

Youth (13-18 years)



YOUTH STAFF TEAM

Advisor Youth Services, City Hall Kate.....604-276-4110
 Roving Outreach Worker Sunny.....604-340-2935
 Roving Outreach Worker Krista.....604-516-9538

YOUTH DEVELOPMENT COORDINATORS

Cambie Community Centre Allan604-233-8379
 City Centre Community Centre Henry604-718-8008
 Hamilton Community Centre Eric604-718-8055
 Sea Island Community Centre Andrea604-238-8000
 South Arm Community Centre Ryan604-718-8071
 Steveston Community Centre Alvin.....604-238-8019
 Thompson Community Centre Kristina.....604-238-8432
 West Richmond Community Centre ... Seth604-238-8416

Arts - Dance, Music & Performing

BAND NIGHT

Each month, South Arm Community Centre showcases Richmond's young musical talent. Come out to hear a variety of aspiring musicians.

South Arm Community Centre		13-18yrs
Jan 27 F 8:00-11:00pm	\$3/1 sess
Feb 24 F 8:00-11:00pm	\$3/1 sess
Mar 30 F 8:00-11:00pm	\$3/1 sess
Apr 27 F 8:00-11:00pm	\$3/1 sess
May 25 F 8:00-11:00pm	\$3/1 sess
Jun 15 F 8:00-11:00pm	\$3/1 sess

DANCE - BREAKDANCE - BEGINNER

Learn the basics of this street style of dance that evolved as part of the Hip Hop movement.

Thompson Community Centre		13-18yrs
Jan 20-Feb 24 W 5:00-6:30pm	\$61.20/6 sess 211156
Apr 18-May 23 W 5:30-7:00pm	\$61.20/6 sess 211157

FREE DANCE - BREAKDANCE - DROP-IN

These drop-in non-instructional sessions include the space to practice and to learn dance moves from peers.

Thompson Community Centre 13-19yrs
 Jan 6-Jun 29 F 6:00-8:00pm

DANCE - HIP HOP

Learn dance steps to the newest Hip Hop beats in a fun-filled setting.

Hamilton Community Centre 13-18yrs
 Jan 20-Mar 9 F 7:20-8:20pm \$54.40/8 sess 195446
 Apr 20-Jun 8 F 7:20-8:20pm \$54.40/8 sess 200347

NEW DANCE - HIP HOP - FOUNDATION

Hip Hop steps, Street Jazz, choreography and the history of these very popular styles of dance are combined to offer students a unique dance foundation or to expand on already learned moves.

West Richmond Community Centre 13-18yrs
 Jan 18-Mar 7 W 5:00-5:45pm \$40.80/8 sess 214476
 Apr 4-Jun 20 W 5:00-5:45pm \$61.20/12 sess 214485

NEW DOHL DRUMMING - BEGINNER

Students are introduced to this traditional Indian drum and are taught basic techniques.

West Richmond Community Centre 13-18yrs
 Jan 14-Mar 10 Sa 1:30-2:30pm \$61.20/9 sess 215463
 Apr 14-Jun 9 Sa 1:30-2:30pm \$54.40/8 sess 215468

GUITAR - LEVEL 1 - PRETEENS AND YOUTH

Learn guitar in this classroom setting with up to six other students and group instruction. Participants must bring a guitar to class.

Sea Island Community Centre 9-18yrs
 Jan 10-Mar 6 Tu 6:00-6:30pm \$30.60/9 sess 192169
 Apr 10-Jun 12 Tu 6:00-6:30pm \$34/10 sess 192168

GUITAR - LEVEL 2 - PRETEENS AND YOUTH

This course is designed for those who have some guitar playing experience or have completed Guitar - Level 1. Participants must bring a guitar to class.

Sea Island Community Centre 9-18yrs
 Jan 13-Mar 9 F 5:00-5:30pm \$30.60/9 sess 215770
 Apr 13-Jun 8 F 5:00-5:30pm \$30.60/9 sess 215771

GUITAR - LEVEL 1

This is a beginner course for aspiring guitarists. Participants must bring guitar to class.

Thompson Community Centre 11-16yrs
 Jan 5-Mar 8 Th 6:00-7:00pm \$68/10 sess 194419
 Apr 12-Jun 28 Th 6:00-7:00pm \$81.60/12 sess 202406
 West Richmond Community Centre 13-18yrs
 Jan 16-Mar 5 M 3:30-4:30pm \$54.40/8 sess 207762
 Apr 2-Jun 18 M 3:30-4:30pm \$68/10 sess 211956

GUITAR - LEVEL 2

This is a more advanced course for aspiring guitarists. Participants must bring guitar to class and must have completed Guitar - Level 1 or have been approved by instructor.

Thompson Community Centre 12-16yrs
 Jan 5-Mar 8 Th 7:00-8:00pm \$68/10 sess 194421
 Apr 12-Jun 28 Th 7:00-8:00pm \$81.60/12 sess 202407
 West Richmond Community Centre 13-18yrs
 Jan 16-Mar 5 M 4:30-5:30pm \$54.40/8 sess 207772
 Apr 2-Jun 18 M 4:30-5:30pm \$68/10 sess 212003

GUITAR - THEORY AND PRACTICE

This class focuses on guitar theory including chord progressions, major and minor keys and lead scales with ongoing practice and review of open and moveable chords, group playing and the pentatonic scales. A component of simple songwriting is introduced. Prerequisite - Guitar - Levels 1 and/or 2. Participants must bring acoustic or electric guitar to class.

Thompson Community Centre 13-18yrs
 Jan 4-Mar 7 W 7:15-8:15pm \$68/10 sess 202403
 Apr 11-Jun 27 W 7:15-8:15pm \$81.60/12 sess 202408



Youth (13-18 years)

Arts - Visual

ARTS - CHINESE BRUSH PAINTING - BEGINNER

Explore this ancient art and create beautiful pieces. Practice basic art techniques and experiment with various exercises. Additional supplies may be required.

Cambie Community Centre 13-18yrs
 Jan 14-Mar 10Sa 10:30am-12:00pm \$121.50/9 sess 207501
 Apr 14-Jun 16Sa 10:30am-12:00pm \$121.50/9 sess 189737

ARTS - CHINESE BRUSH PAINTING - INTERMEDIATE

Build on the basics and further explore this ancient art. Get inspired to create!

Cambie Community Centre 13-18yrs
 Jan 14-Mar 10Sa 12:30-2:00pm \$121.50/9 sess 207556
 Apr 14-Jun 16Sa 12:30-2:00pm \$121.50/9 sess 189741

ARTS - JEWELLERY MAKING

Make a fashion statement. Create funky jewellery using wire, beads and mixed media.

Cambie Community Centre 13-18yrs
 Apr 11-May 9W 3:30-5:00pm \$75/5 sess 189805

ARTS - PAINTING - ACRYLIC

This introductory course is designed for students to learn basic applications and techniques. Detailed demonstrations lead participants through the process of building an acrylic painting from start to finish.

Thompson Community Centre 13-18yrs
 Jan 23-Mar 12M 4:00-6:00pm \$108.80/8 sess 211102
 Apr 23-Jun 11M 4:00-6:00pm \$108.80/8 sess 211158

Daycamps - General

DAYCAMP - ADVENTURE CAMP

Come and join us for a week of fun adventures with out trips, community exploration and more.

City Centre Community Centre - Brighthouse Park 13-18yrs
 Mar 19-Mar 23M-F 9:00am-3:00pm \$155/5 sess 201456

South Arm Community Centre 12-16yrs
 Mar 12-Mar 16M-F 9:30am-3:30pm \$155/5 sess 207951
 Mar 19-Mar 23M-F 9:30am-3:30pm \$155/5 sess 208001

Thompson Community Centre 13-16yrs
 *Jan 23-Jan 27M-F 9:30am-4:00pm \$155/5 sess 210954
 Mar 19-Mar 23M-F 9:30am-4:00pm \$155/5 sess 210953
 *Jun 18-Jun 22M-F 9:30am-4:00pm \$155/5 sess 211213



*During semester breaks

First Aid

CPR C AND AED - BASIC RESCUE RECERTIFICATION

This course covers the lifesaving skills needed to perform procedures on babies, children and adults. Subjects covered include choking, breathing, cardiac arrest and two-person CPR procedures with an automatic defibrillator.

Watermania 13+yrs
 Jan 7Sa 12:00-3:00pm \$49.10/1 sess 216323
 Jan 21Sa 12:00-3:00pm \$49.10/1 sess 216324
 Feb 4Sa 12:00-3:00pm \$49.10/1 sess 216325
 Feb 18Sa 12:00-3:00pm \$49.10/1 sess 216328
 Mar 10Sa 12:00-3:00pm \$49.10/1 sess 216329
 Mar 31Sa 12:00-3:00pm \$49.10/1 sess 215553
 Apr 14Sa 12:00-3:00pm \$49.10/1 sess 215557
 Apr 28Sa 12:00-3:00pm \$49.10/1 sess 215559
 May 12Sa 12:00-3:00pm \$49.10/1 sess 215560
 Jun 2Sa 12:00-3:00pm \$49.10/1 sess 215561
 Jun 23Sa 12:00-3:00pm \$49.10/1 sess 215562

CPR C AND AED

These lifesaving skills, taught to perform on babies, children and adults, include choking, breathing, cardiac arrest and two-person CPR procedures with an automatic defibrillator.

Watermania 13+yrs
 Jan 7Sa 9:00am-3:00pm \$78.50/1 sess 216301
 Jan 21Sa 9:00am-3:00pm \$78.50/1 sess 216302
 Feb 4Sa 9:00am-3:00pm \$78.50/1 sess 216304
 Feb 18Sa 9:00am-3:00pm \$78.50/1 sess 216303
 Mar 10Sa 9:00am-3:00pm \$78.50/1 sess 216305
 Mar 31Sa 9:00am-3:00pm \$78.50/1 sess 215546
 Apr 14Sa 9:00am-3:00pm \$78.50/1 sess 215548
 Apr 28Sa 9:00am-3:00pm \$78.50/1 sess 215549
 May 12Sa 9:00am-3:00pm \$78.50/1 sess 215550
 Jun 2Sa 9:00am-3:00pm \$78.50/1 sess 215551
 Jun 23Sa 9:00am-3:00pm \$78.50/1 sess 215552

EMERGENCY FIRST AID, CPR B AND AED

This course covers First Aid, CPR basic skills and how to use an automatic defibrillator.

Watermania 13+yrs
 Jan 7Sa 9:00am-4:00pm \$93.25/1 sess 216251
 Jan 21Sa 9:00am-4:00pm \$93.25/1 sess 216252
 Feb 4Sa 9:00am-4:00pm \$93.25/1 sess 216253
 Feb 18Sa 9:00am-4:00pm \$93.25/1 sess 216254
 Mar 10Sa 9:00am-4:00pm \$93.25/1 sess 216255
 Mar 31Sa 9:00am-4:00pm \$93.25/1 sess 215521
 Apr 14Sa 9:00am-4:00pm \$93.25/1 sess 215534
 Apr 28Sa 9:00am-4:00pm \$93.25/1 sess 215535
 May 12Sa 9:00am-4:00pm \$93.25/1 sess 215537
 Jun 2Sa 9:00am-4:00pm \$93.25/1 sess 215538
 Jun 23Sa 9:00am-4:00pm \$93.25/1 sess 215539

EMERGENCY FIRST AID, CPR B AND AED RECERT

This course recertifies First Aid, CPR basic skills and how to use an automatic defibrillator.

Watermania		13+yrs
Jan 7	Sa 12:00-4:00pm	\$60.80/1 sess 216256
Jan 21	Sa 12:00-4:00pm	\$60.80/1 sess 216257
Feb 4	Sa 12:00-4:00pm	\$60.80/1 sess 216306
Feb 18	Sa 12:00-4:00pm	\$60.80/1 sess 216258
Mar 10	Sa 12:00-4:00pm	\$60.80/1 sess 216259
Mar 31	Sa 12:00-4:00pm	\$60.80/1 sess 215540
Apr 14	Sa 12:00-4:00pm	\$60.80/1 sess 215541
Apr 28	Sa 12:00-4:00pm	\$60.80/1 sess 215542
May 12	Sa 12:00-4:00pm	\$60.80/1 sess 215543
Jun 2	Sa 12:00-4:00pm	\$60.80/1 sess 215544
Jun 23	Sa 12:00-4:00pm	\$60.80/1 sess 215545

STANDARD FIRST AID AND AED

This is a more advanced course than Emergency First Aid but does teach First Aid, CPR C basics and how to use an automatic defibrillator.

Watermania		13+yrs
Jan 7-Jan 8	Sa-Su 9:00am-5:00pm	\$142.25/2 sess 216201
Jan 21-Jan 22	Sa-Su 9:00am-5:00pm	\$142.25/2 sess 216213
Feb 4-Feb 5	Sa-Su 9:00am-5:00pm	\$142.25/2 sess 216215
Feb 18-Feb 19	Sa-Su 9:00am-5:00pm	\$142.25/2 sess 216216
Mar 10-Mar 11	Sa-Su 9:00am-5:00pm	\$142.25/2 sess 216225
Mar 31-Apr 1	Sa-Su 9:00am-5:00pm	\$142.25/2 sess 215056
Apr 14-Apr 15	Sa-Su 9:00am-5:00pm	\$142.25/2 sess 215509
Apr 28-Apr 29	Sa-Su 9:00am-5:00pm	\$142.25/2 sess 215510
May 12-May 13	Sa-Su 9:00am-5:00pm	\$142.25/2 sess 215511
Jun 2-Jun 3	Sa-Su 9:00am-5:00pm	\$142.25/2 sess 215514
Jun 23-Jun 24	Sa-Su 9:00am-5:00pm	\$142.25/2 sess 215515

STANDARD FIRST AID RECERTIFICATION AND AED

This course is designed for professionals with current Standard First Aid (taken within the past two years). Participants also learn how to use an automatic defibrillator.

Watermania		13+yrs
Jan 8	Su 9:00am-5:00pm	\$67.75/1 sess 216332
Jan 22	Su 9:00am-5:00pm	\$67.75/1 sess 216336
Feb 5	Su 9:00am-5:00pm	\$67.75/1 sess 216337
Feb 19	Su 9:00am-5:00pm	\$67.75/1 sess 216338
Mar 11	Su 9:00am-5:00pm	\$67.75/1 sess 216339
Apr 1	Su 9:00am-5:00pm	\$67.75/1 sess 215601
Apr 15	Su 9:00am-5:00pm	\$67.75/1 sess 215602
Apr 29	Su 9:00am-5:00pm	\$67.75/1 sess 215603
May 13	Su 9:00am-5:00pm	\$67.75/1 sess 215604
Jun 3	Su 9:00am-5:00pm	\$67.75/1 sess 215605
Jun 24	Su 9:00am-5:00pm	\$67.75/1 sess 215606

General Interest

RAG FAMILY SUNDAY CREW

This Richmond Art Gallery (RAG) youth group is made up of volunteer high school students who work with children and families in the art gallery. Leadership skills, art skills and meeting other Richmond youth are all part of this fun volunteer position. Join us! For more information and a meeting schedule, call 604-247-8311.

BABYSITTERS FIRST AID

Childcare, tips on behaviour, safety, feeding, emergencies and infant care are taught in this course by St. Johns Ambulance. First Aid is a focus of this course.

Cambie Community Centre		10-14yrs
Feb 4	Sa 9:15am-3:45pm	\$60/1 sess 210757
Apr 21	Sa 9:15am-3:45pm	\$60/1 sess 189863

BABYSITTING TRAINING

Childcare, tips on behaviour, safety, feeding, emergencies and infant care are taught in this course.

Sea Island Community Centre		11-15yrs
Feb 18-Feb 25	Sa 9:00am-3:30pm	\$54/2 sess 215111
Jun 16-Jun 23	Sa 9:00am-3:30pm	\$54/2 sess 189866
Steveston Community Centre		11-15yrs
Jan 28-Feb 4	Sa 9:00am-3:30pm	\$54/2 sess 204651
Apr 7-Apr 14	Sa 9:00am-3:30pm	\$54/2 sess 189864
Jun 2-Jun 9	Sa 9:00am-3:30pm	\$54/2 sess 190112
Thompson Community Centre		11-15yrs
Jan 18-Feb 22	W 3:30-5:30pm	\$54/6 sess 202386
Apr 11-May 16	W 3:30-5:30pm	\$54/6 sess 189865

NEW GEOCACHING EXPLORATION AND COMPASS WORKSHOP

Geocaching is a real-world outdoor treasure hunting game with participants trying to locate hidden containers, called geocaches, using GPS-enabled devices. Also, learn how to use a compass to get ready for an exploration adventure around Richmond!

Thompson Community Centre		13-18yrs
Apr 21	Sa 11:00am-4:00pm	\$30/1 sess 211206

Please note: Program information including dates, pricing and locations are up to date as of November 1, 2011. We try our best to ensure that the Guide information in print is correct, however changes sometimes occur.

Youth (13-18 years)

IRON CHEF COOKING

A full stomach, new recipes and good times! Kitchen skills are put to the test with exotic ingredients and an Iron Chef style challenge on the last day of class. Price includes all food supplies.

Thompson Community Centre	13-18yrs
Jan 24-Feb 28 Tu..... 3:30-5:00pm	\$61.20/6 sess 210758
Mar 12-Mar 16 M-F..... 2:00-3:30pm	\$51/5 sess 210759
May 8-Jun 12 Tu..... 3:30-5:00pm	\$61.20/6 sess 210801

FREE NIGHT SHIFT

A late night drop-in program of music, sport and friends.

South Arm Community Centre	13-18yrs
Jan 6-Mar 31 F..... 8:30pm-12:00am	
Apr 13-Jun 23 F..... 8:30pm-12:00am	
Steveston Community Centre	13-18yrs
Jan 6-Mar 31 F..... 8:30pm-12:00am	
Apr 13-Jun 23 F..... 8:30pm-12:00am	
Thompson Community Centre	13-18yrs
Jan 6-Mar 30 F..... 7:00-11:30pm	
Apr 6-Jun 22 F..... 7:00-11:30pm	
West Richmond Community Centre	13-18yrs
Jan 13-Mar 10 F..... 8:30pm-12:00am	
Mar 30-Jun 23 F..... 8:30pm-12:00am	

NIGHT SHIFT - BAKING TREATS AND SWEETS

Bake treats and sweets and eat with friends and peers.

Thompson Community Centre	13-18yrs
Jun 1 F..... 6:00-8:00pm	\$6/1 sess 211212

NIGHT SHIFT - SUSHI MAKING

Come out and enjoy a fun evening of sushi with friends.

Sea Island Community Centre	9-18yrs
Jan 16 M..... 4:00-6:00pm	\$8/1 sess 215055
Apr 23 M..... 4:00-6:00pm	\$8/1 sess 215059
Thompson Community Centre	12-18yrs
Jan 6 F..... 6:00-8:00pm	\$8/1 sess 211208
Mar 9 F..... 6:00-8:00pm	\$8/1 sess 211209
May 11 F..... 6:00-8:00pm	\$8/1 sess 211210

STEVESTON JAPANESE LANGUAGE SCHOOL

Call 604-274-4374 or visit www.sjls.ca for more information and to register.

Steveston Community Centre - Japanese Canadian Cultural Centre	
Sep 10-Jun 23 Sat..... 9:30-11:20am	
Sep 10-Jun 23 Sat..... 12:00-1:50pm	

FREE SUMMER RÉSUMÉ PREP COURSE

This course is designed for Summer Recreation Leader I applicants. Participants learn résumé tips and techniques to improve the chance of becoming a successful recruit. Registration required.

South Arm Community Centre	14-18yrs
Feb 16-Feb 23 Th 4:30-6:00pm	208058

YOUTH INTEGRATION

Tailored to youth with developmental disabilities and their peers, this program, in partnership with Richmond Society for Community Living focuses on developing positive social development. To learn more, call 604-718-8071 or 604-238-8019.

South Arm Community Centre	13-18yrs
Jan 2-Mar 30 M/W 3:00-6:00pm	\$220/22 sess 207902
Apr 2-Jun 15 M/W 3:00-6:00pm	\$200/20 sess 213004
Steveston Community Centre	13-18yrs
Jan 3-Mar 8 Tu/Th ... 3:00-6:00pm	\$200/20 sess 189502
Mar 27-Jun 14 Tu/Th ... 3:00-6:00pm	\$240/24 sess 190485

Health & Fitness

GROUP WEIGHT TRAINING BOYS

In this boys-only program, youth are taught how to weight train in a supervised setting using machines, free weights, medicine balls and strength tubes. Some sessions are held outdoors.

South Arm Community Centre	13-16yrs
Jan 14-Mar 10 Sa 5:00-6:00pm	\$36.20/9 sess 207369
Apr 14-Jun 9 Sa 5:00-6:00pm	\$32.20/8 sess 207370
Steveston Community Centre	13-16yrs
Jan 21-Feb 25 Sa 1:00-2:00pm	\$60/6 sess 217011

KARDIO MIXER - GIRLS ONLY

This class implements the basic techniques of kickboxing including an intense cardio workout that develops strength and endurance.

West Richmond Community Centre	13-18yrs
Jan 19-Mar 22 Th 3:15-4:15pm	\$35/10 sess 209799
Apr 19-Jun 21 Th 3:15-4:15pm	\$35/10 sess 209800

YOGA

Incorporates poses, breathing techniques and positive affirmations to improve coordination, strength and flexibility for sports and other activities.

South Arm Community Centre 13-18yrs

Jan 11-Mar 14.....W..... 3:45-4:45pm \$45/10 sess 207504
Apr 11-Jun 13W..... 3:45-4:45pm \$45/10 sess 207554

Steveston Community Centre - Steveston Martial Arts Centre 13-18yrs

Jan 10-Mar 20.....Tu..... 4:00-5:00pm \$45/10 sess 216340
Apr 10-Jun 12Tu..... 4:00-5:00pm \$45/10 sess 217001

YOGA - GIRLS ONLY

Learn yoga poses in a private and non-intimidating setting just for fun or to help gain flexibility, strength and confidence.

Minoru Sports Pavilion 13-18yrs

Jan 10-Mar 13.....Tu..... 4:00-5:00pm \$45/10 sess 197625
Apr 10-Jun 12Tu..... 4:00-5:00pm \$45/10 sess 197724



Bright futures start with exciting adventures and first-time discoveries. Like paddling a canoe around the lake. And planting a tree for the very first time. Or simply realizing that making new friends is easy and fun. Call us today and help your child discover a whole new world of firsts. Call (604) 879-5721.

Scouts Canada Programs for boys, girls and young adults.
Beaver Scouts: 5-7 years Cub Scouts: 8-10 years
Scouts: 11-14 years Venturer Scouts: 14-17 years
Rover Scouts: 18-26 years

1-888-ScoutsNow (1-888-726-8876)
www.scouts.ca



It starts with Scouts.

FREE ▶ YOUTH FITNESS EXPO - BEGINNER BOOT CAMP

This circuit style workout utilizes a variety of workout equipment and exercising techniques. Registration required.

South Arm Community Centre 13-17yrs
May 1.....Tu..... 6:00-6:55pm 215819

FREE ▶ YOUTH FITNESS EXPO - BEGINNER RACQUETBALL

Learn important rules, skills and techniques of this racquet sport. Registration required.

South Arm Community Centre 13-17yrs
May 1.....Tu..... 4:00-4:30pm 216206
May 1.....Tu..... 4:30-5:00pm 216208
May 1.....Tu..... 5:00-5:30pm 216209
May 1.....Tu..... 5:30-6:00pm 216210

FREE ▶ YOUTH FITNESS EXPO - BEGINNER SPIN

Never tried a spin class before? Sign up for this beginner class that includes drills and upbeat challenges. Registration required.

South Arm Community Centre 13-17yrs
May 1.....Tu..... 4:00-4:30pm 216211
May 1.....Tu..... 4:30-5:00pm 216212

FREE ▶ YOUTH FITNESS EXPO - BEGINNER YOGA

Breathe. Bend. Balance. This beginner yoga class covers the basic positions and techniques of this non-impact workout. Registration required.

South Arm Community Centre 13-17yrs
May 1.....Tu..... 6:00-7:00pm 216214

FREE ▶ YOUTH FITNESS EXPO - SNACK ATTACK

Health and nutrition are so important for all ages including youth! Come and learn to prepare several healthy snack alternatives to junk food. Registration required.

South Arm Community Centre 13-17yrs
May 1.....Tu..... 5:00-6:00pm 216222

**Find Martial Arts programs
on pages 94-96**

Youth (13-18 years)



Leadership

FREE LEADERSHIP GROUPS

These groups are run by youth and are open to all those of high school age. Meet new people, plan events, volunteer and make a difference in the community.

Thompson Community Centre 13-18yrs
 Jan 5-Mar 22..... Th 3:00-4:30pm
 Apr 5-Jun 28 Th 3:00-4:30pm

FREE S.W.A.T.

Want to do something fun and exciting after school? Join our super-awesome team who make a difference. Help plan events, attend retreats, contribute to the community and gain leadership/volunteer experience!

Steveston Community Centre 13-18yrs
 Jan 6-Jun 16..... W 3:30-4:30pm

CITY CENTRE YOUTH VOLUNTEER OPPORTUNITIES

Interested in volunteering? City Centre Youth Development offers a variety of volunteer opportunities for youth to meet new friends, shape the community, develop leadership skills and discover inner 'sparks' while having plenty of fun. For details, email hyao@richmond.ca.

LEADERSHIP TRAINING

Get a basic understanding of what it takes to be an outstanding leader, both in volunteer initiatives and in the workplace. Participants learn the fundamentals of goal setting, communication strategies, leadership styles, team building, confidence and more.

Thompson Community Centre 13-18yrs
 Mar 12-Mar 15..... M-W 9:00am-12:00pm \$78.75/4 sess 194433
 Th 9:00am-4:00pm

FREE YOUTH IN ACTION – YIA

Develop leadership skills through volunteering and planning fun activities in the community! Youth are encouraged to attend monthly out trips for team-building purposes, so additional costs may be required. For details call Seth at 604-238-8416.

West Richmond Community Centre 13-18yrs
 Jan 6-Jun 16..... F 3:15-4:15pm

FREE YOUTH TAKING CHARGE (AKA "YTC")

Youth are the voices in this leadership group at Cambie Community Centre. Help make decisions about youth program planning, special projects and specific youth issues. This group provides major volunteer resources to Cambie's special events while connecting with youth from other schools, groups and communities. Call Allan at 604-233-8379.

Cambie Community Centre 13-18yrs

Outdoor Trips & Tours

DINNER AND THEATRE TRIP

This full, fab and fun evening includes sushi dinner followed by Vancouver's Fighting Chance Productions performance of 'The Mystery of Edwin Drood', a playful play-within-a-play and whodunit with a hilarious, audience involved ending! Price includes dinner and admission.

Thompson Community Centre 13-18yrs
 Feb 24..... F 4:00-10:00pm \$40/1 sess 210964

FASHION, FASHION AND MORE FASHION TRIP

This trip explores some of Vancouver's most vibrant fashion scenes, offers a behind-the-scenes visit to several popular boutiques, a design studio tour and the meeting of some fashion industry professionals. It's perfect for those considering a career in fashion!

Thompson Community Centre 13-18yrs
Jan 20 F 2:00-7:00pm \$15/1 sess 210955

NEW GRANVILLE ISLAND TRIP

Shop and stroll through this world famous public market, explore the many shops and galleries and make time to enjoy a delicious lunch at one of the many food vendors. A tour of False Creek on the Aquabus is also included. Price includes transportation only.

Thompson Community Centre 13-18yrs
Jun 9 Sa 11:00am-5:00pm \$20/1 sess 211205

GROUSE MOUNTAIN ZIP-LINE ADVENTURE TRIP

Experience the thrill of mountain Zip-lining! Enjoy a trek around Blue Grouse Lake and then zip across the peaks of Grouse and Dam Mountains. At the top, visit the grizzly bear wildlife refuge; watch the Lumberjack Show; Theatre in the Sky and take in the spectacular view of Vancouver. Price includes transportation, Skyride, two-hour tour and Zip-lining.

Thompson Community Centre 13-18yrs
Jun 29 F 9:30am-4:30pm \$125/1 sess 211215

HIKING TRIP

This trip showcases some of the Lower Mainland's spectacular mountains and trails. Price includes transportation only.

Cambie Community Centre 13-18yrs
May 26 Sa 9:00am-5:00pm \$15/1 sess 213366

Thompson Community Centre 13-18yrs
May 26 Sa 10:00am-4:30pm \$15/1 sess 211201
Jun 16 Sa 10:00am-4:30pm \$15/1 sess 211202

ICE SKATE AT ROBSON SQUARE TRIP

Celebrate the festive winter season with a group trip to Vancouver and an ice skating session on this iconic outdoor skating rink. Price includes transportation on the Canada Line, skate rentals and hot chocolate!

Thompson Community Centre 13-18yrs
Jan 21 Sa 11:00am-4:00pm \$18/1 sess 210952

INDOOR CAMPING TRIP

Don't miss the fun sure to be had on this two-day overnight trip to the Capilano Indoor Group Camp on the North Shore. Learn cooking skills, meet new people and go on hikes during the day and hang out at the campfire at night. Good times!

City Centre Community Centre 13-18yrs
Mar 12-Mar 14 M-W 10:00am (M)-2:00pm (W) \$95/3 days 195201

LASER TAG TRIP

Combining hide and seek with hi-tech lasers, this game involves heart-pounding, non-stop fun. Price includes four games.

Sea Island Community Centre 9-18yrs
Mar 22 Th 9:30am-4:00pm \$35/1 sess 215057

MOVIE AND BOWLING TRIP

A day of bowling and a movie. Price includes transportation, a game of bowling, shoe rental and movie admission.

Sea Island Community Centre 9-18yrs
Mar 20 Tu 9:30am-4:00pm \$40/1 sess 215058

OLD SPAGHETTI FACTORY AND MOVIE TRIP

Lunch (including this restaurant's famous Spumoni ice cream) and a movie. Price includes transportation, lunch and movie admission.

Thompson Community Centre 13-18yrs
Feb 11 Sa 12:00-5:00pm \$35/1 sess 210951
Apr 27 F 12:00-5:00pm \$35/1 sess 211207

ROPES COURSE AT UBC TRIP

This fun, active and challenging course is a great chance for participants to work collectively in a group and to use lots of creativity. Price includes transportation and course admission.

Thompson Community Centre 13-18yrs
Jun 28 Th 11:00am-5:00pm \$52/1 sess 211216

SNOWTUBING TRIP

Slip and slide down Cypress Mountain. Price includes transportation and snow tube rental. Dress appropriately for the weather.

Thompson Community Centre 13-18yrs
Jan 14 Sa 10:00am-4:00pm \$35/1 sess 194515

VANCOUVER ART GALLERY OUT TRIP

A visit to and viewing of exhibitions at the most popular Vancouver gallery. There's also time set aside to shop downtown! Price includes transportation and admission.

Thompson Community Centre 13-18yrs
Mar 10 Sa 11:00am-5:00pm \$25/1 sess 210957

Youth (13-18 years)

Sports

Find the Open Gym
schedule on page 152

BADMINTON

Watch the birdie! Learn various serves, forehand and backhand grips, plus other badminton basics. It's fun and interactive.

Cambie Community Centre 13-18yrs

Jan 15-Mar 4.....Su..... 11:30am-12:30pm..... \$36/8 sess 207593
Apr 15-Jun 10.....Su..... 11:30am-12:30pm..... \$31.50/7 sess 213206

City Centre Community Centre - Anderson School 13-18yrs

Jan 14-Mar 3.....Sa..... 4:30-6:00pm..... \$54/8 sess 217601
Jan 15-Mar 4.....Su..... 11:00am-12:00pm..... \$36/8 sess 198902
Jan 15-Mar 4.....Su..... 1:20-2:20pm..... \$36/8 sess 198903
Jan 15-Mar 4.....Su..... 2:25-3:25pm..... \$36/8 sess 198904
Apr 15-Jun 10.....Su..... 11:00am-12:00pm..... \$36/8 sess 189940
Apr 15-Jun 10.....Su..... 1:20-2:20pm..... \$36/8 sess 189942
Apr 15-Jun 10.....Su..... 2:25-3:25pm..... \$36/8 sess 189943

City Centre Community Centre - General Currie School 13-18yrs

Jan 16-Mar 5.....M..... 7:10-8:10pm..... \$36/8 sess 198905
Jan 21-Mar 3.....Sa..... 1:50-2:50pm..... \$31.50/7 sess 198901
Apr 14-Jun 9.....Sa..... 4:30-6:00pm..... \$54/8 sess 189939
Apr 14-Jun 16.....Sa..... 1:50-2:50pm..... \$40.50/9 sess 206110
Apr 16-Jun 11.....M..... 7:10-8:10pm..... \$36/8 sess 206114

South Arm Community Centre 13-18yrs

Jan 11-Mar 14.....W..... 5:30-6:30pm..... \$45/10 sess 215959
Jan 11-Mar 14.....W..... 3:30-4:30pm..... \$45/10 sess 215960
Apr 11-Jun 13.....W..... 5:30-6:30pm..... \$45/10 sess 215982
Apr 11-Jun 13.....W..... 3:30-4:30pm..... \$45/10 sess 215983

Thompson Community Centre 13-18yrs

Jan 14-Mar 3.....Sa..... 2:30-3:30pm..... \$36/8 sess 194330
Jan 15-Mar 4.....Su..... 10:15-11:15am..... \$31.50/7 sess 194331
Apr 14-Jun 16.....Sa..... 2:30-3:30pm..... \$45/10 sess 189944
Apr 15-Jun 17.....Su..... 10:15-11:15am..... \$45/10 sess 189945

West Richmond Community Centre 13-18yrs

Jan 17-Mar 6.....Tu..... 4:30-5:30pm..... \$36/8 sess 211713
Apr 3-Jun 12.....Tu..... 4:30-5:30pm..... \$49.50/11 sess 189937

BADMINTON - INTERMEDIATE

Strategy, speed and placement skills are the focus of this program.

Steveston Community Centre 13-18yrs

Jan 5-Mar 8.....Th..... 5:30-6:30pm..... \$45/10 sess 189126
Jan 7-Mar 10.....Sa..... 10:00-11:30am..... \$67.50/10 sess 202151
Mar 29-Jun 21.....Th..... 5:30-6:30pm..... \$54/12 sess 189932
Mar 31-Jun 23.....Sa..... 10:00-11:30am..... \$74.25/11 sess 190120

BADMINTON CAMP

A week long badminton camp focusing on skills and drills designed to improve game play.

Steveston Community Centre 13-18yrs

Mar 12-Mar 16.....M-F..... 4:30-6:00pm..... \$33.75/5 sess 189130
Mar 19-Mar 23.....M-F..... 4:30-6:00pm..... \$33.75/5 sess 189131

BASKETBALL - RYBL - SPRING LEAGUE

Teams are formed the first day. Each session includes a 30-minute practice and one-hour game. A scorekeeper and referee are provided. Check out www.rybl.net for more details. All registration must be done at South Arm Community Centre.

South Arm Community Centre - McMath School 13-15yrs

Apr 14-Jun 9.....Sa..... 11:00am-12:30pm..... \$45/8 sess 189985

TABLE TENNIS - BEGINNER

Serves, volleys, top spins and other basic table tennis skills are covered in this program.

City Centre Community Centre - MacNeill Secondary School 13-18yrs

Jan 20-Mar 9.....F..... 3:00-4:30pm..... \$102/8 sess 198953
Apr 13-Jun 15.....F..... 3:00-4:30pm..... \$127.50/10 sess 206201

Steveston Community Centre 13-18yrs

Jan 18-Mar 7.....W..... 4:30-5:30pm..... \$68/8 sess 189327
Apr 11-Jun 13.....W..... 4:30-5:30pm..... \$85/10 sess 190345

TABLE TENNIS - INTERMEDIATE

Not a beginner or an advanced player? Then this program is perfect!

City Centre Community Centre 13-18yrs

Jan 21-Mar 3.....Sa..... 12:45-1:45pm..... \$59.50/7 sess 198956
Apr 14-Jun 16.....Sa..... 12:45-1:45pm..... \$76.50/9 sess 206203

Steveston Community Centre 13-18yrs

Jan 17-Mar 6.....Tu..... 4:30-5:30pm..... \$68/8 sess 189331
Jan 19-Mar 8.....Th..... 4:30-5:30pm..... \$68/8 sess 201952
Jan 21-Mar 10.....Sa..... 5:30-6:30pm..... \$68/8 sess 201953
Apr 10-Jun 12.....Tu..... 4:30-5:30pm..... \$85/10 sess 202001
Apr 12-Jun 14.....Th..... 4:30-5:30pm..... \$85/10 sess 190350
Apr 14-Jun 16.....Sa..... 5:30-6:30pm..... \$76.50/9 sess 190349

TABLE TENNIS CAMP

Table tennis skills are built upon in this four-day program.

Steveston Community Centre 13-15yrs

Mar 12-Mar 15.....M-Th..... 1:00-2:00pm..... \$34/4 sess 189336
Mar 19-Mar 22.....M-Th..... 1:00-2:00pm..... \$34/4 sess 189337

TENNIS - DEVELOPMENT PROGRAM

This program develops the tactical decision-making, physical and technical skills necessary to perform in competition.

Steveston Community Centre		9-15yrs
Jan 5-Feb 2	Th/Tu ... 4:30-6:30pm	\$207/9 sess 189396
Feb 7-Mar 8	Tu/Th ... 4:30-6:30pm	\$230/10 sess 189397

TENNIS

Learn how to control the ball. Practice hand-eye coordination and develop fundamental movement skills in a fun environment.

Steveston Community Centre		13-18yrs
Jan 5-Feb 2	Th/Tu ... 6:30-7:30pm	\$103.50/9 sess 189433
Jan 6-Mar 9	F 5:30-6:30pm	\$92/8 sess 196855
Jan 7-Mar 3	Sa 9:30-11:30am	\$161/7 sess 189436
Feb 7-Mar 8	Tu/Th ... 6:30-7:30pm	\$115/10 sess 189434
Mar 27-May 3	Tu/Th ... 6:30-7:30pm	\$138/12 sess 190429
Mar 31-Jun 16	Sa 9:30-11:30am	\$230/10 sess 190431
May 8-Jun 14	Tu/Th ... 6:30-7:30pm	\$138/12 sess 190430

TENNIS - INTERMEDIATE

Learn basic tennis techniques like basic ball-handling skills, gain control over swings and play simple points.

Steveston Community Centre		13-18yrs
Jan 8-Mar 4	Su 10:30am-12:30pm	\$184/8 sess 189427
Jan 9-Feb 1	M/W 6:30-7:30pm	\$92/8 sess 189424
Feb 6-Mar 7	M/W 6:30-7:30pm	\$115/10 sess 189425
Mar 26-May 2	M/W 6:30-7:30pm	\$126.50/11 sess 190423
Apr 1-Jun 10	Su 10:30am-12:30pm	\$207/9 sess 190425
May 7-Jun 13	M/W 6:30-7:30pm	\$126.50/11 sess 190424

TENNIS - ADVANCED

Geared for more advanced players, learn how to rally ten balls in a row using basic tennis groundstrokes!

Steveston Community Centre		13-18yrs
Jan 8-Mar 4	Su 5:30-7:30pm	\$200/8 sess 189369
Apr 1-Jun 10	Su 5:30-7:30pm	\$225/9 sess 190377

TENNIS CAMP

Footwork, forehands, backhands, lobs, volleys, overhead smashes and more fundamentals are taught in a fun environment.

Steveston Community Centre		13-18yrs
Mar 12-Mar 16	M-F 1:30-3:30pm	\$115/5 sess 189442
Mar 19-Mar 23	M-F 1:30-3:30pm	\$115/5 sess 189443



TENNIS TRAINING - INTERMEDIATE

This course is designed for dedicated, intermediate players. Improve skills rapidly and learn advanced techniques and tactics.

Steveston Community Centre		13-18yrs
Jan 9-Mar 5	M 5:00-6:30pm	\$168.75/9 sess 197101
Mar 26-Apr 30	M 5:00-6:30pm	\$93.75/5 sess 190457
May 7-Jun 11	M 5:00-6:30pm	\$93.75/5 sess 202301

TENNIS TRAINING - ADVANCED

This course is designed for dedicated, advanced players. Improve skills rapidly and learn advanced techniques and tactics.

Steveston Community Centre		13-18yrs
Jan 5-Feb 2	Th/Tu ... 5:00-6:30pm	\$168.75/9 sess 197103
Jan 11-Mar 7	W 5:00-6:30pm	\$168.75/9 sess 197102
Feb 7-Mar 8	Tu/Th ... 5:00-6:30pm	\$187.50/10 sess 197151
Mar 27-May 3	Tu/Th ... 5:00-6:30pm	\$225/12 sess 190449
Mar 28-Apr 25	W 5:00-6:30pm	\$93.75/5 sess 190447
May 2-Jun 13	W 5:00-6:30pm	\$131.25/7 sess 190448
May 8-Jun 14	Tu/Th ... 5:00-6:30pm	\$225/12 sess 190450

VOLLEYBALL

Learn how to improve volleyball skills while having fun. All skill levels are welcome.

South Arm Community Centre		13-17yrs
Jan 19-Mar 1	Th 3:45-4:45pm	\$31.50/7 sess 213002
Apr 12-May 24	Th 3:45-4:45pm	\$31.50/7 sess 213003
Steveston Community Centre		13-15yrs
Jan 11-Mar 7	W 4:45-5:45pm	\$40.50/9 sess 189479