



Swim Lesson Program Update

Revised Program & Lesson Guarantee



The City of Richmond is excited to announce that Red Cross has revised its Swim Preschool and Swim Kids programs. The revisions have resulted in significant changes to the skill requirements for each level. As well, a new level called "Otter" has been added to the Preschool continuum. Changes to the program were developed after considerable national feedback and are designed to promote greater success for participants moving through the levels.

Richmond Aquatic Services will be launching the new revised Red Cross program effective its summer season beginning July 4, 2011.

Please note: Due to the changes in content of each level, incomplete classes taken prior to July 4, 2011 will not apply to the lesson guarantee program.

However, with this new program, we are committed to continue to offer quality swim lesson instruction and will strive to ensure your children are water safe. Three or more incomplete classes taken after July 4, may qualify you for our lesson guarantee program.

If you would like more information about the revised Red Cross program or about our lesson guarantee offer, we encourage you to contact one of our Aquatic Leaders.

Red Cross Swim Preschool – Summary of Changes

- More age appropriate skills for the tot levels. Shorter lesson sets.
- **7 preschool levels:** Starfish & Duck (parented programs); Sea Turtle, Otter, Salamander, Sunfish, and Whale.
- Revised & updated content in levels and lesson plans.
- Continuous evaluation continues to include demonstration of the performance criteria.
- Skills associated with recovering from unexpected immersion in water are designated as "no goggles" skills. This ensures the swimmer is able to perform basic survival skills.
- Updated preschool report card.

Preschool to Swim Kids Transfer Chart

Incomplete or Complete Sea Turtle, Otter, Salamander and Sunfish → RC 1
Incomplete Crocodile → RC 1
Complete Crocodile or Incomplete Whale → RC 2
Complete Whale → RC 3

Red Cross Swim Kids – Summary of changes

- Stroke performance criteria have been revised to be even more effective in the developmental abilities of the age groups.
- Content has been revised for increasing continuity for smoother progressions of Red Cross 4–8
- Side Stroke has evaluated performance criteria in RC 9 and RC 10
- Continuous evaluation continues to include demonstration of the performance criteria.
- All lesson plans include community hazards, encouraging prevention and safety strategies.
- Removal of Richmond’s RC 3 “A” and RC 5 “A” (**Note:** we will re-evaluate where we find the need).
- Updated Swim Kids report cards.

Red Cross Swim for Adults and Teens

- Programs will largely remain the same. More specific water safety and swimming skill tools are available for instructors. Mostly to meet the needs of the students.

Program Pre-requisites

When registering for swim lessons your child must have the required pre-requisites in order to successfully enrol into the next swim level. Ensuring pre-requisites are met helps us to provide for a safe, positive learning environment for your child and the entire class.

Private Lessons



Policy change starting Summer 2011, the refund policy for Private and Semi-private lessons will now require 72 hours notice to receive a full refund. If less than 72 hours notice is given, a refund will not be issued.

Aquatic Leaders

Mireya Jaime-Cabrera and Holly Sheridan are our Aquatic Leaders. They are responsible for our lesson programming, assisting our instructors to ensure skills are being met at each level, helping in the water with classes and are available during and after your child’s lessons regarding instruction and lesson guarantees. They are based out of all our aquatic facilities.

Contacts:

Programming related issues:

-  Debi Jones 604-238-8017
Aquatic Supervisor, djones@richmond.ca
-  Grant Nishi 604-448-5360
Aquatic Supervisor, gnishi@richmond.ca

Lesson related issues:

- Mireya Jaime Cabrera 604-238-8002
Aquatic Leader, mjaime-cabrera@richmond.ca
- Holly Sheridan..... 604-238-8002
Aquatic Leader, hsheridan@richmond.ca

3 Ways to Register

- 1 Internet:**
www.richmond.ca/register
- 2 Registration Call Centre:**
Mon-Fri, 8:30 am-5:30 pm
604-276-4300
- 3 In Person:**
During facility hours

