

Self Guided Walk Richmond Walks

This fall and winter, we encourage all walkers to meet at Minoru Park (east side of the Minoru Sports Pavilion, 7191 Granville Avenue) and walk together on the Saturdays when guided walks are not offered. Volunteer leaders will be on most walks.

Saturdays at 10:00am:

September 17, October 1, 15, 29,
November 12, 26, December 10, 24,
January 14, 28, February 11, 25,
March 10, 24

Are you interested in becoming a volunteer walk leader? Email walking@richmond.ca for details. Training is provided.

Walking Kits

Kits are available from most of Richmond's recreation facilities, pools and arenas for \$5 + tax and include a pedometer and other walking resources.

For more details, call 604-276-4300 or visit www.richmond.ca/walk.

Walk Richmond is an initiative aimed at building a legacy of healthy lifestyles in Richmond by engaging people in lifelong walking.

The resources and programs listed below will help you to discover our beautiful city and increase your physical activity level.

Getting Richmond Moving

Walk, Talk, Discover, Learn with Scavenger Hunts in Richmond parks, download Healthy Eating Guidelines and more. www.richmond.ca/grm

Richmond's Walking Guide Book

This detailed publication showcases all Walk Richmond routes and includes six Scavenger Hunts and a walking handbook. Available for free at local recreation facilities or download from www.richmond.ca/walk.

City of Richmond Trails and Cycling Maps

www.richmond.ca/trails and www.richmond.ca/cycling

Grade 5 Active! Pass

Includes free admission to drop-in swimming, skating, pitch and putt and various community centre programs. www.richmond.ca/grade5pass



Get Moving NOW as a part of your healthy lifestyle!



Fall 2011/Winter 2012 Walking Series



Walk

Join other walkers in this series of guided walks. Each walk offers three distance and speed options to accommodate all walking levels. See inside for full details about each walk.

Discover

New places, new people and easy physical activity suited for any lifestyle. Involve your family, friends and co-workers as you get active and explore Richmond.

www.richmond.ca/walk

City of Richmond

6911 No. 3 Road, Richmond, BC V6Y 2C1
Telephone: 604-276-4000
www.richmond.ca



Walking Series Fall 2011

Thursday, September 1, 7:00pm McDonald Beach

This walk is perfect for airplane and bird watching as the North Arm of the Fraser River is explored.

Meeting spot: North end of McDonald Road at the McDonald Beach parking lot.

Saturday, September 10, 10:00am London Farm

This route begins at the historic London Farm House, which includes a fully restored heritage house, barn and old farm equipment that illustrates Richmond's rural history.

Meeting spot: London Heritage Farm House, 6511 Dyke Road.

Thursday, September 15, 7:00pm Thompson to Terra Nova

An enjoyable walk that passes through residential walkways and the Middle Arm of the Fraser River.

Meeting spot: North entrance of the Thompson Community Centre, 5151 Granville Avenue.

Saturday, September 24, 10:00am Richmond Nature Park

Come out and explore all that the Richmond Nature Park has to offer! Encounter plants and animals in bog, forest and pond habitats.

Meeting spot: Nature House, 11851 Westminster Highway.

Thursday, September 29, 7:00pm Hugh Boyd and Seniors' Fitness Circuit

A walk around one of North America's single largest artificial turf fields.

Meeting spot: Seniors' Fitness Circuit on the north east side of the West Richmond Community Centre, 9180 No. 1 Road.

Saturday, October 8, 10:00am Garry Point Park / West Dyke

This walk starts from Garry Point and continues along the West Dyke taking in views of the Gulf Islands and Coastal Mountains.

Meeting spot: Garry Point concession stand, 12011 7th Avenue.

Thursday, October 13, 7:00pm South Arm Park

This walk loops around the South Arm Park, which includes an outdoor swimming pool, soccer fields, baseball diamonds and tennis courts. Surrounded by trees and greenery, this park is an inviting playground to all.

Meeting spot: Front of the South Arm Community Centre, 8880 Williams Road.

Saturday, October 22, 10:00am South Dyke Trail *Dog off-leash area.

Walk along the South Arm of the Fraser River while heading towards the Sport Fishing Pier that overlooks the river, Ladner and Mount Baker.

Meeting spot: London Landing – one block west of Gilbert Road on Dyke Road at the London Landing Pier.

Thursday, October 27, 7:00pm Horseshoe Slough – Halloween Walk

Celebrate Halloween by wearing a costume on this peaceful walk along the rural, tree-lined trail that crosses over historic Horseshoe Slough.

Meeting spot: Woodward's Landing – one block west of No. 5 Road off Dyke Road.

Saturday, November 5, 10:00am Steveston Village

Stroll through Steveston's historic fishing village while passing markets, galleries and shops.

Meeting Spot: Garry Point concession stand, 12011 7th Avenue.

Saturday, November 19, 10:00am Garden City and Paulik Parks

Walk and explore the beauty of the lake while admiring over 100 trees and plants from around the Pacific Rim.

Meeting spot: Garden City Park parking lot one block east of Garden City Road on Granville Avenue.

Saturday, December 3, 10:00am Burkeville Park – Sea Island

Take a stroll through the community of Burkeville and explore this neighbourhood's unique characteristics.

Meeting spot: Burkeville Park playground (between Airport Dr. and Catalina Cres.).

Saturday, December 17, 10:00am Middle Arm – Winter Holiday Walk

Dress up and show some holiday spirit! Following the Fraser River, this walk passes the Richmond Olympic Oval and offers spectacular views of the North Shore Mountains.

Meeting spot: Playground at Dover Park, 5855 Dover Crescent (across from the Richmond Works Yard).

Winter 2012

Saturday, January 7, 10:00am Finn Slough – New Year's Walk

Wear a favourite party hat in celebration of the New Year! With a panoramic view of the Fraser River, this walk along Dyke Road and back passes by the historic community of Finn Slough.

Meeting spot: Woodward's Landing – one block west of No. 5 Road off Dyke Road.

Saturday, January 21, 10:00am Fraserwood

Enjoy an invigorating stroll along the South Arm of the Fraser River. Pass by a marina, houseboats, woodlots and Fraserwood Park while travelling along the Alex Fraser Bridge.

Meeting spot: Entrance of the trail at the intersection of Graybar Road and Dyke Road.

Saturday, February 4, 10:00am Garry Point Park / West Dyke

This walk starts from Garry Point and continues along the West Dyke taking in views of the Gulf Islands and Coastal Mountains.

Meeting spot: Garry Point concession stand, 12011 7th Avenue.

Saturday, February 18, 10:00am Terra Nova

This walk explores the Terra Nova Trail and the surrounding dyke.

Meeting spot: Entrance to the West Dyke Trail, the west end of River Road.

Saturday, March 3, 10:00am King George Park

Enjoy a relaxing walk in this urban area park while being surrounded by heritage trees.

Meeting Spot: The main entrance to the Cambie Community Centre, 12800 Cambie Road.

Saturday, March 17, 10:00am Shell Road *Dog off-leash area.

Walk along a rural trail lined with tall trees and shrubs while taking part in this unique walking experience in an urban city centre.

Meeting spot: Parking lot at the East end of Francis Road and No. 4 Road (parking is limited).

Thursday, March 22, 7:00pm South Arm Park

This walk loops around the South Arm Park, which includes an outdoor swimming pool, soccer fields, baseball diamonds and tennis courts. Surrounded by trees and greenery, this park is an inviting playground to all.

Meeting spot: Front of the South Arm Community Centre, 8880 Williams Road.

Saturday, March 31, 10:00am Richmond Nature Park

Come out and explore all that the Richmond Nature Park has to offer! Encounter plants and animals in bog, forest and pond habitats.

Meeting spot: Nature House, 11851 Westminster Highway.



[See back page for Self Guided Walk Richmond Walks.](#)