334592
Badminton - Intermediate 9 - 12 yrs	Monday 6:05pm - 7:05pm	Apr 16 - Jun 11	\$39.60/8 sessions	Anderson School	2334494
Badminton - Intermediate 9 - 12 yrs	Saturday 1:00pm - 2:00pm	Apr 21 - Jun 16	\$39.60/8 sessions	General Currie School	2334492
Badminton - Intermediate 9 - 12 yrs	Sunday 12:35pm - 1:35pm	Apr 15 - Jun 10	\$39.60/8 sessions	Anderson School	2334493
Table Tennis - Beginner 7 - 10 yrs	Monday 4:00pm - 5:00pm	Apr 9 - Jun 4	\$78.70/8 sessions	City Centre	2336992
Tennis - Indoor Soft Tennis 6 - 8 yrs	Thursday 6:00pm - 7:00pm	Apr 19 - Jun 7	\$39.60/8 sessions	City Centre	2332442

## MARTIAL ARTS

Karate - Goju-Ryu 8 - 18 yrs	Saturday 10:00am - 11:30am	Apr 21 - Jun 23	\$82.50/9 sessions	City Centre	2316592
Karate - Goju-Ryu 8 - 18 yrs	Tuesday 6:30pm - 8:00pm	Apr 17 - Jun 19	\$91.65/10 sessions	City Centre	2316594
Self Defence Krav-Jitsu 5 - 8 yrs	Monday 6:30pm - 7:15pm	Apr 9 - Jun 11	\$90.00/9 sessions	City Centre	2329709
Self Defence Krav-Jitsu 8 - 15 yrs	Wednesday 6:30pm - 7:30pm	Apr 4 - Jun 13	\$110.00/11 sessions	City Centre	2329708
Self Defence Krav-Jitsu 8 - 15 yrs	Wednesday 7:30pm - 8:30pm	Apr 4 - Jun 13	\$110.00/11 sessions	City Centre	2329710
Wushu Martial Arts 5 - 17 yrs	Monday 4:00pm - 5:30pm	Apr 16 - June 18	\$82.50/9 sessions	City Centre	2331742
Wushu Martial Arts Advanced 5 - 17 yrs	Monday 4:00pm - 5:30pm	Apr 16 - June 18	\$82.50/9 sessions	City Centre	2331692

**ARTS**

Drawing and Sketching 13 - 18 yrs	Tuesday 6:30pm - 8:00pm	Apr 17 - Jun 12	\$94.50/9 sessions	City Centre	2347842
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**GENERAL INTEREST**

Book Club 13 - 18 yrs	Monday 4:00pm - 5:00pm	Apr 9 - Jun 4	FREE/8 sessions	City Centre	2332592
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D.I.Y. (Do-it-yourself) Projects 13 - 18 yrs	Thursday 4:00pm - 5:00pm	May 17- May 31	\$21.00/3 sessions	City Centre	2335992
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Preserving Fruits and Vegetables Choices 13+ yrs	Saturday 9:30am - 11:30am	Apr 21	FREE/1 session	City Centre	2305192
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Stretch and Study 13 - 18 yrs	Wednesday 5:45pm - 6:45pm	Apr 25 - May 30	\$46.45/6 sessions	City Centre	2266042
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Preteen Hangout	Thursday 5:30pm-7:30pm	Apr 12-Jun 21	\$26.40/11 sessions \$2.40 Drop-in	City Centre	2231342
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**RACQUET SPORTS**

Badminton - Beginner 13 - 18 yrs	Sunday 10:25pm - 11:25am	Apr 15 - Jun 10	\$39.60/8 sessions	Anderson School	2333892
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Badminton - Intermediate 13 - 18 yrs	Monday 7:10pm - 8:10pm	Apr 16 - Jun 11	\$39.60/8 sessions	Anderson School	2334343
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Badminton - Intermediate 13 - 18 yrs	Saturday 2:05pm - 3:05pm	Apr 21 - Jun 16	\$39.60/8 sessions	General Currie School	2334344
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Badminton - Intermediate 13 - 18 yrs	Sunday 11:30am -12:30pm	Apr 15 - Jun 10	\$39.60/8 sessions	Anderson School	2334342
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Badminton - Advanced 13 - 18 yrs	Sunday 2:45pm - 3:45pm	Apr 15 - Jun 10	\$39.60/8 sessions	Anderson School	2334345
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# YOUTH FACILITY PASS

13 - 18 yrs

**Youth Facility Pass 1**

Free, issued annually

- Friday Night Youth Hangout (Fri | 8:00 pm-11:00 pm)
- AllWays Drop-in (Wed | 4:00 pm - 6:00 pm)
- Book Club Drop-in (Mon | 4:00 pm - 5:00 pm)
- Access to Social Room during "Youth" hours (Mon - Fri | 3:00 pm - 9:00 pm)
- Equipment loans (pool / air hockey)

**Youth Facility Pass 2**

\$7.00 per year

- Access to the Fitness Centre (Wed | 3:30 pm - 5:30 pm, Fri | 6:00 pm - 8:00 pm)



# Preteen Hangout

Parents get a night off by dropping off your preteen to hangout at City Centre to enjoy our Wii, board games, and other planned activities.

For ages 10-13



Date: Thursdays from Jan 18 - Mar 15

Time: 5:30-7:30pm

Price: \$21.60 / 9 weeks or \$2.40 / drop-in

Barcode: 2228992



Three ways to register:

By phone: 604 276 4300

Online: [www.richmond.ca/register](http://www.richmond.ca/register)

In person at City Centre Community Centre, 5900 Minoru Blvd.



## VOLUNTEER RECRUITMENT FAIR

Join us to learn about summer volunteer opportunities at City Centre Community Centre with:

- Summer Daycamps
- Fun in Lang Park
- Outdoor Movie Night
- Concerts in the Park
- Seasonal Programs
- And more!



**THURSDAY, MAY 24, 5:00PM - 7:00PM**

City Centre Community Centre (5900 Minoru Blvd)

No registration required; just drop in!  
For youth ages 13+, adults & seniors.



# ADULTS

## ARTS - DANCE, VISUAL, MUSIC

Chinese Brush Painting Beginner 16+ yrs	Wednesday 6:45pm - 8:45pm	Apr 18 - Jun 13	\$126.00/9 sessions	City Centre	2326292
Drawing and Painting Mixed Media 16+ yrs	Monday 7:00pm - 9:00pm	Apr 16 - Jun 11	\$112.00/9 sessions	City Centre	2347792
From Drawing to Watercolour 18+ yrs	Monday 10:00am - 12:00pm	Apr 23 - May 14	\$56.00/4 sessions	City Centre	2326452
Intro to DSLR Photography - Level 1 16+ yrs	Sunday 2:00pm - 4:00pm	Apr 15 - May 13	\$70.00/5 sessions	City Centre	2326542
Intro to DSLR Photography - Level 2 16+ yrs	Sunday 2:00pm - 4:00pm	May 20 - Jun 17	\$70.00/5 sessions	City Centre	2326692
Latin Funk 16+ yrs	Tuesday 6:30pm - 7:30pm	Apr 17 - Jun 19	\$105.00/10 sessions	City Centre	2329908
Smart Phone Photography 16+ yrs	Thursday 6:30pm - 8:30pm	Apr 26 - Jun 7	\$98.00/7 sessions	City Centre	2326742

## MARTIAL ARTS

Karate - Goju-Ryu 18+ yrs	Tuesday 6:30pm - 8:00pm	Apr 17 - Jun 19	\$96.23/ 10 sessions	City Centre	2316243
Self Defense Krav-Jitsu 15+ yrs	Monday 8:15pm - 9:15pm	Apr 9 - Jun 11	\$113.40/ 9 sessions	City Centre	2329700
Self Defense Krav-Jitsu 15+ yrs	Wednesday 8:30pm - 9:30pm	Apr 4 - Jun 13	\$138.60/ 11 sessions	City Centre	2329701

## RACQUET SPORTS

Badminton - Intermediate 18+ yrs	Saturday 3:10pm - 4:40pm	Apr 7 - Jun 2	\$62.37/ 8 sessions	General Currie School	2335092
Tennis—Indoor Soft Tennis	Thursdays 7:00-8:00pm	Apr 19 - Jun 7	\$41.58/ 8 sessions	City Centre	2332542

## GENERAL INTEREST

Spanish for Travellers 16+ yrs	Monday 1:30pm - 3:30pm	Apr 23 - Jun 25	\$132.30/9 sessions	City Centre	2329745
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## HEALTH AND FITNESS

Barre Fitness 16+ yrs	Monday 6:45pm - 7:45pm	Apr 9 Apr 16-Jun 11	FREE \$55.12/ 8 sessions	City Centre	2337197 2337196
Barre Fitness 16+ yrs	Thursday 1:00pm - 2:00pm	Apr 5 Apr 12—May 31	FREE \$58.12/ 8 sessions	City Centre	2337199 2337198
Group Weight Training Women - Beginner 16+ yrs	Wednesday 5:15pm - 6:15pm	Apr 11 - May 16 May 23—Jun 27	\$64.58/ 6 sessions \$64.58/ 6 sessions	City Centre	2337260 2337261
Group Weight Training Women - Beginner 16+ yrs	Saturday 11:45am - 12:45pm	Apr 21 - Jun 2	\$64.58/ 6 sessions	City Centre	2337259
Pelvic Floor Fitness Class 18+ yrs	Tuesday 9:30-10:30am	Apr 10 – May 15	\$110.25/ 6 sessions	City Centre	2337267
Suspension Training with TRX 16+ yrs	Tuesday 11:00am -12:00pm	Apr 10 - May 15 May 22 - Jun 26	\$61.50/ 6 sessions \$61.50/ 6 sessions	City Centre	2337347 2337348
Suspension Training with TRX 16+ yrs	Wednesday 6:30pm - 7:30pm	Apr 11 - May 16 May 23 - Jun 27	\$64.58/ 6 sessions	City Centre	2337344 2337346
Suspension Training with TRX 16+ yrs	Saturday 10:30am - 11:30am	Apr 21- Jun 2	\$64.58/ 6 sessions	City Centre	2337343
Spin - Group Cycling Beginner - 16+ yrs	Wednesday 2:30pm - 3:15pm	Apr 11 - May 16 May 23 - Jun 27	\$31.15/ 6 sessions \$31.15/ 6 sessions	City Centre	2354292 2354342
Yoga - Intermediate 16+ yrs	Friday 7:15pm - 8:15pm	Apr 20 - May 25 Jun 1 - Jun 29	\$48.77/ 6 sessions \$40.64/ 5 sessions	City Centre	2337281 2337282
Postnatal Yoga 19+ yrs	Tuesday 12:00pm - 1:00pm	Apr 24 - May 29 Jun 5 - Jul 3	\$46.75/ 6 sessions \$38.70/ 5 sessions	City Centre	2362742 2362792
Prenatal Yoga 19+ yrs	Wednesday 5:15pm - 6:15pm	Apr 18 - May 23 May 30 - Jun 27	\$46.75/ 6 sessions \$38.70/ 5 sessions	City Centre	2362692 2362693
Zumba® 16+ yrs	Friday 6:10pm - 7:10pm	Apr 13 - May 18 May 25 - Jun 29	\$43.58/6 sessions \$43.58/6 sessions	City Centre	2337395 2337396
Pilates and Yoga Combo 16+ yrs	Tuesday 10:45am - 11:45am	April 24 - May 29	\$48.77/6 sessions	City Centre	2337274
Iyengar Yoga	Monday 10:30am - 12:00pm	Apr 30 - Jun 4	\$60.95/5 sessions	City Centre	2337401
Nordic Pole 18+ yrs	Tuesday 12:45pm - 1:45pm	May 22 - Jun 26	\$41.50/6 sessions	City Centre	2337274

55+

**55+ FACILITY PASS**

Purchase a 55+ Facility Pass and have access to a variety of 55+ weekly activities at City Centre Community Centre! Schedule available at the front desk.

\$12 per year (GST included) or \$3.60 per drop-in.

**ARTS - DANCE**

Line Dance Variety Beginner 55+ yrs	Wednesday 2:30pm - 3:30pm	Apr 11 - Jun 20	\$54.80/11 sessions \$6.40/drop-in	City Centre	2331842
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Line Dance Variety Intermediate 55+ yrs	Wednesday 3:40pm - 4:40pm	Apr 11 - Jun 20	\$54.80/11 sessions \$6.40/drop-in	City Centre	2331892
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**ARTS - VISUAL**

Art Series: 3D Paper Canvassing 55+yrs	Saturday 1:00pm - 3:00pm	May 26 - Jun 2	\$21.45/2 sessions	City Centre	2335442
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Art Series: Cement Décor	Saturday 1:00pm - 3:00pm	May 5 - May 12	\$21.45/2 sessions	City Centre	2335492
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Art Series: Drinks and Canvas 55+ yrs	Friday 3:30pm - 5:30pm	Jun 8	\$10.70/1 session + \$10 supply fee	City Centre	2335542
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Chinese Calligraphy Beginner 55+ yrs	Thursday 1:30pm - 3:00pm	Apr 26 - May 31	\$48.25/6 sessions	City Centre	2334542
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Chinese Calligraphy Intermediate 55+ yrs	Thursday 10:30am - 12:00pm	Apr 26 - May 31	\$48.25/6 sessions	City Centre	2334792
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**ARTS - MUSIC**

Singing Beginner 55+	Thursday 1:00pm - 2:30pm	Apr 26 - May 31	\$48.25/6 sessions	City Centre	2336893
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Ukulele Beginner 55+ yrs	Wednesday 2:15pm - 3:15pm	Apr 18 - Jun 20	\$48.25/8 sessions	City Centre	2305642
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**CITY CENTRE TOUR & PROGRAM ORIENTATION**

City Centre Tour	Friday 10:00am - 11:30am	Apr 6	FREE/1 session	City Centre	2334942
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City Centre Tour	Thursday 2:00pm - 03:30pm	May 24	FREE/1 session	City Centre	2334943
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City Centre Tour	Wednesday 4:00pm - 5:30pm	Jun 27	FREE/1 session	City Centre	2334944
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## GENERAL INTEREST

Conversational Mandarin 55+ years	Wednesday 10:00am - 11:00am	Apr 18-May 23	\$24.00/6 sessions	City Centre	2336692
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## HEALTH &amp; FITNESS

Chair Yoga 55+	Tuesday 12:15pm - 1:15pm	Apr 10	Free	City Centre	2337409
		Apr 17 - May 15	\$24.90/5 sessions		2337408
		May 22 - Jun 26	\$29.90/6 sessions		2337411

Health Qigong - Ba Duan Jin 55+ yrs	Friday 10:00am - 11:00am	Apr 20 - Jun 22	\$61.10/10 sessions \$7.60/drop-in	City Centre	2331992
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Health Qigong - Yi Jin Jing 55+ yrs	Friday 11:15am - 12:15pm	Apr 20 - Jun 22	\$61.10/10 sessions \$7.60/drop-in	City Centre	2348592
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Health Qigong Yi Jin Jing 55+ yrs	Friday 1:00pm - 2:00pm	May 18	FREE/1 session	City Center	2402242
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Osteofit for Better Bones 55+ yrs	Monday, Wednesday 1:00pm - 2:00pm	Apr 9 - Jun 27	\$96.60/23 sessions \$7.60/drop-in	City Centre	2333592
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Osteofit for Better Bones Cantonese 55+ yrs	Saturday 10:40am - 11:40am	Apr 7 - Jun 30	\$54.60/13 sessions	City Centre	2334142
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Osteofit for Better Bones Mandarin 55+ yrs	Wednesday 10:00am - 11:00am	May 23 - Jul 11	\$33.60/8 classes	City Centre	2406092
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Osteofit for Life - Cantonese 55+ yrs	Saturday 9:30am -10:30am	Apr 7 - Jun 30	\$54.60/13 sessions	City Centre	2334644
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Osteofit for Life - Cantonese 55+ yrs	Tuesday 11:00am -12:00pm	Apr 3 - Jun 26	\$54.60/13 sessions	City Centre	2334645
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Tennis - Indoor Soft Tennis 55+ yrs	Thursday 5:00pm - 6:00pm	Apr 19 - Jun 7	\$39.60/8 sessions	City Centre	2332342
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## HEALTH WORKSHOP

Chronic Kidney Disease Presentation - English	Wednesday 10:00am - 12:00pm	Apr 18	FREE/1 session	City Centre	2360042
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Mental Wellness Series: Memory	Wednesday 10:00am - 12:00pm	Jun 6	FREE/1 session	City Centre	2335892
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Mental Wellness Series: Mood	Wednesday 10:00am - 12:00pm	Jun 13	FREE/1 session	City Centre	2335942
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Mental Wellness Series: Stress	Wednesday 10:00am - 12:00pm	Jun 20	FREE/1 session	City Centre	2335943
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**LANGUAGE**

English Language Exchange 55+	Saturday 2:00pm - 3:30pm	Apr 28 - Jun 23	\$48.00/8 sessions	City Centre	2218642
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**OUTTRIPS**

Salmon House Brunch Trip	Saturday 10:00am - 2:00pm	Apr 7	\$15.00/1 session	City Centre	2272692
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Royal City Musical Theatre Trip	Thursday 6:00pm - 10:00pm	Apr 12	\$50.00/1 session	City Centre	2346542
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Ivana Tea House Trip	Monday 10:00am - 3:00pm	Apr 16	\$18.50/1 session	City Centre	2275342
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Abbotsford Tulip Festival	Tuesday 10:30am - 4:30pm	Apr 24	\$30.00/1 session	City Centre	2227142
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Mission Abbey and Clayburn Village Trip	Friday 9:00am - 5:00pm	May 4	\$35.00/1 session	City Centre	2273443
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West Coast Express Train Trip	Wednesday 2:30pm - 8:30pm	May 16	\$30.00/1 session	City Centre	2273892
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Lynn Canyon Walk and Ecology Centre Trip	Friday 10:30am - 3:30pm	May 25	\$17.00/1 session	City Centre	2275442
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Crescent Beach and Lunch Trip	Tuesday 10:00am - 4:00pm	Jun 19	\$16.00/1 session	City Centre	2335742
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Horseshoe Bay for the Day Trip	Tuesday 10:00am - 3:30pm	Jun 26	\$18.00/ 1 session	City Centre	2276742
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Squamish Sea to Sky Gondola Trip	Thursday 9:00am - 5:00pm	Jun 28	\$60.00/1 session	City Centre	2227342
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**TECHNOLOGY**

iPhones and iPads 55+	Wednesday 10:30am - 12:00pm	Apr 18 - May23	\$36.00/6 sessions	City Centre	2336945
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iPhones and iPads Cantonese 55+	Thursday 3:30pm - 5:00pm	Apr 19 - May 24	\$36.00/6 sessions	City Centre	2336943
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## Corporate Total Fitness Pass Program

**SAVE ON YOUR FITNESS MEMBERSHIP!**

Please inquire at the front desk for eligibility



City Centre Community Centre  
5900 Minoru Blvd, Rmd, BC V6X 0L9  
mycitycentre.org | 604-204-8588



FITNESS PASS (Sept 2017 Rates)	YOUTH & 55+	ADULT
DROP IN	\$3.70	\$5.60
10 VISIT CARD (Yoga not included)	\$30.00	\$45.00
1 MONTH	\$35.00	\$48.00
3 MONTH	\$78.00	\$104.00
6 MONTH	\$133.00	\$178.00
1 YEAR	\$222.00	\$299.00
1 YEAR FAMILY ADD ON		\$225.00

All drop-in classes included with the purchase of a Monthly or Yearly Fitness Pass

**City Centre is now offering Child Minding On Thursdays from 9:00am - 11:00am for parents to take part in fitness classes or visit the fitness centre!**  
**Max. 4 children 0 - 5 years old with max. of 2 infants (12 months and under).**



# Seeking dynamic and community-oriented volunteers

Share your passion, contribute your expertise, and make a difference in your community as a Committee Member

City Centre Community Centre

**Committee Members attend a monthly 1 hour meeting to discuss, plan, and assist with the development of programming and operations at City Centre Community Centre**

Committees include

- Fitness
- Finance
- Program & Special Events
- Marketing & Outreach
- Governance

Young adults 15+ and older adults 55+ are especially encouraged to apply

Learn more & apply:  
[zswain@richmond.ca](mailto:zswain@richmond.ca) or  
604-204-8582